

# CSPS NEWSLETTER

CALIFORNIA SOCIETY OF PLASTIC SURGEONS, INC.

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APRIL/MAY 2015



*Photo courtesy of James Kerrick*



## Join Us For The 65<sup>th</sup> CSPS

ANNUAL MEETING  
May 22-25, 2015

Monterey  
Marriott &  
Monterey  
Conference  
Center

**Editor:**

Lynne A. Hackert, MD

**Layout & Design:**

Christine A. Pahl

*Photos courtesy of the Monterey County Convention & Visitors Bureau, the Monterey Marriott and the Monterey Conference Center.*

**Inside this issue:**

- The CSPS President's Message
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- Legislative Update

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## **CSPS PRESIDENT, MARY MCGRATH, MD INVITES YOU TO JOIN US FOR THE 65<sup>TH</sup> CSPS ANNUAL MEETING**

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Dear Friends and Colleagues:

Serving you over the past months as President of the CSPS, I have seen the vibrant nature of this organization and its active and committed members. An impressive number of people work very hard on patient care issues, education for practitioners and residents, and advocacy for the specialty in the State of California. They do a great job and account for why CSPS holds a pre-eminent place in our specialty.

CSPS is the largest Regional Society of ABPS certified Plastic Surgeons in the USA. The organization represents practitioners in all settings – private, academic, solo, group – and over 70 residents training in eight of the most highly respected and desirable training programs in Plastic Surgery. Members of the organization come from diverse parts of the State and very different practice environments, and yet work together in close cooperation.

CSPS is recognized nationally for its proactive legislative and advocacy efforts. The Legislative Committee, chaired by Susan Kaweski and Debra Johnson, and the CSPS Political Action Committee, chaired by Jack Bruner, work continually with CSPS Legislative Advocate, Tim Madden, and Doug Free, CSPS Legal Counsel. The 2015 Legislative year has just opened with over 2,200 bills newly introduced bills. Sifting through these for health care related initiatives, and especially those affecting the practice of Plastic Surgery, is a big job. It appears that scope of practice will again be a major topic in the California Legislature; bills have been introduced to expand the scope of practice for nurse practitioners, naturopathic doctors, and certified nurse midwives. There is also a newly introduced bill for accredited outpatient surgery settings which would require peer review, reporting of certain patient encounter data, and the imposition of new fees on the accredited outpatient surgery facilities. 2015 promises to be another busy advocacy year. With California as the bellwether for many national trends and legislative issues, the interest of other national and regional Plastic Surgery societies in the work of the CSPS remains strong.

In the Spring of 2014, members of the CSPS Council and committee chairs met in a Strategic Planning session to plot a course for the organization going forward. From this came a renewed focus on CSPS's role in bringing current, practical, practice-related educational material to the membership. This has developed into a dual-pronged plan to bring first-class educational offerings to the established surgeon as well as newer practitioners and trainees. I think you will see the results of this effort at 65th CSPS Annual Meeting on May 22-25, 2015 in Monterey. The Scientific Program Committee, Co-Chaired by Mark Mofid and Lee Pu has arranged a focused, interactive and educational meeting. In addition to the papers, there are panels about the thorniest issues facing us in practice. Speakers were selected to bring new insights and suggestions, and there will be an MOC-PS® Approved course on problems with implant based breast reconstruction taught by Peter Cordiero from Memorial Sloan Kettering. For the residents who may not have extensive laser experience in their home training programs, there will be a four hour hands-on laser course taught by experts in the field. The always popular Pearls and Peanuts short paper session will continue.

A special thank you needs to go out to the dedicated members of the CSPS Council and Committee Chairs. They gave of their time to meet in Oakland on a rainy day in late November to review plans and offer insights, advice, and opinions about the direction of the organization and identifying more opportunities to provide value to the CSPS membership. A second thank you to the Program Directors of our California residency training programs who made it possible for me to meet with their trainees and tell them more about CSPS and the role residents can play at the local and state level to represent us as the future of Plastic Surgery. And a very large thank you to the CSPS Executive Office, Christine Pahl and her assistant Jamie Carr. The CSPS has the strongest support I have encountered and it is done thoroughly, accurately, and with much grace.



I look forward to seeing you at the upcoming 65th CSPS Annual Meeting on May 22-25, 2015 at the Monterey Marriott and Monterey Conference Center. We would like to hear from you at the Business Meeting, or at any time during the conference, about how the organization can better represent you. Your thoughts and suggestions are valued. CSPS is a great organization and will continue to succeed with your support.

**MARY H. McGRATH, MD**

## PROGRAM AT A GLANCE

M. MARK MOFID, MD & LEE L.Q. PU, MD, CO-CHAIRS, SCIENTIFIC PROGRAM COMMITTEE

The 2015 Annual Meeting offers a wide array of educational opportunities. In addition to our line-up of excellent panels, we have terrific instructional courses, and wonderful social events!

### FRIDAY, MAY 22

**CSPS COUNCIL MEETING** 2:00 PM – 4:30 PM

**REGISTRATION** 2:00 PM – 4:30 PM

### SATURDAY, MAY 23

**OPENING CEREMONIES** 8:00 AM – 8:25 AM

**OPENING CEREMONIES & THE CSPS ADDRESSES CULTURAL & LINGUISTIC COMPETENCY ISSUES**

Mary H. McGrath, MD *President, CSPS*  
 Steven A. Teitelbaum, MD *President-Elect, CSPS*  
 M. Mark Mofid, MD & Lee L.Q. Pu, MD *Co-Chairs, Scientific Program*  
 Jack G. Bruner, MD *Chair, CSPS PAC*

**SHORT CLINICAL PAPERS** 8:25 AM – 9:00 AM

**REGULAR CLINICAL PAPERS** 9:00 AM – 10:00 AM

**PANEL** 10:00 AM – 11:20 AM

**WHAT WOULD I LOOK LIKE IF I REMOVED MY IMPLANTS?**

**EXPLANTATION AND EXPLANTATION/MASTOPEXY**

MODERATOR & PANELIST: Steven A. Teitelbaum, MD

PANELISTS: James C. Grotting, MD - *ASAPS President-Elect*  
 M. Mark Mofid, MD

**EXHIBITS & COFFEE BREAK** 11:20 AM – 11:50 AM

NOTE: THE EXHIBITS WILL BE OPEN ON SATURDAY & SUNDAY ONLY

**REGULAR CLINICAL PAPERS** 11:50 AM – 12:30 PM

**ABPS PRESENTATION** 12:30 PM - 12:35 PM

Sheri Slezak, MD - *Chair Elect, ABPS*

**BRODY FAMILY LECTURESHIP** 12:35 PM – 12:50 PM

*The Garry Brody, MD Family Lectureship*

Donald R. Mackay, MD

**THE EXPANDING ROLE OF EDUCATION AND RESEARCH IN INTERNATIONAL HEALTHCARE**

**CSPS LUNCH IN EXHIBIT HALL** 1:00 PM

**CSPSERF LUNCHEON & MEETING** 1:00 PM

Guest Speaker, Donald R. Mackay, MD

### INSTRUCTIONAL COURSES

1) 2:00 PM – 6:00 PM *RESIDENT LASER TRAINING COURSE*

Jeffrey M. Kenkel, MD

Robert G. Aycock, MD

John Hoopman

2) 2:00 PM – 6:00 PM *ACLS TRAINING COURSE/CPR – PART 1*

**EXHIBITS & WELCOMING RECEPTION** 5:30 PM – 7:00 PM

### SUNDAY, MAY 24

**PANEL** 8:00 AM – 9:00 AM

**FAT GRAFTING AND STEM CELLS - WHERE ARE WE?**

MODERATOR & PANELIST: Lee L.Q. Pu, MD

PANELISTS: Steven R. Cohen, MD  
 Gordon H. Sasaki, MD  
 Hani Sbitany, MD

**CLINICAL PAPERS** 9:00 AM – 10:00 AM

**EXHIBITS & COFFEE BREAK** 10:00 AM – 10:45 AM

**PANEL** 10:45 AM – 12:05 PM

**DISASTERS BY THE MASTERS: MANAGING COMPLICATIONS IN IMPLANT-BASED BREAST RECONSTRUCTION**

MODERATORS: Scott L. Hansen, MD & Gordon K. Lee, MD

PANELISTS: Peter G. Cordeiro, MD  
 Scot B. Glasberg, MD, *ASPS President*  
 Navin Singh, MD

**SPECIAL PRESENTATION** 12:05 PM – 12:35 PM

Navin Singh, MD

**SURVIVING THE LOSS OF A SPOUSE: LESSONS LEARNED FROM THE FRONT LINE**

**CSPS LUNCH IN EXHIBIT HALL** 1:00 PM

### INSTRUCTIONAL COURSES

3) 2:00 PM - 4:00 PM *TWO-STAGE IMPLANT BREAST RECONSTRUCTION*

*TECHNIQUES AND ALGORITHMS TO MAXIMIZE OUTCOMES*

*MOC-PS® APPROVED COURSE*

Peter G. Cordeiro, MD

4) 2:00 PM – 6:00 PM – *ACLS TRAINING COURSE – PART 2*

**PEARLS/PEANUTS/CLINICAL PAPERS**

4:00 PM

**PRESIDENT'S RECEPTION & AWARDS** 7:00 PM

### MONDAY, MAY 25

**PANEL** 9:00 AM – 10:15 AM

**COMPLICATIONS IN POST BARIATRIC CONTOURING:**

**PREVENTION AND MANAGEMENT**

MODERATOR: Michael S. Wong, MD

PANELISTS: Nathan A. Kludt, MD  
 Lorne K. Rosenfield, MD  
 Jeffrey L. Sebastian, MD

**COFFEE BREAK** 10:15 AM – 10:30 AM

**PANEL** 10:30 AM – 11:45 AM

**COMPLICATIONS OF FACELIFT SURGERY, PREVENTION & CORRECTION**

MODERATOR & PANELIST: Scott R. Miller, MD

PANELISTS: Lorne K. Rosenfield, MD

**ANNUAL BUSINESS MEETING**

**GENERAL EDUCATION INFORMATION**

The California Society of Plastic Surgeons (CSPS) seeks to see beyond the traditional functions of continuing medical education, and challenges itself to become a catalyst for, an advocate for, and a provider of education that promotes improved competence, performance, and patient outcomes in plastic surgery.

**Purpose:** Our CME program seeks to provide high-quality, evidence-based educational opportunities designed to advance plastic surgeons' knowledge, competence, enhance practice performance, and promote patient safety to ultimately improve patient outcomes in the populations served by the plastic surgeons we educate. In addition, the CSPS acknowledges the importance of culture and communication for delivering effective healthcare and is committed to educating physicians to deliver culturally and linguistically appropriate care.

**Content:** Our educational offerings include, but are not limited to, updates in clinical plastic surgery (aesthetic and reconstructive), reviews of current or best practice recommendations for plastic surgery care, evaluation of new and emerging technologies and techniques in plastic surgery, as well as patient safety.

