

# CSPS

## Annual Meeting Program

CALIFORNIA SOCIETY OF PLASTIC SURGEONS, INC.  
WWW.CALIFORNIAPLASTICSURGEONS.ORG



MAY 2019

## Join Us For The 69th CSPS

ANNUAL MEETING  
May 30 - June 2,  
2019  
Sacramento, CA

Layout & Design:  
Christine A. Pahl

*Photos courtesy of the Sacramento  
Convention & Visitor Bureau -  
Visit Sacramento*

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## **CSPS PRESIDENT, MICHAEL S. WONG, MD INVITES YOU TO JOIN US FOR THE 69<sup>TH</sup> CSPS ANNUAL MEETING**

Dear CSPS Family and Friends,

I am so pleased to be able to invite you to our 69th Annual CSPS Meeting to be held in Sacramento May 30th – June 2nd! I hope you and your families can come for the great scientific program and enjoy all that Sacramento has to offer!

We have an amazing program put together by our Scientific Committee Co-Chairs Amanda Gosman and Rahim Nazerali. Based on member requests, we have special panels on blepharoplasty, the business of plastic surgery, fat grafting, cellular rejuvenation therapies, and an update on breast implants! We have many great speakers from our CSPS family and leaders from our sister societies including Mountain West Society of Plastic Surgeons President Rich Baynosa, American Society for Aesthetic Plastic Surgery, President-Elect Charles Thorne and Aesthetic Surgery Education and Research Foundation President Julio Garcia! We also have Rod Rohrich coming as our Gary Brody Lecturer!

We had a banner year of abstract submissions with top selections being highlighted throughout our meeting, including our ever-fun and fast-paced Pearls & Peanuts session! We also look to engage the audience as our training programs match wits in our Resident Bowl!

The meeting will be held at the Sacramento Convention Center, just a short walk from our meeting hotel, the Sheraton Grand, located in the heart of midtown and surrounded by many wonderful restaurants to enjoy all the Nation's Farm-to-Fork Capital has to offer! We also have special daily outings planned for families to see Aladdin, the Zoo and Funderland, DOCO and the Golden 1 Center, the Train Museum, and a Rivercats game!

As my year as term concludes, I want to thank you for the honor and privilege it has been to represent and serve as President of the California Society of Plastic Surgeons! It has been an incredible year! The CSPS is such a special organization that does truly amazing work! I greatly enjoyed being able to boast about all the wonderful things CSPS does for patients and their families as well as for the House of Plastic Surgery in our state and beyond! I am particularly proud of the work we accomplished in the area of advocacy with our win against ABCS, in that they were denied equivalency to any ABMS boards and making it illegal for their members to advertise as board certified cosmetic surgeons! I am especially thankful for the privilege of visiting so many of our training programs, being reassured that the future of plastic surgery is in good hands!

I hope to see you and your families in Sacramento for #CSPS2019!

With great appreciation,



**MICHAEL S. WONG, MD**



# PROGRAM AT A GLANCE

AMANDA GOSMAN, MD & RAHIM NAZERALI, MD, CO-CHAIRS, SCIENTIFIC PROGRAM COMMITTEE

The 2019 Annual Meeting offers a wide array of educational opportunities. In addition to our line-up of excellent panels, we have terrific instructional courses, and wonderful social events!

## THURSDAY, MAY 30

**CSPS COUNCIL MEETING** 4:00 PM  
**REGISTRATION** 2:00 PM – 4:00 PM

## FRIDAY, MAY 31

**OPENING CEREMONIES** 8:00 AM – 8:15 AM  
**OPENING CEREMONIES & THE CSPS ADDRESSES CULTURAL & LINGUISTIC COMPETENCY ISSUES**  
 Michael S. Wong, MD *President, CSPS*  
 Scott W. Barttelbort, MD *President-Elect, CSPS*  
 Amanda Gosman, MD & *Co-Chairs, Scientific*  
 Rahim Nazerali, MD *Program Committee*

**SHORT CLINICAL PAPERS** 8:15 AM – 9:15 AM  
**PANEL** 9:15 AM – 10:15 AM

**TOPIC:** BLEPHAROPLASTY  
**MODERATOR:** Scott W. Barttelbort, MD  
**PANELISTS:** Richard P. Clark, MD  
 Julio L. Garcia, MD  
 Charles H. Thorne, MD

**EXHIBITS & COFFEE BREAK** 10:15 AM – 11:00 AM

NOTE: THE EXHIBITS WILL BE OPEN ON FRIDAY & SATURDAY ONLY

**SHORT CLINICAL PAPERS** 11:00 AM – 11:45 AM  
**PANEL** 11:45 AM – 1:00 PM

**TOPIC:** THE BUSINESS OF PLASTIC SURGERY  
**MODERATOR:** Gordon K. Lee, MD  
**PANELISTS:** Richard Baynosa, MD  
 Heather J. Furnas, MD  
 Joshua Korman, MD