**Target Audience:** We seek to serve not only the educational needs of plastic surgery healthcare professionals (board-certified plastic surgeons, plastic surgery residents and fellows, nurses and office staff) involved in the provision of plastic surgery services within the state of California, but the needs of local, regional, and national healthcare professionals and colleagues as well.

**Types of Activities:** As a CME provider for the largest plastic surgery state society in the country, the CSPS' educational activities include, but are not limited to, lectures, panel sessions, paper presentations, clinical round table discussions, and instructional courses. The educational design, instructional method and learning format for each event is chosen to best serve the educational needs and learning objectives of the planned educational activity.

**Expected Results:** We expect participants to report improved knowledge and competence as expressed by greater confidence and knowledge in their approach to clinical problems or by an intent to change their behavior and apply newly acquired strategies in their practice. We expect participants will have greater confidence that they are delivering care which promotes patient safety. In addition, if evaluated within the clinical practice setting, we expect improved performance parameters or a favorable impact on patient outcomes.

The General Sessions will consist of panel presentations on timely subjects which affect the plastic surgery specialty. Papers will also be presented during the general sessions. These papers are on various clinical topics and include summaries of research, observations based on experience, clever tricks to handle difficult problems, new instrumentation, development of new technologies, trends, statistics, safety issues and other comments about clinical practice that may be of value. The CSPS will also address cultural and linguistic competency issues and is dedicated to providing the participants with the necessary data, assessment tools and the development of resources plastic surgeons may use in their practices to address these issues.

The overall objective of the general sessions is to present topics related to the core body of knowledge for plastic surgery, as well as increasing quality in the health care delivery system. The content will also cover innovative, recent and new research related topics of importance to the practice of plastic surgery.

The instructional courses will address the topics of issues related to Breast Reconstruction, an ACLS Training Course, and a CPR course .

All recommendations presented and scientific research presented must be based on evidence accepted within the profession of plastic surgery and must conform to the generally accepted standards of experimental design, data collection and analysis.

There will be question-and-answer sessions provided for each activity and participants are encouraged to use this time to address a difficult case you may have, query the speakers on their techniques, etc.

The CSPS takes responsibility for the content, quality and scientific integrity of its CME activities. As such, the CSPS follows the Accreditation Council for Continuing Medical Education's Standards for Commercial Support. By following these standards the CSPS ensures the independence of its CME activities. Current guidelines state participants in CME activities should be made aware of any affiliations or financial interest that may influence the content of this educational activity and/or affect the speaker's presentation. Each Scientific Program Committee member & speaker has been requested to complete a financial disclosure/conflict of interest statement. Disclosures are noted in this preliminary program. An asterisk (\*) after the speaker's name indicates the faculty member/presenter reported they had no relevant financial relationships or affiliations to disclose. All potential conflict of interests are resolved prior to any presentation. The CSPS also requires presenters to disclose when off-label/unapproved uses of the product are discussed in a CME activity.

Please note that each presenter for the paper presentations is denoted by being listed first and in bold.

The CSPS Scientific Program Committee Members & their disclosures are as follows:

**CO-CHAIRS**

**M. Mark Mofid, MD**

*Dr. Mofid is a grant recipient and receives a consulting fee for his role as a researcher with Allergan.*

**Lee L.Q. Pu, MD\***

*Dr. Pu receives a consulting fee from the Muscular Transplant Foundation for his role as consultant and receives a participant fee from LifeCell for his role on their Advisory Board.*

**MEMBERS**

**James Chao, MD**

*Dr. Chao receives a consulting fee for his role as a consultant for Novus Scientific. He receives an honoraria for his role on the Speakers Bureaus for WL Gore and Boston Scientific.*

**Lauren Hewell Fischer, MD\***

**Julio L. Garcia, MD\***

**Amanda A. Gosman, MD\***

**Michael Hakimi, MD\***

**Scott L. Hansen, MD\***

**Lynn L.C. Jeffers, MD**

*Dr. Jeffers receives compensation for her role as a medical monitor/Speaker for Sientra.*

**Susan Kaweski, MD\***

**Gordon K. Lee, MD**

*Dr. Lee is a consultant and receives consulting fees from T&E, Inc.*

**Christine A. Pahl\***

**Ali Sajjadian, MD\***

**Hani Sbitany, MD**

*Dr. Sbitany receives a speaking fee for his role on the Speaker's Bureau for LifeCell Corp.*

**Michael S. Wong, MD\***

**EX-OFFICIO MEMBERS**

**Mary H. McGrath, MD\***

**Steven A. Teitelbaum, MD**

*Dr. Teitelbaum receives a consulting fee for his role as consultant for Allergan. He is also receives stock options for his role as a researcher for Kythera.*

The CSPS is accredited by the Institute of Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The CSPS takes responsibility for the content, quality and scientific integrity of this CME activity. The CSPS designates this educational activity for a maximum of 10 hours (general sessions) and 10 hours (ACLS, instructional courses/Clinical Pearls Session) of **AMA PRA Category 1 Credit(s)<sup>™</sup>**. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.



## Scientific Program-Friday & Saturday

### FRIDAY, MAY 22

2:00 PM – 4:30 PM COUNCIL MEETING  
2:00 PM – 4:30 PM REGISTRATION DESK

### SATURDAY, MAY 23

7:00 AM – 2:00 PM REGISTRATION DESK  
7:30 AM – 2:00 PM EXHIBITS & CONTINENTAL BREAKFAST  
8:00 AM – 12:30 PM GENERAL SESSION  
1:00 PM LUNCH IN THE EXHIBIT HALL  
1:00 PM CSPSERF LUNCHEON  
2:00 PM – 6:00 PM INSTRUCTIONAL COURSES  
5:30 PM – 7:00 PM WELCOMING RECEPTION IN THE EXHIBITS

### OPENING CEREMONIES 8:00 AM – 8:25 AM

#### WELCOMING CEREMONIES & THE CSPS ADDRESSES CULTURAL & LINGUISTIC COMPETENCY ISSUES:

(PLEASE SEE DRs. MOFID, PU & TEITELBAUM'S DISCLOSURES ON PAGE 4)

Mary H. McGrath, MD*	<b>President, CSPS</b>
Steven A. Teitelbaum, MD	<b>President-Elect, CSPS</b>
M. Mark Mofid, MD & Lee L.Q. Pu, MD	<b>Co-Chairs, Scientific Program Committee Chair, CSPS PAC</b>
Jack G. Bruner, MD*	

### SHORT CLINICAL PAPERS 8:25 AM – 9:00 AM

**MODERATORS: M. MARK MOFID, MD & LEE L.Q. PU, MD**

(PLEASE SEE DRs. MOFID & PU'S DISCLOSURES ON PAGE 4)

- 8:25** **OUTCOMES OF "SPAGHETTI WRIST" INJURIES AT A CITY HOSPITAL**  
Carolyn Vaughn, MD \*  
Shahyam S. Raghavan, MD  
Scott Hansen, MD  
Michael Terry, MD
- 8:28** **APPROACHES TO DISTAL UPPER-EXTREMITY TRAUMA: A COMPARISON OF PLASTIC, ORTHOPEDIC, AND HAND SURGEONS IN ACADEMIC PRACTICE**  
Chanukya R. Dasari, MD \*  
Manjot Sandhu  
David H. Wisner, MD  
Michael Wong, MD
- 8:31** **SECONDARY CORRECTION OF ENOPHTHALMOS, AN ALGORITHMIC APPROACH AND INDEX CASE**  
Tanya Judge, MD\*  
David Boudreault, MD  
Lee L.Q. Pu, MD

Note: The presenter is the first person listed under the title of the abstract. An asterisk (\*) after their name indicates the faculty member/presenter reported they had no relevant financial relationships or affiliations to disclose.

### 8:34 COMPLETE KELOID EXCISION AND DERMAL REGENERATION TEMPLATE APPLICATION IN RECALCITRANT FACIAL KELOIDS: A NOVEL APPROACH TO TREATING KELOIDS

Nataliya Biskup, MD\*

Ioana Danci, BS  
Jane Dhillon, MD  
Wendy Wong, MD  
Subhas Gupta, MD, PhD

### 8:37 FIRST HYBRID FRACTIONAL LASER FOR REJUVENATION OF THE SKIN

Robert Aycock, MD - Dr. Aycock receives a consulting fee for his role  
as a physician preceptor for Sciton Lasers

Jason Posner, MS  
Chris Robb, MD

### 8:40 CHEST RECONSTRUCTION FOR FEMALE -TO-MALE PATIENTS WITH THE LARGE/PTOTIC BREAST: REFINEMENTS IN THE SUBCUTANEOUS MASTECTOMY TECHNIQUE

Karen Yokoo, MD \*  
Robert Anooshian, MD

### 8:43 LOWER POLE FULLNESS IN IMMEDIATE BREAST RECONSTRUCTION IS ACHIEVABLE WITHOUT THE USE OF ANY ACELLULAR DERMAL MATRIX

Hootan Daneshmand, MD\*

### 8:46 THE IMPACT OF THE AFFORDABLE CARE ACT ON PAYOR MIX IN AN ACADEMIC PLASTIC SURGERY CENTER

Jane Dhillon, MD\*  
Emily Kutzner, BS  
Nataliya Biskup, MD  
Priya Lewis, BA  
Subhas Gupta, MD, PhD, FACS, FRCSC

### DISCUSSION 8:49 AM – 9:00 AM

### CLINICAL PAPERS 9:00 AM – 10:00 AM

**MODERATORS: M. MARK MOFID, MD & LEE L.Q. PU, MD**

### 9:00 COMPARING MUSCLE AND FASCIOCUTANEOUS FREE FLAPS IN LOWER EXTREMITY RECONSTRUCTION - DOES IT MATTER? (RESIDENT COMPETITION PAPER – STANFORD)

John A.M. Paro, MD\*  
Grace Chiou, MD  
Subhro Sen, MD

### 9:04 THE PROPHYLACTIC USE OF THE STERNOCLEIDOMASTOID FLAP FOR PREVENTION OF FISTULAS IN FREE JEJUNAL FLAPS FOR RECONSTRUCTION OF TOTAL LARYNGECTOMY & CERVICAL ESOPHAGECTOMY DEFECTS

Lisa Moody, MD\*  
Cedric Hunter, MD  
Simone Glaus, MD  
Rahim Nazerali, MD  
Gordon K. Lee, MD

CONTINUED ON PAGE 6

## Scientific Program - Saturday

**9:08 APR RECONSTRUCTION: INDICATIONS AND OUTCOMES OF A SINGLE INSTITUTION 7-YEAR EXPERIENCE**

Clifford Sheckter, MD\*  
Rahim Nazerali, MD  
Gordon K. Lee, MD

**9:12 USE OF ICG-SPY ANGIOGRAPHY FOR TRACKING LYMPHATIC RECOVERY AFTER LYMPHATICOVENOUS ANASTOMOSIS**

Hubert B. Shih, MD\*  
Dung Nguyen, MD

**DISCUSSION**

**9:16 AM – 9:30 AM**

**9:30 METACARPAL FIXATION WITH BICORTICAL SCREWS VERSUS LAG SCREWS: A BIOMECHANICAL COMPARISON**

Jane Dhillon, MD\*  
Priya Lewis, BA  
Benjamin Gerke, BS  
Zachary Filip, MD  
Serkan Inceoglu, PhD  
Mark Martin, MD, DMD

**9:34 A NOVEL USE OF MENISCUS FOR SMALL JOINT RECONSTRUCTION (RESIDENT COMPETITION PAPER - USC)**

Haig Yenikomshian, MD\*  
Myles Cohen, MD  
David Kulber, MD

**9:38 DEVELOPMENT OF INTERNATIONAL OUTCOMES CRITERIA FOR BURN SCAR CONTRACTURE RELEASE**

Lawrence Cai, BS\*  
Joseph Lippi, MPH  
Yvonne Karanas, MD  
Matthew Klein, MD  
James Chang, MD

**9:42 A NOVEL SURGICAL APPROACH TO CHRONIC TEMPORAL HEADACHES**

Ziv M. Peled, MD\*

**9:46 COMPLICATIONS OF FRACTIONAL LASERS: A REVIEW OF 716 PATIENTS TREATED BY NURSE AND PHYSICIAN ASSISTANT LASER SPECIALISTS UNDER MEDICAL SUPERVISION**

Ahmad Saad, MD\*  
Soobin Lim, MS1  
Ashley Goodacre, PA  
Kristlyn Taylor, MA  
Jennifer Johnson, RN  
Tracy Leong, MD  
Steven Cohen, MD

**DISCUSSION**

**9:50 AM – 10:00 AM**

**PANEL**

**10:00 AM –**

**11:20 AM**

**WHAT WOULD I LOOK LIKE IF I REMOVED MY IMPLANTS? EXPLANTATION AND EXPLANTATION/MASTOPEXY**

MODERATOR & PANELIST: Steven A. Teitelbaum

(PLEASE SEE DR. TEITELBAUM'S DISCLOSURE ON PAGE 4)

PANELISTS:

James Grotting, MD\* (ASAPS President Elect)

*Dr. Grotting is a shareholder for Keller Medical - Ideal Implant, as well as Cosmet Assure. He is also an author for Quality Medical Publishing and Elsevier Publishing, both of which he receives royalties from.*

M. Mark Mofid, MD (PLEASE SEE DR. MOFID'S DISCLOSURE ON PAGE 4)

*The panelists will discuss the reoperation rate of patients who have had their breasts explanted and have undergone a secondary augmentation. Understanding how to reshape breasts after implant removal may result in fewer implant removals and revisions thereby lowering risk, cost and morbidity. Indications for removal, identifying when a mastopexy is necessary, how to plan a mastopexy, avoiding particular risks in performing a mastopexy in these situations and assessing whether a capsulectomy is necessary will also be discussed.*

*At the conclusion of this panel, participants should be able to: 1) Formulate strategies to minimize future operations and minimize the risks in patients suffering from severe complications from breast augmentation; 2) Develop a plan for safely performing a simultaneous lift at the same time as the explantation of the breast implants; and 3) Develop appropriate management strategies of the breast implant capsule in the patient undergoing explantation.*

**EXHIBITS & COFFEE BREAK 11:20 AM – 11:50 AM**

NOTE: THE EXHIBITS WILL BE OPEN ON SATURDAY AND SUNDAY ONLY FROM 7:30 AM - 2:00 PM!

**CLINICAL PAPERS**

**11:50 AM – 12:30 PM**

MODERATORS: LYNN L.C. JEFFERS, MD (PLEASE SEE DR. JEFFERS'S DISCLOSURE ON PAGE 4) & SHERI SLEZAK, MD\*

**11:50 TUMOR INVOLVEMENT OF THE NIPPLE IN TOTAL SKIN-SPARING MASTECTOMY: STRATEGIES FOR MANAGEMENT**

Dominic Amara, BA\*  
Anne Warren Peled, MD  
Frederick Wang, MD  
Cheryl A. Ewing, MD  
Michael Alvarado, MD  
Robert D. Foster, MD  
Laura J. Esserman, MD, MBA



## Scientific Program - Saturday

### SATURDAY, MAY 23 (CONTINUED)

**11:54** **OUTCOMES FOLLOWING ONCOPLASTIC REDUCTION MAMMAPLASTY: A SYSTEMATIC REVIEW (RESIDENT COMPETITION PAPER - UCSF)**  
Merisa Piper, MD\*  
Anne Warren Peled, MD  
Laura J. Esserman, MD, MBA  
Hani Sbitany, MD

**11:58** **IN VITRO EFFECTS OF ADIPOSE-DERIVED STEM CELLS ON BREAST CANCER CELLS HARVESTED FROM THE SAME PATIENT**  
Heath Charvet, MD\*  
Hakan Orbay, MD, PhD  
Lindsey Harrison, BS  
Kamaljit Devi, BS  
David E. Sahar, MD

**12:02** **ACELLULAR DERMAL MATRIX FENESTRATION AND THEIR EFFECT ON BREAST SHAPE: A MATHEMATICAL MODEL AS PROOF OF CONCEPT (RESIDENT COMPETITION PAPER - UCI)**  
Donald S. Mowlds, MD, MBA \*  
Garrett A. Wirth, MD, MS, FACS  
Patrick Guidotti, PhD  
Ara A. Salibian, BS  
Audrey Nguyen, MD  
Keyianoosh Z. Paydar, MD, FACS

**12:06** **INVERTED NIPPLE REPAIR REVISITED: A SEVEN YEAR EXPERIENCE**  
Daniel Gould, MD, PhD\*  
Meghan H. Nadeau, MD  
Luis H. Macias, MD  
Michelle Spring, MD  
W. Grant Stevens, MD

**12:10** **THE EFFECTS OF TAMOXIFEN ON MICROVASCULAR TRAM FLAP BREAST RECONSTRUCTION**  
Ara A. Salibian, BS\*  
Andrew V. Bokarius, MD  
Jeffrey Gu, BA  
Yoon Lee, BS  
Garrett A. Wirth, MD, MS, FACS,  
Keyianoosh Z. Paydar, MD, FACS  
Mark R. Kobayashi, MD  
Gregory RD Evans, MD, FACS

**12:14** **APPLYING A STANDARDIZED, VALIDATED INSTRUMENT TO QUANTIFY PAIN BEFORE AND AFTER REDUCTION MAMMOPLASTY**  
Jane Dhillon, MD\*  
Emily Kutzner, BS  
Priya Lewis, BA  
Nataliya Biskup, MD  
Subhas Gupta, MD, PhD

**12:18** **A SIMPLIFIED PEDICLE PERMITS AN EXPANDED ROLE FOR THE LATERAL INTERCOSTAL ARTERY PERFORATOR (LICAP) FLAP IN BREAST RECONSTRUCTION**  
Ryan A. Lockhart, BS\*  
Joel A. Aronowitz, MD  
Cloe S. Hakakian, BS  
David A. Kulber, MD

**DISCUSSION 12:22 PM – 12:30 PM**

**ABPS PRESENTATION 12:30 PM – 12:35 PM**  
Sheri Slezak, MD *Chair Elect, ABPS*

**BRODY FAMILY LECTURESHIP 12:35 PM – 12:50 PM**  
*The Garry Brody, MD Family Lectureship*  
Donald R. Mackay, MD

*DR. MACKAY IS A CONSULTANT FOR THE FRACTURED RIB FIXATION SYSTEM FOR DePuy SYNTHES. HE IS ALSO PATENT HOLDER LICENSED TO DePuy SYNTHES.*

#### The Expanding Role of Education & Research in International Healthcare

*This presentation will cover the following:*  
*- Experience of Operation Smile in educational research and partnerships to help create self-sustaining centers internationally.*

*At the conclusion of this activity, participants will be able to: 1) Identify the roles of key stakeholders in establishing International Partnerships; 2) Discuss the educational objectives in Operation Smile's International Partnerships Centers; and 3) Discuss the role and potential for outcomes research in these high volume international centers.*

#### LUNCH IN THE EXHIBIT HALL

**1:00 PM**

#### CSPSERF LUNCH & MEETING

**1:00 PM**

(SEE PAGE 15 FOR MORE INFORMATION)

**GUEST SPEAKER:** Donald R. Mackay, MD

#### INSTRUCTIONAL COURSES

**1) 2:00 PM – 6:00 PM**

##### RESIDENTS ONLY RESIDENT LASER TRAINING COURSE -

*NON-CME COURSE - NO CHARGE FOR RESIDENTS - FOR MORE INFORMATION SEE PAGE 18*  
Jeffrey M. Kenkel, MD - *AESTHETIC SOCIETY'S TRAVELING PROFESSOR*  
Robert G. Aycock, MD  
John Hoopman

**2) 2:00 PM – 6:00 PM – ACLS/CPR TRAINING COURSE PART 1**

*ADDITIONAL REGISTRATION FEES APPLY FOR THIS COURSE. FOR MORE INFORMATION AND TO REGISTER FOR THIS COURSE, PLEASE SEE PAGE 14*

**EXHIBITS & OPENING RECEPTION 5:30 PM – 7:00 PM**

## Scientific Program - Sunday

### SUNDAY, MAY 24

7:00 AM – 2:00 PM	REGISTRATION
7:30 AM – 2:00 PM	EXHIBITS
8:00 AM – 12:35 PM	GENERAL SESSION
1:00 PM	LUNCH WITH THE EXHIBITORS
1:00 PM	PROGRAM DIRECTORS LUNCH
2:00 PM – 6:00 PM	INSTRUCTIONAL COURSES
4:00 PM – 6:30 PM	PEARLS/RESEARCH/CLINICAL PAPER PRESENTATIONS
7:00 PM	PRESIDENT'S DINNER RECEPTION & AWARDS CEREMONY

### PANEL 8:00 AM – 9:00 AM

#### FAT GRAFTING AND STEM CELLS - WHERE ARE WE?

MODERATOR & PANELIST: Lee L.Q. Pu, MD (PLEASE SEE DR. PU'S DISCLOSURE ON PAGE 4)

#### PANELISTS:

**Steven R. Cohen, MD** (DR. COHEN RECEIVES A CONSULTING FEE FOR CYTORI AND PUREGRAFT AS A CONSULTANT. HE ALSO ACTS AS A CONSULTANT AND TRAINING CENTER FOR SOLTA (VALEANT) AND RECEIVES A CONSULTING FEE. DR. COHEN IS A CONSULTANT FOR TULIP, AND RECEIVES NO COMPENSATION)

**Gordon S. Sasaki, MD** (DR. SASAKI RECEIVES UNRESTRICTED FUNDING FOR RESEARCH & STUDIES FOR HIS ROLE AS A CONSULTANT FOR: ULTHERA, CYNOSURE, MICROAIRE, ZELTIQ, AND HARVEST TECHNOLOGIES. RECEIVES SUPPLIES FOR RESEARCH & STUDIES FOR HIS ROLE AS A CONSULTANT FOR DERMAPEN. RECEIVES SUPPLIES AND FUNDING FOR RESEARCH & STUDIES FOR HIS ROLE AS AN INVESTIGATOR FOR REVIVOGEN AND LIFELINE. RECEIVES SUPPLIES FOR RESEARCH & STUDIES FOR HIS ROLE AS AN INVESTIGATOR FOR LIGHTSTIM. MEDICAL ADVISORY BOARD FOR CYNOSURE, DERMAPEN, AND THE BOARD OF REGENT AESTHETIC STEM CELL SOCIETY.)