**CSPS LUNCH IN EXHIBIT HALL** 1:15 PM

**RESIDENCY PROGRAM DIRECTORS' LUNCH** 1:15 PM

### INSTRUCTIONAL COURSES

- 1) 2:15 PM – CSPS PRIVATE TOUR OF THE SACRAMENTO CAPITOL BUILDING
- 2) 2:15 PM – 6:15 PM ACLS TRAINING COURSE/CPR
- A) 3:30 PM - 4:30 PM SOCIAL MEDIA IN YOUR PRACTICE: BOOM OR BUST?

**EXHIBITS & WELCOMING RECEPTION** 5:30 PM – 7:00 PM

## SATURDAY, JUNE 1

**CLINICAL PAPERS** 8:00 AM – 9:50 AM  
**BRODY LECTURESHIP** 9:50 AM – 10:10 AM

**TOPIC:** DEVELOPING CONSISTENCY IN PLASTIC SURGERY - THE RHINOPLASTY MODEL

**SPEAKER:** Rod J. Rohrich, MD

**EXHIBITS & COFFEE BREAK** 10:10 AM – 10:30 AM  
**PANEL** 10:30 AM – 11:30 AM

**TOPIC:** RESIDENT BOWL

**MODERATORS:** Scott L. Hansen, MD & Alex K. Wong, MD

**EXHIBITS & COFFEE BREAK** 11:30 AM – 11:45 AM  
**PANEL** 11:45 AM – 12:30 PM

**TOPIC:** BUTTOCK AESTHETICS & SAFETY: KEY CONCEPTS

**MODERATOR:** Ashkan Ghavami, MD  
**PANELIST:** Rod J. Rohrich, MD

**ANNUAL BUSINESS MEETING** 12:30 PM

**CSPS LUNCH IN EXHIBIT HALL** 1:00 PM

**CSPSERF LUNCH & MEETING** 1:15 PM

**INSTRUCTIONAL COURSE**  
 3) 2:15 PM - 4:15 PM RHINOPLASTY - ROD J. ROHRICH, MD

**PEARLS/PEANUTS/CLINICAL PAPERS** 4:15 PM

**PRESIDENT'S RECEPTION & AWARDS** 7:00 PM

## SUNDAY, JUNE 2

**PANEL** 9:00 AM – 10:30 AM

**TOPIC:** CELLULAR REJUVENATION THERAPY - STEM CELL & PRP

**MODERATOR:** Robert Singer, MD  
**PANELISTS:** Joel A. Aronowitz, MD  
 Julio L. Garcia, MD  
 Gordon H. Sasaki, MD

**COFFEE BREAK** 10:30 AM – 10:45 AM

**PANEL** 10:45 AM – 12:00 PM

**TOPIC:** BREAST IMPLANTS - WHERE ARE WE NOW?

**MODERATOR:** Wai-Yee Li, MD, PhD  
**PANELISTS:** Lynn L.C. Jeffers, MD  
 Mary H. McGrath, MD  
 Steven A. Teitelbaum, MD

**NEW COUNCIL MEETING** 12:15 PM

# ANNUAL MEETING PROGRAM AND FACULTY

## GENERAL EDUCATION INFORMATION

The California Society of Plastic Surgeons (CSPS) seeks to see beyond the traditional functions of continuing medical education, and challenges itself to become a catalyst for, an advocate for, and a provider of education that promotes improved competence, performance, and patient outcomes in plastic surgery.

**Purpose:** Our CME program seeks to provide high-quality, evidence-based educational opportunities designed to advance plastic surgeons' knowledge, competence, enhance practice performance, and promote patient safety to ultimately improve patient outcomes in the populations served by the plastic surgeons we educate. In addition, the CSPS acknowledges the importance of culture and communication for delivering effective healthcare and is committed to educating physicians to deliver culturally and linguistically appropriate care.

**Content:** Our educational offerings include, but are not limited to, updates in clinical plastic surgery (aesthetic and reconstructive), reviews of current or best practice recommendations for plastic surgery care, evaluation of new and emerging technologies and techniques in plastic surgery, as well as patient safety.

**Target Audience:** We seek to serve not only the educational needs of plastic surgery healthcare professionals (board-certified plastic surgeons, plastic surgery residents and fellows, nurses and office staff) involved in the provision of plastic surgery services within the state of California, but the needs of local, regional, and national healthcare professionals and colleagues as well.

**Types of Activities:** As a CME provider for the largest plastic surgery state society in the country, the CSPS' educational activities include, but are not limited to, lectures, panel sessions, paper presentations, clinical round table discussions, hands on, live and didactic instructional courses. The educational design, instructional method and learning format for each event is chosen to best serve the educational needs and learning objectives of the planned educational activity.