**Hani Sbitany, MD** (DR. SBITANY RECEIVES A SPEAKING FEE AS A MEMBER OF LIFECELL, INC.'S SPEAKER'S BUREAU)

*This panel will focus on the updated data regarding fat grafting techniques, survival theory, clinical applications of stem cell technology, and clinical outcomes after breast reconstructive surgery.*

*At the conclusion of this panel, participants should be able to:*

1. Analyze the current data and peer-reviewed literature concerning fat graft survival rates;
2. Describe current fat grafting techniques and determine which one to use;
3. Identify the role of adipose derived stem cells in plastic surgery procedures; and
4. Assess the data regarding the clinical outcomes after fat grafting.



### CLINICAL PAPERS 9:00 AM – 10:00 AM

**MODERATORS: AMANDA GOSMAN, MD\* & MICHAEL WONG,**

#### 9:00 REMOTE ISCHEMIC PRECONDITIONING'S EFFECT ON FAT GRAFTING

(RESIDENT COMPETITION PAPER - UCLA)

**Kenneth Kao, MD\***

Andrew A. Gassman, MD

Justine C. Lee, MD, PhD

#### 9:04 PATIENT SATISFACTION SCORES 3-18 MONTHS FOLLOWING AUTOLOGOUS FAT TRANSFER (AFT) OR CELL ENRICHED FAT TRANSFER (CEFT) IN CONJUNCTION WITH FACIAL REJUVENATION SURGERY: A PROSPECTIVE, COMPARATIVE STUDY (RESIDENT COMPETITION PAPER - UCSD)

**Ahmad Saad, MD\***

Sierra Hewett

Sobobin Lim, MS

Kristlyn Taylor, MA

Brian Mailey, MD

Ahmed Suliman, MD

Marek Dobke, MD

Steven Cohen, MD

#### 9:08 CELL-ASSISTED LIPOTRANSFER TO ENHANCE FAT GRAFT RETENTION IS DOSE DEPENDENT

**Elizabeth R. Zielins, MD\***

Kevin J. Paik, AB

David A. Atashroo, MD

Zeshaan N. Mann, MBCS

Anna Luan, MS

Graham G. Walmsley BA

Arash Momeni, MD

Geoffrey C. Gurtner, MD

Michael T. Longaker, MD, MBA

Derrick C. Wan, MD

#### 9:12 CELL-ASSISTED LIPOTRANSFER IN IRRADIATED TISSUE

**Anna Luan, MS\***

Dominik Duscher, MD

Kevin J. Paik, AB

Elizabeth R. Zielins, MD

Elizabeth A. Brett, MS

David A. Atashroo, MD

Geoffrey C. Gurtner

Michael T. Longaker, MD, MBA

Derrick C. Wan, MD

### DISCUSSION 9:16 AM – 9:20 AM

#### 9:20 MORPHOMETRIC ANALYSIS OF SKELETAL FACIAL AGEING: A LONGITUDINAL STUDY

**Eric J. Wright, MD\***

Rory McGoldrick, MD

Christopher Davis, MD

Mingsha Zhou

David Kahn, MD



## Scientific Program - Sunday

### SUNDAY, MAY 24 (CONTINUED)

**9:24 BODY IMAGE AND QUALITY OF LIFE: CHANGES WITH GASTRIC BYPASS SURGERY AND BODY CONTOURING (RESIDENT COMPETITION PAPER – UC DAVIS)**

Nirav B. Patel, MD, MS, JD\*

Sven Gunther, AS, BS

Ping Song, BA

Chin-Shang Li, PhD

Nathan A. Kludt, MD

Carolyn Y.G. Lee, RN, MSN, ANP-C, PSN

Shannon M. Hearney, BS

Kamlesh B. Patel, MD

Mohamed R. Ali, MD

Michael S. Wong, MD

**9:28 A 5-YEAR STUDY OF AESTHETIC SURGERY PROVIDERS IN SOUTHERN CALIFORNIA (RESIDENT COMPETITION PAPER - LLU)**

Wendy Wong, MD\*

Damian Korsich, BS

Sara Yang, BS

Ryan Wong, DC

Matthew Camp, MD

Subhas Gupta, MD, CM, PhD, FACS, FRCSC

**9:32 RHINOPLASTY: CLASSIFICATION AND TREATMENT OF THE ASYMMETRIC DEVELOPMENTALLY DEVIATED NOSE**

Aaron M. Kosins, MD

Rollin K. Daniel, MD

**9:36 RHINOPLASTY IN MIDDLE EASTERN PATIENTS - SEVEN GUIDING PRINCIPLES LEARNED FROM 90 CONSECUTIVE PRIMARY AND REVISION MIDDLE EASTERN RHINOPLASTY PROCEDURES**

Ali Sajjadian, MD, FACS\*

**9:40 PARADIGM SHIFT - ADVANCED TECHNIQUES FOR MINIMIZING EXCISED SEPTAL CARTILAGE DURING SEPTORHINOPLASTY-- LESSONS LEARNED FROM 75 CONSECUTIVE PRIMARY RHINOPLASTY PROCEDURES**

Ali Sajjadian, MD, FACS\*

**DISCUSSION**

**9:44 AM – 10:00 AM**

**EXHIBITS & COFFEE BREAK 10:00 AM - 10:45 AM**



**PANEL**

**10:45 AM – 12:05 PM**

**DISASTERS BY THE MASTERS: MANAGING COMPLICATIONS IN IMPLANT-BASED BREAST RECONSTRUCTION**

**MODERATORS:** Scott L. Hansen, MD\* & Gordon K. Lee, MD  
(PLEASE SEE DR. LEE'S DISCLOSURE ON PAGE 4)

**PANELISTS:** Peter G. Cordeiro, MD\*  
Scot B. Glasberg, MD, *ASPS President*  
(DR. GLASBERG RECEIVES A CONSULTANT FEE FOR HIS ROLE AS CONSULTANT FOR LIFECELL CORP. AND MENTOR CORP. HE IS AN INVESTOR FOR STRATHSPEY CROWN & RED ROCK HOLDINGS (SCAR GUARD) AND DOES NOT RECEIVE ANY COMPENSATION FROM EITHER COMPANY.)

Navin Singh, MD

(DR. SINGH RECEIVES AN HONORARIUM FOR HIS PARTICIPATION ON THE DATA SAFETY MONITORING BOARD FOR ALLERGAN.)

*The panelists will discuss the management of complications in breast reconstruction, implant-based specifically. Specific issues include management of acute/early complications, and management of late complications. Early complications include: mastectomy skin necrosis, implant extrusion/ threatened exposure, wound healing problems, infections, implant malposition, seromas, positive margins, etc. Late complications include: capsular contracture, implant malposition, bottoming out, infections, asymmetry, wrong size (too big, too small), and the unhappy patient.*

*At the conclusion of the panel, participants should be able to:*

- 1) Explain the complications that can occur in implant-based breast reconstruction;
- 2) Describe the management of early complications such as mastectomy skin necrosis, implant extrusion/ threatened exposure, wound healing problems, infections, implant malposition, seromas, positive margins, etc.;
- 3) Describe the management of late complications such as capsular contracture, implant malposition, bottoming out, infections, asymmetry, wrong size (too big, too small), and the unhappy patient; and
- 4) Explain how to avoid complications in implant-based breast reconstruction.

**SPECIAL PRESENTATION 12:05 PM – 12:35 PM**

**SURVIVING THE LOSS OF A SPOUSE: LESSONS LEARNED FROM THE FRONT LINE**

Navin Singh, MD

*This presentation will cover the challenges faced by plastic surgeons when there is a personal tragedy in their lives. The information presented will better prepare a plastic surgeons in terms of managing crisis and be aware the resources available when a crisis arises. Dr. Singh will personally discuss the loss of his wife, the family and professional disruptions that followed, the steps he took to mitigate and the guidance he received from a psychiatrist.*

**LUNCH IN THE EXHIBIT HALL**

**1:00 PM**

**PROGRAM DIRECTORS LUNCH**

**1:00 PM**

**CONTINUED ON PAGE 10**

## Scientific Program - Sunday

### INSTRUCTIONAL COURSES

#### 3) 2:00 PM – 4:00 PM MOC-PS® APPROVED COURSE

**MODULE:** Comprehensive

**TRACER PROCEDURE:** Breast Reconstruction (Primary) - Implant

**TITLE:** Two Stage Implant Breast Reconstruction Techniques and Algorithms to Maximize Outcomes

**FACULTY:** Peter G. Cordeiro, MD\*

*This course will include a curriculum that covers preoperative medical considerations, anesthetic considerations, a broad overview of the operative approaches, as well as a thorough discussion of outcomes, the avoidance and treatment of complications, and strategies that incorporate breast reconstruction within the standard state of the care regarding the oncologic treatment of the patient with breast cancer.*

*This course will include evidence based data levels 2, 3, and 4 from several prospective databases and that have been well maintained by the lecturer, as well as multiple publications from the past two decades. Outcomes to evaluate the technique and the approach to oncologic and reconstructive management of these patients will also be included in the course.*

*At the conclusion of this course, participants should be able to:*

- 1) Summarize how breast reconstruction techniques have evolved over the last two decades and how these changes have affected efforts to achieve the best possible therapeutic and aesthetic outcomes;
- 2) Review and evaluate how outcomes are affected by the timing of breast reconstructive procedures; and
- 3) Recognize and understand how to manage and treat complications incident to breast reconstruction

#### 4) 2:00 PM – 6:00 PM

### ACLS TRAINING COURSE – PART 2

### PEARLS/PEANUTS/CLINICAL PAPERS 4:00-6:30 PM 3 MINUTE PAPERS

**MODERATOR: GORDON K. LEE, MD** (PLEASE SEE DR. LEE'S DISCLOSURE ON PAGE 4)

#### BREAST RECONSTRUCTION PAPERS

##### 1) ANTIBIOGRAM FOR PERI-PROSTHETIC INFECTIONS: A TOOL FOR BETTER INFORMED SELECTION OF EMPIRIC ANTIBIOTICS

**Nataliya Biskup, MD\***, Ioana Danci, BS, Jane Dhillon, MD, Priya Lewis, BA, Hahns Kim, MD & Subhas Gupta, MD, PhD

##### 2) SHOULD WE EXCISE NATIVE BREAST SKIN ENVELOPE IN ORDER TO ACHIEVE SYMMETRICAL SCARS IN AUTOLOGOUS BREAST RECONSTRUCTION? - A SURVEY OF SURGEON AND PATIENT PREFERENCE

**Rebecca M. Garza, MD\***, Tiffany A. Chen, BS & Gordon K. Lee, MD

##### 3) DELAYED BREAST RECONSTRUCTION: RE-EVALUATING THE USE OF ACELLULAR DERMAL MATRICES

**Paul Mittermiller, MD\***, Rahim Nazerali, MD, MHS, Simone Glaus, MD, Marcelina Perez, BS, Anna Luan, BS, MS & Gordon K. Lee, MD

##### 4) COMPARISON OF TWO HUMAN ACELLULAR DERMAL MATRICES FOR BREAST RECONSTRUCTION: A PROSPECTIVE RANDOMIZED TRIAL

**Katharine M. Hinchcliff, MD\***, Brittany K. Busse, MD, Hakan Orbay, MD & David E. Sahar, MD

##### 5) AXILLARY WEB SYNDROME FOLLOWING AXILLARY DISSECTION FOR BREAST CANCER: LITERATURE REVIEW AND CURRENT UNDERSTANDING

**Isabella Guajardo, BA\***, Merisa Piper, MD & Hani Sbitany, MD

##### 6) CONTRALATERAL PROPHYLACTIC MASTECTOMY ASSOCIATED WITH YOUNGER AGE AND GREATER RISK OF POSTOPERATIVE COMPLICATIONS

**Dominic Amara, BA\***, Anne Warren Peled, MD, Frederick Wang, MD, Cheryl A. Ewing, MD, Michael Alvarado, MD, Robert D. Foster, MD, Laura J. Esserman, MD, MBA & Hani Sbitany, MD

### DISCUSSION

##### 7) DEEP INFERIOR EPIGASTRIC ARTERY PERFORATOR FLAP BREAST RECONSTRUCTION WITHOUT MICROSURGERY FELLOWSHIP TRAINING: A COMPARISON OF OUR RESULTS WITH LITERATURE

**Hakan Orbay, MD, PhD\***, Brittany Busse, MD, Heath Charvet, MD & David E. Sahar, MD

##### 8) INCREASED PERFUSION OF FREE VERSUS PEDICLE TRANSVERSE RECTUS ABDOMINIS MYOCUTANEOUS (TRAM) FLAPS IN VIVO IN THE PERI-OPERATIVE AND LATE POST-OPERATIVE PERIODS

**Richard McNally, MD, PhD\***, Keyianoosh Z. Paydar, MD, Jonathan Rimler, MD Saffi Kahn, Vincent Laurence, MD & Garrett A. Wirth, MD

##### 9) WISE PATTERN SKIN REDUCTION IN NIPPLE SPARING MASTECTOMY AND IMMEDIATE TISSUE EXPANDER RECONSTRUCTION FOR PTOTIC BREASTS

**Hubert B. Shih, MD\*** & Dung Nguyen, MD

##### 10) EXPANDING THE INDICATIONS FOR TOTAL SKIN-SPARING MASTECTOMY: IS IT SAFE IN LOCALLY ADVANCED DISEASE?

**Anne Warren Peled, MD\***, Frederick Wang, MD, Robert D. Foster, MD, Michael Alvarado, MD, Cheryl A. Ewing, MD, Laura J. Esserman, MD, MBA & Hani Sbitany, MD

##### 11) DOUBLE CHAMBER TISSUE EXPANDERS OPTIMIZE LOWER POLE EXPANSION IN IRRADIATED IMMEDIATE BREAST RECONSTRUCTION

**Lauren H. Fischer, MD\*** & Dung Nguyen, MD

##### 12) EFFECTS OF A NOVEL DECISION AID IN BREAST RECONSTRUCTION: EARLY RESULTS OF A RANDOMIZED TRIAL

**Anna Luan, MS\***, Kenneth Hui, BA, Xiangxia Liu, MD & Gordon K. Lee, MD

### DISCUSSION

#### AESTHETIC PAPERS

##### 13) BORDERLINE PERSONALITY DISORDER

**John M. Osborn, MD\***

##### 14) PRICE TRANSPARENCY IN THE ONLINE AGE

**Jonathan Kaplan, MD, MPH** (DR. KAPLAN RECEIVES EQUITY IN KP INNOVATIONS, LLC DBA BUILDMYBOD FOR HIS ROLE AS FOUNDER /CEO)

## Scientific Program - Sunday

### AESTHETIC PAPERS (CONTINUED)

#### 15) PARTNERSHIP BETWEEN AESTHETIC PLASTIC SURGEONS AND CARDIOTHORACIC SURGEONS DURING ROBOTIC ASSISTED MITRAL VALVE REPAIR SURGERY

*Tiffany Grunwald, MD, FACS\**, Joel Alan Aronowitz, MD & A. Trento, MD, FACS & De Robertis, MA, RN, BS, CCRP

#### 16) SUPERIOR GLUTEAL ARTERY PERFORATOR FLAP: THE BEAUTY OF THE BUTTOCK

*Cedric Hunter, MD\**, Lisa Moody, MD, Rahim Nazerali, MD & Gordon K. Lee, MD

#### 17) ICING ON THE CAKE: A REVIEW OF PATIENTS WHO UNDERWENT NON-SURGICAL FACIAL REJUVENATION TREATMENTS

*Emily C. Hartmann MD, MS\**, Luis H. Macias, MD & W. Grant Stevens, MD

### DISCUSSION

#### WOUND HEALING

#### 18) BARBED SUTURE AS A TREATMENT APPROACH IN COMPLEX DE-GLOVING INJURIES

*David J. Boudreault, MD\** & Jesus Garcia, MD, PhD

#### 19) TWO CASES OF SUCCESSFUL EXTENDED PEDICLED LATISSIMUS DORSI FLAP RECONSTRUCTIONS FOR LARGE COMPLICATED LOWER BACK WOUNDS

*Michael Mirmanesh, MD\** & Lee L.Q. Pu, MD, PhD

#### 20) SHORT HAIRPIN RNA SILENCING OF PHD-2 IMPROVES NEOVASCULARIZATION AND FUNCTIONAL OUTCOMES IN DIABETIC WOUNDS AND ISCHEMIC LIMBS

*Elizabeth A. Brett, MS\**, Kevin J. Paik, AB, Zeshaan Maan, MD, Shane D. Morrison, MS, Hsin-Han Chen, MD, Robert Rennert, BS, Michael Sorkin, MD, Dominik Duscher, MD, Michael T. Chung, BS, David Atashroo, MD, Michael S. Hu, MD, Shuli Li, MD, PhD, Kshemendra Senarath-Yapa, MD, Adrian McArdle, MD, Anna Luan, MS, Ruth Tevlin, MD, Elizabeth R. Zielins, MD, Wan Xing Hong, MS, Graham Walmsley, BS, Christopher Duldulao, BS, Taylor Wearda, BS, Owen Marecic, BS, Joseph C. Wu, MD, PhD, Geoffrey C. Gunther, MD, Michael T. Longaker, MD, MBA & Derrick C. Wan, MD

#### 21) BURN WOUND EXUDATE: DEPTH OF BURN PREDICTS CELLULAR RECRUITMENT

*Derek A Banyard, MD, MBA\**, Alan D. Widgerow, MBBCh, FCS, FACS & Gregory RD Evans, MD, FACS

#### 22) NICOLAU SYNDROME FOLLOWING INTRAMUSCULAR VITAMIN K INJECTION

*T. JoAnna Nguyen, MD\**, David P. Frishberg, MD & Claude-Jean Langevin, MD, DMD

#### 23) HOW CAN WE BEST TEACH TRAINEES TO CUT PEOPLE... SAFELY?! REVIEWS AND PEARLS FROM 12 YEARS OF SUTURE COURSE

*Richard Bodor, MD\**, Kevin Broder, MD, Nicole Ann Gaid, MB, BCH, BAO, Lea Magro & Alexander Korn, MD

### DISCUSSION

#### CLINICAL & RESEARCH PAPERS

#### 24) A NOVEL NONINVASIVE HIGH-EFFICACY TECHNIQUE USING NANOPARTICLE-CONJUGATED DELIVERY SYSTEM FOR TREATMENT OF INFANTILE HEMANGIOMA

*Lindsey Harrison, BS\**, Hakan Orbay, MD, PhD, Kamaljit Devi, BS, Yuanpei Li, PhD, Wenwu Xiao, PhD, Kit Lam, MD, PhD & David E. Sahar, MD

#### 25) IMPROVED OUTCOMES TREATING DEFORMATIONAL PLAGIOCEPHALY WITH HELMET THERAPY

*Gennya Mattison, MD\**, Windy Olaya, MD, Michael Yi, Brooke Jenkins, MS, Nelleb Yakuby, Jason Toranto, MD, Michael Muhonen, MD & Joffre Olaya, MD

#### 26) CERVICAL ESOPHAGEAL RECONSTRUCTIONS-UTILIZING AN ALGORITHMIC APPROACH BASED ON DEFECT

*Rohit Jaiswal, MD, MPH\**, Chad Bailey, MD, N. Tanya Judge, MD & Lee L.Q. Pu, MD, PhD

#### 27) EFFICACY OF PERFORMING EARLY PALATE SURGERY FOR SYMPTOMATIC SUBMUCOUS CLEFT PALATE

*Karen Yokoo, MD\** & Sandra Sulprizio, MSPA, CCC-SLP

#### 28) THE NUMBER OF SURGICAL PROCEDURES FOR PATIENTS WITH CLEFT LIP AND PALATE FROM BIRTH TO 21 YEARS OLD AT A SINGLE CHILDREN'S HOSPITAL

*Harleen Sethi, MS\**, Elissa Kim, MS, Joyce McIntyre, MD, Marilyn Jones, MD & Amanda Gosman, MD

#### 29) ABSORBABLE CONSTRUCT FOR SUBTOTAL CRANIAL VAULT REMODELING

*Samuel Lance, MD\** & Granger Wong, MD, DMD

### DISCUSSION

#### 30) SINGLE-STAGE RECONSTRUCTION OF ACHILLES TENDON AND OVERLYING TISSUE WITH THE EXTENDED TEMPOROPARIETAL-GALEAL FLAP - 23 YEAR FOLLOW-UP

*Marek Dobke, MD\**, Jeffrey Nelson, MD, Ahmed Suliman, MD, Fernando Herrera & Salim Saba, MD

#### 31) SUCCESSFUL REPLANTATION OF DISTAL FINGERTIP IN A 17 MONTH OLD CHILD

*Michael Hakimi, MD\** & Derek Cody, MD, FACS

#### 32) MOVING CARPAL TUNNEL RELEASES OUT OF HOSPITALS CAN OFFER LARGE REDUCTIONS IN U.S. HEALTHCARE CHARGES

*Christine Nguyen, BS\**, Arnold Milstein, MD, MPH & Catherine M. Curtin, MD

#### 33) ULNAR NERVE REPAIR WITH FASCICULAR ORIENTATION THROUGH ELECTRICAL STIMULATION

*Sepideh Saber, MD\**, Jessica Emelin, MD & Bradford Edgerton, MD

#### 34) OPTIMIZING NEUROVASCULAR OUTCOMES WITH MICROVASCULAR REPAIR OF PENILE AMPUTATION

*Charlie Chen, MD\**, Bindupriya Chandrasekaran, MD Ahmand Sadd, MD, Jill Buckley, MD & Ahmed Suliman, MD