**Expected Results:** We expect participants to report improved knowledge and competence as expressed by greater confidence and knowledge in their approach to clinical problems or by an intent to change their behavior and apply newly acquired strategies in their practice. We expect participants will have greater confidence in delivering care and patient safety. In addition, if evaluated within the clinical practice setting, we expect improved performance parameters or a favorable impact on patient outcomes.

The General Sessions will consist of panel presentations on timely subjects which affect the plastic surgery specialty. Papers will also be presented during the general sessions. These papers are on various clinical topics and include summaries of research, observations based on experience, clever tricks to handle difficult problems, new instrumentation, development of new technologies, trends, statistics, safety issues and other comments about clinical practice that may be of value. The CSPS will also address cultural and linguistic competency issues and is dedicated to providing the participants with the necessary data, assessment tools and the development of resources plastic surgeons may use in their practices to address these issues.

The overall objective of the general sessions is to present topics related to the core body of knowledge for plastic surgery, as well as increasing quality in the health care delivery system. The content will also cover innovative, recent and new research related topics of importance to the practice of plastic surgery.

The instructional courses will address the topics of Buttock Fat Grafting, Rhinoplasty and, an ACLS Training Course, and a CPR Course.

All recommendations presented and scientific research presented must be based on evidence accepted within the profession of plastic surgery and must conform to the generally accepted standards of experimental design, data collection and analysis.

There will be question-and-answer sessions provided for each activity and participants are encouraged to use this time to address a difficult case you may have, query the speakers on their techniques, etc.

The CSPS takes responsibility for the content, quality and scientific integrity of its CME activities. As such, the CSPS follows the Accreditation Council for Continuing Medical Education's Standards for Commercial Support. By following these standards the CSPS ensures the independence of its CME activities. Current guidelines state participants in CME activities should be made aware of any affiliations or financial interest that may influence the content of this educational activity and/or affect the speaker's presentation. Each Scientific Program Committee member & speaker has been requested to complete a financial disclosure/conflict of interest statement. Disclosures are noted in this preliminary program. An asterisk (\*) after the speaker's name indicates the faculty member/presenter reported they had no relevant financial relationships or affiliations to disclose. All potential conflict of interests are resolved prior to any presentation. The CSPS also requires presenters to disclose when off-label/unapproved uses of the product are discussed in a CME activity.

Please note that each presenter for the paper presentations is denoted by being listed first and in bold.

The CSPS Scientific Program Committee Members & their disclosures are as follows:

### CO-CHAIRS

Amanda Gosman, MD\*

Rahim Nazerali, MD

*Dr. Nazerali receives honoraria for his roles as Consultant & Advisor for Mentor Worldwide, MTF, & Telabio*

### MEMBERS

Scott Barttelbort, MD\*

James Chao, MD

*Dr. Chao receives honoraria for his role in the Speakers Bureau for Boston Scientific, WL Gore, and Ethicon*

Scott L. Hansen, MD

*Dr. Hansen receives honoraria for his role in the Speakers Bureau for Smith and Nephew*

Katharine Hinchcliff, MD\*

Susan Kaweski, MD\*

Gordon Lee, MD

*Dr. Lee receives a consulting fee for his role providing scientific consulting for Integra, Inc.*

Amber Leis, MD\*

Wai-Yee Li, MD, PhD\*

Audrey Nguyen, MD\*

Christine A. Pahl\*

Anne Warren Peled, MD

*Dr. Peled receives honoraria for her roles as Consultant/Speaker for Allergan, Invisi, & Medtronic. Her Spouse receives honoraria for his role as Consultant/Speaker for Axogen.*

Ahmed Suliman, MD\*

Erik Wolfswinkel, MD \*

Alex Wong, MD

*Dr. Wong receives a research grant from ACell, Inc.*

Michael S. Wong, MD\*

Karen Yokoo, MD

*Dr. Yokoo's husband is an ortho surgeon who has stock options in the Consortium of Focused Orthopaedists, LLC & is paid consultant for Wright Medical Technology, Inc.*

*The CSPS is accredited by the Institute of Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The CSPS takes responsibility for the content, quality and scientific integrity of this CME activity.*

*The CSPS designates this live activity for a maximum of 10.25 hours (general sessions) and a maximum of 7 hours (ACLS, instructional courses/Clinical Pearls Session) of AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. improved competence, performance, and patient outcomes in plastic surgery.*