#### 35) REPORT OF WORLD'S FIRST BABY BORN THROUGH NATURAL INSEMINATION BY FATHER WITH TOTAL PHALLOPLASTY RECONSTRUCTION

*Rahim Nazerali, MD\**, A.N. Gurjala, MD & Gordon K. Lee, MD

#### 36) ABDOMINAL BULGE AFTER RETROPERITONEAL DISSECTION: THE DEFINITIVE MANAGEMENT USING BONE ANCHORED MESH

*Hyuma A. Leland, MD\** & David A. Kulber, MD

### DISCUSSION

**PRESIDENT'S DINNER RECEPTION & AWARDS CEREMONY**  
7:00 PM – 9:30

## Scientific Program - Monday

### MONDAY, MAY 25

8:30 AM – 10:30 AM	REGISTRATION/CONTINENTAL BREAKFAST
9:00 AM – 11:45 AM	GENERAL SESSION
12:00 PM	CSPS ANNUAL BUSINESS MEETING
1:00 PM	CSPS NEW COUNCIL MEETING

### PANEL 10:15 AM

9:00 AM –

#### COMPLICATIONS IN POST BARIATRIC CONTOURING: PREVENTION AND MANAGEMENT

MODERATOR: Michael S. Wong, MD\*  
 PANELISTS: Nathan A. Kludt, MD\*  
 Lorne K. Rosenfield, MD\*  
 Jeffrey L. Sebastian, MD\*

The panelists will address the following:

It is well recognized that body contouring in the post-bariatric patient carries higher rates of complications than non-massive weight loss patients. Seromas, hematomas, infections, wound healing problems, DVT/PE, relapse/revisions all occur at higher rates. The panelists will discuss preventive measures as well as management of these complications will be discussed, should these complications occur. Role of drains, quilting sutures, antibiotics, nutrition, chemoprophylaxis, and staging will be discussed.

At the conclusion of this panel, participants should be able to:

- 1) Recognize the massive weight loss patient as a higher risk for complications and understand various measures to minimize modifiable risks;
- 2) Recognize the importance of knowing what type of weight loss procedure has been done, i.e. not all weight loss surgeries result in the same type or degree of nutritional deficiencies;
- 3) Define the common nutritional deficiencies seen with various types of weight loss surgeries and how to manage these;
- 4) Define the role BMI plays in aesthetic outcomes as well as contributing to risk profile;
- 5) Evaluate screening for DVT/PE risk factors and give strong consideration to chemoprophylaxis in appropriate patients;
- 6) Apply individualized staging of procedures to promote safety and optimal aesthetic outcomes.

### COFFEE BREAK

10:15 AM – 10:30 AM



### PANEL

10:30 AM – 11:45 AM

TITLE: NEW TECHNOLOGIES - WHAT'S HOT & WHAT'S NOT:

#### COMPLICATIONS OF FACELIFT SURGERY, PREVENTION & CORRECTION

MODERATOR & PANELIST: Scott R. Miller, MD\*  
 PANELIST: Lorne K. Rosenfield, MD\*

The panelists will discuss case histories of prior facelift surgeries with untoward outcomes and how to avoid and correct these issues. Open exchange during the panel will allow improvement in planning and performance as well as post-operative care, towards achieving better patient outcomes. **Participants are requested to pre-submit their difficult cases for review and discussion. Please contact the CSPS Executive Office at (510) 243-1662 or email them at [cspsoffice@att.net](mailto:cspsoffice@att.net) for more information on how to submit your case(s).**

At the conclusion of this panel, participants should be able to:

- 1) Assess what led to the deformity: whether it was poor planning, improper execution, intra-operative complication, post operative care issue;
- 2) Analyze what technique could be employed to lessen the particular issue that arose. Can it be prevented? Would better patient education help?;
- 3) Recognize the limitations of each surgical technique;
- 4) Recognize some complications may not be able to be avoided and are not considered malpractice; and
- 5) Recognize when it is optimal to proceed with a revisionary surgery and understand what surgical options afford the greatest success in revisionary surgery.

### ANNUAL BUSINESS MEETING

12:00 PM

### NEW COUNCIL MEETING

1:00 PM



The CSPS 65th Annual Meeting Program is endorsed by the American Society for Aesthetic Plastic Surgery (ASAPS)

Please note that no CME is being provided by ASAPS

**CSPS 65<sup>TH</sup> ANNUAL MEETING MAY 22-25, 2015**

THE MONTEREY MARRIOTT & THE MONTEREY CONFERENCE CENTER Deadline for Early Registration is May 4, 2015

LAST NAME (please print) \_\_\_\_\_ FIRST NAME \_\_\_\_\_ INITIAL \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 TELEPHONE ( \_\_\_\_\_ ) \_\_\_\_\_ FAX ( \_\_\_\_\_ ) \_\_\_\_\_  
 E-MAIL \_\_\_\_\_ *Note: By providing us with your fax and/or e-mail, the CSPS may then contact you via these methods.*

If spouse/significant other is registering, please list name as you wish it to appear on the name badge: \_\_\_\_\_  
 If you have a disability and may require special arrangements, please contact the CSPS at (510) 243-1662

TYPE OF REGISTRATION		Registration Fee Includes Scientific Sessions, Exhibits, Opening Reception & President's Dinner & Awards	
	Category	Fee Due	
CSPS MEMBER	<input type="checkbox"/>	\$ 355.00	\$ _____
MD GUEST	<input type="checkbox"/> Invited by: _____	\$ 1,500.00	\$ _____
APPLICANT/CANDIDATE (1st year only)	<input type="checkbox"/>	\$ No Charge	\$ _____
APPLICANT/CANDIDATE (2nd & 3rd years)	<input type="checkbox"/>	\$ 450.00	\$ _____
PLASTIC SURGERY RESIDENT/FELLOW/MEDICAL STUDENT	<input type="checkbox"/> (Must have letter from program chair attached)	\$ No Charge	\$ _____

		Registration Fee Includes Scientific Sessions, Exhibits, Opening Reception & President's Dinner & Awards	
		Fee Due	
SPOUSE or SIGNIFICANT OTHER	<input type="checkbox"/>	\$ 160.00	\$ _____
CSPS LIFE MEMBER	<input type="checkbox"/> (Social events only, Scientific Sessions no charge)	\$ 160.00	\$ _____
NURSE/ASSISTANT (no charge for exhibits only)	<input type="checkbox"/>	\$ 275.00	\$ _____
Name _____ Title _____	<input type="checkbox"/>	\$ No Charge for Exhibits Only	\$ _____
(Must attach letter from your employer, who must be a CSPS member)			

**OPTIONAL COURSES & EVENTS**

▲ Saturday, May 23rd

CSPSERF Luncheon-1:00 pm *No Charge for Charter Members & Donors - check if this applies to you*  \$ 45.00 Non-Member \$ \_\_\_\_\_

Course #1 - 2:00 pm -Laser Training Course *Plastic Surgery Residents Only - No Charge* \$ RESIDENTS ONLY

▲ Sunday, May 24th

Course #3 Breast Reconstruction - 2:00 pm **MOC-PS® APPROVED COURSE - Peter Cordeiro, MD-** \$ 80.00\* \$ \_\_\_\_\_

*\*No Charge for Residents & Fellows*

▲ Please use the separate registration form on page 14 for the ACLS and CPR Courses (Course #2 & #4)

**SOCIAL EVENTS** Your RSVP for the social events helps us plan for adequate food and refreshments. Please complete the following :

**Saturday - May 23 - EXHIBITS & OPENING RECEPTION** How MANY ATTENDING \_\_\_\_\_ or  None

**Sunday - May 24 - PRESIDENT'S DINNER RECEPTION & AWARDS CEREMONY** How MANY ATTENDING \_\_\_\_\_ or  None

**FEES & METHOD OF PAYMENT** **TOTAL AMOUNT ENCLOSED** (ENCLOSE A LATE FEE OF \$50 AFTER May 4, 2015) \$ \_\_\_\_\_

My check is enclosed  or please charge my registration fees to the following credit card:  Visa  Mastercard  AMEX

NAME AS IT APPEARS ON THE CREDIT CARD: \_\_\_\_\_ AUTHORIZED SIGNATURE: \_\_\_\_\_

BILLING ADDRESS OF CARD HOLDER:  SAME AS ABOVE OR: \_\_\_\_\_

CREDIT CARD NUMBER: \_\_\_\_\_ EXPIRATION DATE: \_\_\_\_\_

SECURITY CODE (3 or 4 digit number found on the front or back of your card): \_\_\_\_\_

Upon receipt of your registration form and remittance, a REGISTRATION CONFIRMATION will be faxed or e-mailed to you. A late fee of \$50.00 will be charged to each person whose registration is POSTMARKED after May 4, 2015. A fee of \$75.00 will be charged for onsite registration.

REFUND POLICY: When written notice is postmarked by the dates indicated - 100% refund up to May 4, 2015; \$50.00 fee will be charged from May 4 - May 18. NO REFUND AFTER May 18.

HOTEL REGISTRATION: Please note the hotel reservation information is included in the **Newsletter** on page 20. Rooms are limited.

PLEASE MAIL OR FAX THIS FORM WITH REMITTANCE, PAYABLE TO CSPS, INC., TO:


**2015 ACLS TRAINING/RETRAINING 2-DAY COURSE**

 Course #2 – CPR & Part 1 : SATURDAY, May 23<sup>rd</sup> — 2:00 PM - 6:00 PM

 Course #4 – Part 2: SUNDAY, May 24<sup>th</sup> — 2:00 PM - 6:00 PM

The Monterey Marriott

The CSPS is offering an ACLS Training/Retraining Course. The American Heart Association requires that you have a current CPR card in order to take the ACLS Training Course. The CSPS will also be offering a CPR course during the Annual Meeting to fulfill this requirement. To sign-up, please complete the form below and mail in your registration fee with your general registration form for the Annual Meeting. This course will give you 10 hours towards the ASPS patient safety requirement.

**PLEASE NOTE: WE MUST HAVE YOUR REGISTRATION FORM IN FOR THIS COURSE NO LATER THAN APRIL 20, 2015. THIS WILL ALLOW US TO SEND YOU THE REQUIRED PRE-STUDY MATERIALS.**

**This course is designed for healthcare providers who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through didactic instruction and active participation in simulated cases, participants will enhance their skills in the diagnosis and treatment of cardiac arrest, acute arrhythmia, stroke and acute coronary syndrome (ACS).**

**After successful completion of this course, participants will be able to apply important concepts, including:**

- **The Basic Life Support (BLS) Survey**
- **High-quality cardiopulmonary resuscitation (CPR)**
- **The ACLS Survey**
- **The ACLS algorithms**
- **Effective resuscitation team dynamics**
- **Immediate post-cardiac arrest care**

**The goal of the ACLS Provider Course is to improve outcomes for adult patients with cardiac arrest or other cardiopulmonary emergencies through provider training.**

**At the conclusion of this course participants should be able to:**

- **Recognize and initiate early management of periarrest conditions that may result in cardiac arrest or complicate resuscitation outcome**
- **Demonstrate proficiency in providing BLS care, including prioritizing chest compressions and integrating automated external defibrillator (AED) use**
- **Recognize and manage respiratory arrest**
- **Recognize and manage cardiac arrest until termination of resuscitation or transfer of care, including immediate post-cardiac arrest care**
- **Recognize and initiate early management of ACS, including appropriate disposition**
- **Recognize and initiate early management of stroke, including appropriate disposition**
- **Demonstrate effective communication as a member or leader of a resuscitation team and recognize the impact of team dynamics on overall team performance**

*The CSPS is accredited by the Institute of Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The CSPS takes responsibility for the content, quality and scientific integrity of this CME activity. The CSPS designates this educational activity for a maximum of 10 hours (includes 2 hours of pre-study) of **AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.*

Name: \_\_\_\_\_

TOTAL AMOUNT ENCLOSED:

\$ \_\_\_\_\_

Phone Number: \_\_\_\_\_

Do you have a current CPR card?

 YES  NO

Will you obtain a current CPR card prior to the ACLS Course?

 YES  NO

Will you take the CPR course at the CSPS Meeting?

 YES  NO

ACLS Training/Retraining Course Fees

ACLS Course Fee [Parts 1&amp;2]..... \$315.00

(includes pre-study materials &amp; use of loaner book) \$ \_\_\_\_\_

CPR Course Fee..... \$35.00

(additional two-hour course—time of the course is TBA) \$ \_\_\_\_\_

METHOD OF PAYMENT
 CHECK ENCLOSED

 PLEASE CHARGE MY CREDIT CARD IN THE AMOUNT OF \$ \_\_\_\_\_

I AUTHORIZE THE CSPS TO USE MY CREDIT CARD INFORMATION FROM THE CSPS ANNUAL MEETING REGISTRATION FORM ON PAGE 13 AND THIS AMOUNT WILL BE ADDED TO MY REGISTRATION FEE FOR THE ANNUAL MEETING.

NOTE: FEES CHARGED DO NOT REPRESENT REVENUE TO THE AHA.

SIGNATURE: \_\_\_\_\_

**CSPSERF - VOLUNTEER OPPORTUNITIES**

We would like to invite you to attend the CSPSERF luncheon on Saturday, May 23rd at 1:00 pm. Please join us to meet & be motivated by Donald Mackay, MD who will talk on the **Expanding Role of Education & Research in International Healthcare and the Importance of Volunteerism**. This will also be an opportunity to find out more about what the CSPSERF's goals and objectives are, our exciting projects that we have coming up and how you may participate. *Please register for the lunch using the Registration Form on page 13 - CSPSERF Charter Members & Donors may attend the lunch at no charge.*



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**PRESIDENT'S LEADERSHIP COUNCIL**

*The President's Leadership Council is a category of membership for individuals who have donated fifty thousand dollars (\$50,000) or more to the Foundation.*

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- Sonia Brody, PhD**
- The Brody Family**

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| Eric R. Mariotti, MD      |                          |

**" SILICONE ON TRIAL " - JACK C. FISHER, MD**

Twenty-five years ago, CBS and *Face to Face* with Connie Chung achieved a new low in fear mongering journalism. Millions of viewers, some with breast implants, experienced a tsunami wave of terror. The next morning, telephones began ringing in the offices of plastic surgeons throughout the nation. Women demanded more information about their implants whether or not they were having problems. Now, the story is chronicled in *Silicone on Trial: Breast Implants and the Politics of Risk*. But rather than have me tout my own story, here is what someone nearly every plastic surgeon in California knows:

*"A must read for surgeons frustrated by years of FDA paternalism, also for patients seeking truth about breast implants or any other silicone device."* James Wells MD, Past President, American Society of Plastic Surgeons.

This is not only a story for those who lived that experience but also for younger plastic surgeons who as innovators must inevitably face regulators. Had more been known and understood about the expansion of regulatory power, organized plastic surgery might have fared better than it did. *Silicone on Trial: Breast Implants and the Politics of Risk* by Jack C. Fisher is available in soft cover and on Kindle at Amazon.com.

**Special Note: A special thanks to Jack Fisher, MD, CSPA Past President, who has donated \$1000 of his books "Stopping the Road" and "Silicone on Trial" to CSPSERF. These books will be available to purchase at the upcoming CSPA Annual Meeting for \$20, with all proceeds benefiting CSPSERF. In addition, we are delighted Dr. Fisher will be available at the CSPA Registration Desk on the morning of Monday, May 25th to personally inscribe any books purchased at the CSPA Annual Meeting or from Amazon.com.**



## Monterey - Things to do and see...

The Monterey Marriott hotel, in the heart of historic downtown, is just steps from the Monterey Peninsula and connected by a footbridge to the Monterey Conference Center. Enjoy shopping and dining or indulge in the various family-fun activities!

### **FREE TRANSPORTATION TO DOWNTOWN MONTEREY, FISHERMAN'S WHARF, CANNERY ROW & THE AQUARIUM**

Catch the WAVE (Waterfront Area Visitor Express) and ride the FREE MST Trolley!

10:00 am to 7:00 pm – (runs every 10-12 minutes)

This is the best way to get around the City and avoid parking and traffic congestion. Beginning on May 23rd, the free MST Trolley operates on a daily basis.

You can catch the MST Trolley in front of the Monterey Conference Center (MCC) – across the street from the Monterey Marriott.

### **MAYFEST MONTEREY BAY - FREE ADMISSION**

This 3 DAY FESTIVAL - May 23rd-25th from 11 AM - 7 PM at the Custom House Plaza, Monterey Historic Park, located across from the Fisherman's Wharf (close to the Marriott)



Mayfest has something to offer everyone of every nationality and includes local food, beer, wine, live stage for performing musicians and bands for 3 days and, of course, great international food and beverages guaranteed to quench the thirst and hunger that reminds one's tastebuds of home.

### **LOCAL DINING - MONTEREY**

#### ***Montrio Bistro***

Cuisine: American

414 Calle Principal,  
Monterey; 1-minute walk  
831/648-8880

www.montrio.com

Montrio is located just steps from the Marriott. This Bistro offers an American menu that combines the very best of Italian, French, and Californian cuisines.



#### ***Restaurant 1833***

Cuisine: Pub, American

500 Hartnell Street, Monterey, CA; 6-minute walk  
831/643-1833 - www.restaurant1833.com

Restaurant 1833's menu highlights regionally specific ingredients including Monterey seafood, greens and lettuces sourced from Salinas and Carmel Valley, and sea salt foraged from Big Sur.

#### ***Rosine's Restaurant***

Cuisine: Italian

434 Alvarado Street, Monterey; 3-minute walk

831/375-1400 - www.rosinesmonterey.com

Rosine's boasts a large menu of hearty Italian cuisine. Open for every meal of the day, Rosine's is a restaurant that will make you feel like you're right at home with a delicious, homemade meal.

#### ***Shake's Old Fisherman's Grotto***

Cuisine: Seafood

Location: 39 Fishermans Wharf, Monterey; 5-minute walk

831/375-4604 - www.oldfishermansgrotto.com

Located on Fisherman's Wharf with stunning views of the Monterey Bay serving a variety of fresh sustainable seafood, certified Angus Beef, pasta dishes with an Italian flair.

#### ***Whaling Station Steakhouse***

Cuisine: Steakhouse, American

763 Wave Street, Monterey; 5-minute drive

831/373-3778 - www.whalingstation.net

Whaling Station Steakhouse has been Monterey's #1 Steakhouse for over 40 years. Perched just above Steinbeck's Cannery Row!

### **LOCAL ATTRACTIONS AND ACTIVITIES**

#### ***17-Mile Drive***

www.pebblebeach.com/activities/explore-the-monterey-peninsula/17-mile-drive

Have lunch at the *Stillwater Bar & Grill*

Widely recognized as one of the most scenic drives in the world, this famous coastal landmark runs from Pacific Grove to Pebble Beach, featuring awe-inspiring vistas and legendary sites perfect for a day of exploration.

#### ***Drive Scenic Highway 1 South to Big Sur***

1 hour drive each way, have lunch at *Nepenthe Restaurant* which over looks the Pacific Ocean.

#### ***Adventures by the Sea - Rentals and Tours***

831-372-1807

www.adventuresbythesea.com

Adventures by the Sea supplies bike, kayak, and paddle board rentals to locals and visitors alike.



#### ***The Barnyard Shopping Village***

www.thebarnyard.com

Features a variety of boutique shops specializing in art and gift collections, couture clothing, jewelry designs, women's golf apparel, equestrian wear, comfort, dress and casual shoes, home furnishings, and an array of spa, salon and professional services.



## Monterey - More Things to do and see...

### ***Downtown Carmel-by-the-Sea Gourmet Food Tour***

800-656-0713 - [www.carmelfoodtour.com](http://www.carmelfoodtour.com)

Take a leisurely stroll through the heart of Carmel, taste a specially-selected variety of foods and wine from local restaurants and boutique shops, and become acquainted with the unique history and culture of this magical city.

### ***Monterey Museum of Art (2 locations)***

831-372-5477 - [www.montereyart.org](http://www.montereyart.org)

MMA boasts works all visitors can appreciate including American and early California painting, photography and contemporary art.

### ***Museum of Monterey at Stanton Center***

831-372-2608 - [www.montereyhistory.org](http://www.montereyhistory.org)

Just steps from the Marriott, the MoM at Stanton Center galleries are ever changing with interesting, innovative and educational exhibits.

### ***Path of History***

831-649-7118 - [www.seemonterey.com/things-to-do/historic-attractions/adobes/](http://www.seemonterey.com/things-to-do/historic-attractions/adobes/)

Guided or self-guided walking tours journey through the colorful adobes and historic gardens.

### ***Spa on the Plaza***

Across the street from the Marriott, at the Portola Hotel & Spa, 831-649-4511 - [www.spaontheplaza.com](http://www.spaontheplaza.com)

Rejuvenate your inner glow with a luxurious treatment at Monterey's first and finest spa. Spa on the Plaza has a full-service salon, more than 60 therapeutic treatments, a relaxing lounge, and comfortable locker rooms with steam rooms.

### ***Wine Trolley***

[www.toursmonterey.com](http://www.toursmonterey.com)

Departs from the Portola Hotel & Spa (across the street from the Marriott)

The Wine Trolley offers a unique way to see one of the most picturesque parts of the country while sampling some of the best wines that Monterey County has to offer.

## **ACTIVITIES FOR THE FAMILY**

### ***Cannery Row***

[www.canneryrow.com](http://www.canneryrow.com)

Cannery Row is anchored by the Monterey Bay Aquarium and features restaurants, hotels, specialty shops, local artists' galleries and wine tasting rooms.

### ***Gilroy Gardens – Family Theme Park***

408-840-7100 - [www.gilroygardens.org](http://www.gilroygardens.org)

Gilroy Gardens Family Theme Park is the only horticulturally themed amusement park in California. With over 40 rides, gardens, and exhibits, Gilroy Gardens is the perfect way to spend a fun, educational day with your children.

### ***Monterey Bay Aquarium***

886 Cannery Row, Monterey

831-648-4800 - [www.montereybayaquarium.org](http://www.montereybayaquarium.org)

With more than 35,000 creatures representing over 550 species in nearly 200 exhibits filling 34 major galleries it is a showcase for the habitats and sea life of one of the world's richest marine regions.

### ***MY Museum***

Walking distance from the Marriott

831-649-6444 - [www.mymuseum.org](http://www.mymuseum.org)

The Monterey County Youth Museum is where children play to learn, and grown-ups learn to play.



### ***Pacific Grove Museum of Natural History***

165 Forest Ave, Pacific Grove

831-648-5716 - [www.pgmuseum.org](http://www.pgmuseum.org)

The Museum opened in 1883 as one of America's first natural history museums. For over 130 years, we've been showcasing the birds and wildlife, plants, geology, and cultural richness that make the California Central Coast unique in the world.

### ***Princess Monterey Whale Watching***

888-223-9153 - [www.princessmonterey.com](http://www.princessmonterey.com)

Take a ride on the water and be provided with the unique opportunity to view the diverse inhabitants of the Monterey Bay. Please note: tours last for 2.5-3 hours and children under the age of five are prohibited. To obtain \$3 discount, reserve online [www.zerve.com/MontereyWW/Whales](http://www.zerve.com/MontereyWW/Whales) and use the code "whale2"

### ***Monterey Movie Tours***

831/373-6278 - [www.montereymovietours.com](http://www.montereymovietours.com)

See the scenic beauty and rich history of the Monterey Peninsula through the eyes of Hollywood!

### ***Blacklight Mini Golf***

831 649-6293 - [www.highway1golf.com](http://www.highway1golf.com)

This is not your traditional game of mini golf Blacklight Mini Golf has turned down the lights and turned up the music to create a fantasyland of vibrant 3-D Glow-in-the-Dark fun and cool iconic murals.

### ***Monterey Mirror Maze Lazer Challenge***

831 649-6293 - [www.montereymirrormaze.com](http://www.montereymirrormaze.com)

A high quality, creatively designed mirror maze walk-through is the feature attraction at this exciting family attraction. No matter how old you are, you will love getting lost in our psychedelic setting complete with high tech lighting and pumping music.

## ATTENTION ALL RESIDENTS!

The CSPS is please to offer all Residents the following two instructional courses at no charge. Please use the Registration Form on page 13 to sign up!

### **RESIDENTS ONLY LASER TRAINING COURSE**

The CSPS and ASAPS are offering a Residents Only Laser Training Course (a non-CME course)

Saturday, May 23, 2015

2:00 pm - 6:00 pm.

#### **Faculty**

Jeffrey Kenkel, MD, *Aesthetic Society's Traveling Professor*

*Dr. Kenkel receives a consulting fee for his role as a consultant for KYTHERA. He also receives equipment use for his role as an investigator for SOLTA and honorarium for his role as a author for a white paper with ZO MEDICAL and an honorarium for his role as a blind reviewer for a study with MERZ.*

Robert Aycock, MD *Dr. Aycock receives a consulting fee for his role as a physician preceptor for SCITON LASERS*

John Hoopman

#### **Tentative Agenda:**

2:00 pm **Physics and Safety** – John Hoopman

3:00 pm **Clinical Applications**

**IPL/Vasc/Tattoo/Resurfacing/Skin Tightening/Hair**

Jeffrey Kenkel, MD & Robert Aycock, MD

4:30 pm **Hands-On Rotations** (fruits and vegetables)

### **MOC-PS® APPROVED COURSE - BREAST RECONSTRUCTION (PRIMARY) IMPLANT**

Space is limited!

Sunday, May 24, 2015

2:00 pm - 4:00 pm

***TITLE: TWO-STAGE IMPLANT BREAST RECONSTRUCTION TECHNIQUES AND ALGORITHMS TO MAXIMIZE OUTCOMES***

#### **Faculty**

Peter G. Cordeiro, MD



## EXHIBITORS & CORPORATE PARTNERS

The following is our early list of our Corporate Partners and Exhibitors for the upcoming Annual Meeting.

#### **CORPORATE PARTNERS:**

ALLERGAN - GOLD LEVEL

SIENTRA - GOLD LEVEL

#### **EXHIBITORS:**

AMERICAN SOCIETY FOR AESTHETIC PLASTIC SURGERY (ASAPS)

AMERICAN SOCIETY OF PLASTIC SURGEONS (ASPS)

BEMIS HEALTH CARE

BLIS, INC.

CSPS PAC

DESIGN VERONIQUE

HANSON MEDICAL, INC.

KELLER MEDICAL, INC.

KESSENICK, GAMMA & FREE, LLP.

KLS MARTIN

LIFECELL

MENTOR WORLDWIDE LLC

MERZ AESTHETICS

MICROSURGERY INSTRUMENTS, INC.

MIELE PROFESSIONAL

NEOGRAFT

PMT CORPORATION/PERMARK

SCITON

SIENTRA

SMITH & NEPHEW

SPECIALTY SURGICAL PRODUCTS, INC.

SPECTROS

SURGICAL SPECIALTIES

THE DOCTORS COMPANY

THERMI AESTHETICS

ZELTIQ AESTHETICS, INC.

## LEGISLATIVE SESSION 2015-2016

TIM MADDEN, CSPS LEGISLATIVE ADVOCATE

We have just passed the bill introduction deadline and there were 2,297 bills introduced in the first year of the 2015/2016 session. This is slightly lower than years past which tended to be closer to 2,400 bills introduced. Once again, there was a high volume of "spot bills" which will be amended after the 30 day waiting period expires. I would expect some of the spot bills may change into something impacting the plastic surgery profession. This promises to be another busy year for advocacy.

In the health area, there have been bills introduced touching on areas such as Medi-Cal reimbursement rates for physicians, prohibiting physician balance billing of out-of-network patients, establishing charity care standards for hospitals, required vaccinations, as well as multiple bills on tobacco. The CMA has sponsored bills to increase the reimbursement rates for physicians treating Medi-Cal enrollees. The Governor has already stated he is not supportive of any fee increase which will result in a heavy lobbying from the House of Medicine.

There are a number of scope of practice bills introduced but a few were noticeably absent. Senator Hernandez did introduce a "spot bill" meant to be for the nurse practitioners but he did not introduce a bill on optometry.

Other scope of practice bills introduced included bills for naturopath doctors and certified nurse midwives. Although the psychologists did not introduce a bill there are still rumors of them looking to find an author to champion their scope expansion. Here are those bill numbers:

- **SB 323 (Hernandez) – Nurse practitioners – Spot bill**
- **SB 538 (Block) – Naturopathic doctors**
- **AB 1308 (Burke) – Certified nurse-midwives**

In addition to the scope bills, **SB 396 (Hill)** was introduced makes a number of changes to outpatient surgery centers including:

- ▲ *Makes accredited facilities a "peer review body".*
- ▲ *Prior to granting or renewing staff privileges for any physician at a Medicare certified ASC or accredited facility, the facility shall request a report from the Medical Board of California to see if any 805 reports have been made on the physician.*
- ▲ *File report to OSHPD information on the accredited facility including:*
  - *Number of patients served including their age, gender, race, and ethnic background.*

- *Number of patient visits by type of service.*
- *Total operating expenses.*
- *Gross patient charges by payer category (Medicare, Medi-Cal, private insurance, self-paying patients, etc.*
- *Deductions from revenue by payer category, bad debts, and charity care charges.*
- *Additional information as may be required by the office or the department.*
- ▲ *File an additional report to OSHPD information on accredited facilities.*
- ▲ *Pay fee of up to \$0.50/encounter to OSHPD.*
- ▲ *Clarify that a physician owned facility may at their desire apply for state licensure. This is not a requirement.*
- ▲ *Each physician that performs procedures in accredited facilities shall be peer reviewed. The peer review shall be performed by California licensed physicians who perform the same types of procedures as described in Section 805 of the Business and Professions code.*
- ▲ *Initial certification for accredited facilities shall be for two years. Subsequent renewals shall be for three years.*
- ▲ *Inspections of accredited facilities shall be unannounced.*

This bill contains a number of provisions we will need to address.

The CSPS will be formulating positions and setting its legislative agenda in the next couple of weeks. This information will be reported on at the CSPS Annual Business Meeting on May 25, 2015 at the Annual Meeting in Monterey.



## MORE ANNUAL MEETING NEWS...

### HOTEL INFORMATION

#### THE MONTEREY MARRIOTT HOTEL

The Monterey Marriott is located at 350 Calle Principal, Monterey, CA. Although our room block is sold out, the Monterey Marriott still has rooms available, just at a higher rate.

THE MONTEREY MARRIOTT HOTEL RESERVATION NUMBER: (831) 649-4234

You can make Online Reservations through our website at [www.californiaplasticsurgeons.org](http://www.californiaplasticsurgeons.org) and click on the Monterey Marriott Reservation link or use the following link:  
<https://aws.passkey.com/event/12343825/owner/4481/home>.



#### THE PORTOLA HOTEL & SPA

The Portola Hotel & Spa is located at Two Portola Plaza, right across the street from the Marriott. The Portola also connects with the Monterey Conference Center.

THE PORTOLA HOTEL & SPA RESERVATION NUMBER: (888) 222-5851. To receive the special rate of \$239/night use the code *CSPS* or *CALIFORNIA SOCIETY OF PLASTIC SURGEONS*.

You can make Online Reservations through our website by clicking on the Portola Hotel & Spa Reservation link or use the following link: <https://aws.passkey.com/g/50646287>

**Please contact the CSPS Executive Office at (510) 243-1662 if you have any questions.**

### HOW DO I GET TO THE MONTEREY MARRIOTT?

Transportation services to/from the Monterey Regional Airport will take approximately 10-15 minutes. The airport is located approximately 5 miles from the Monterey Marriott Hotel.

#### Taxi

\$15.00-\$22.00 each way

#### Transportation Services

**Note: Most of these companies provide transportation to/from the San Jose, San Francisco and Oakland Airports.**

**Arrow Luxury Transportation (831) 646-3175**

[www.arrowluxurylimo.com](http://www.arrowluxurylimo.com)

**Cadillac by George (831) 601-8447**

[www.cadillacbygeorge.net](http://www.cadillacbygeorge.net)

**Monterey Airbus (831) 373-7777**

[www.montereyairbus.com](http://www.montereyairbus.com) (\$5 off each way if you make your reservations online)

#### Rent-a-Car from Hertz

CSPS Hertz CDP#1283712 is the key. Call 1-831-373-3318 or visit the Hertz website at [www.hertz.com](http://www.hertz.com) when making your reservation. Note: The Hertz car rental office address is located at 200 Fred Kane, Ste 104 in Monterey.