## Scientific Program—Thursday & Friday

### THURSDAY, MAY 30

4:00 PM	COUNCIL MEETING
2:00 PM – 4:00 PM	REGISTRATION DESK

### FRIDAY, MAY 31

7:00 AM – 2:00 PM	REGISTRATION DESK
7:30 AM – 2:00 PM	EXHIBITS & CONTINENTAL BREAKFAST
8:00 AM – 1:00 PM	GENERAL SESSION
1:00 PM	LUNCH IN THE EXHIBIT HALL
1:00 PM	RESIDENCY PROGRAM DIRECTORS' LUNCH
2:00 PM – 6:00 PM	INSTRUCTIONAL COURSES
5:30 PM – 7:00 PM	WELCOMING RECEPTION IN THE EXHIBITS

#### OPENING CEREMONIES 8:00 AM – 8:15 AM

#### WELCOMING CEREMONIES & THE CSPS ADDRESSES CULTURAL & LINGUISTIC COMPETENCY ISSUES:

Michael S. Wong, MD*	<i>President, CSPS</i>
Scott W. Barttelbort, MD*	<i>President-Elect, CSPS</i>
Amanda Gosman, MD* & Rahim Nazerali, MD	<i>Co-Chairs, Scientific Program Committee</i>

(PLEASE SEE DR. NAZERALI'S DISCLOSURES ON PAGE 4)

#### SHORT CLINICAL PAPERS 8:15 AM – 9:15 AM

**MODERATORS: SCOTT W. BARTTELBORT\* & MICHAEL S. WONG, MD\***

#### 8:15 DETERMINING THE OPTIMAL TIME FOR MANDIBULAR DISTRACTION OSTEOGENESIS IN PIERRE ROBIN SEQUENCE PATIENTS

Ophelie Lavoie-Gagne, MS\*  
Chinwe Sonia Kpaduwa, MD  
Nisha Parmeshwar, MS  
Amanda Gosman, MD

#### 8:18 TRANS-FACIAL MINIMAL-DISSECTION EXTERNAL MANDIBULAR DISTRACTION OSTEOGENESIS: A NOVEL TECHNIQUE TO TREAT NEONATAL AIRWAY OBSTRUCTION FROM PIERRE ROBIN SEQUENCE

Jeremie Oliver, MD, MS\*  
Christopher M. Runyan, MD, PhD  
Dominic Massary, MD  
Lyfong Lor, BS  
Shayan Jahanpanah, BS  
Brian S. Pan, MD  
Christopher B. Gordon, MD  
Haithem Elhadi-Babiker, MD, DDS

#### 8:21 THE IMPACT OF CRANIOFACIAL CONDITIONS ON HEALTH-RELATED QUALITY OF LIFE FOR CHILDREN AND THEIR PARENTS

Austin Morgan, MD\*  
Burcin Ataseven, PhD  
Claudia Carrizosa, MD, MPH  
Hena Din, BS, MPH  
Annie Meier, BS  
Vanessa Malcarne, PhD  
Amanda Gosman, MD

#### 8:24 THE POTENTIAL OF ONLINE CROWD-SOURCING TO COMPARE AESTHETIC OUTCOMES OF UNILATERAL CLEFT LIP REPAIR TECHNIQUES

Ashraf Patel, BS\*  
Marissa Suchyta, BS  
Amea Azad, BS  
Rohit Khosla, MD  
Rahim Nazerali, MD, MHS

#### 8:27 SIMULTANEOUS MIDFACE ADVANCEMENT AND ORTHOGNATHIC SURGERY: A POWERFUL TECHNIQUE FOR MANAGING MIDFACE HYPOPLASIA AND MALOCCLUSION

Pedram Goel, BS\*  
Erik Wolfswinkel, MD  
Artur Fahradyan, MD  
Emma Vartanian, MD  
Ravi Garg, MD  
Madeleine S. Williams, BA  
Ibrahim Khansa, MD  
Jeffrey Hammoudeh, MD, DDS  
Mark Urata, MD, DDS

#### 8:30 GEOSPATIAL ANALYSIS OF MEDICAL REACH AND BARRIERS TO SURGICAL CLEFT CARE IN LOS ANGELES

Madeleine S. Williams, BA\*  
Naikhoba C.O. Munabi, MD  
Pedram Goel, BS  
Eric S. Nagengast, MD  
Jeffrey A. Hammoudeh, MD, DDS  
Mark M. Urata, MD, DDS  
William P. Magee, III, MD, DDS

#### 8:33 THE MIDFACE REVISITED: OUTCOMES OF INTRACRANIAL VERSUS SUBCRANIAL APPROACHES TO THE FRONTOFACIAL SKELETON

Naikhoba C.O. Munabi, MD  
Eric S. Nagengast, MD  
Artur Fahradyan, MD  
Daniel J. Gould, MD, PhD  
Pedram Goel, BS  
Madeleine S. Williams, BA  
Jeffrey A. Hammoudeh, MD, DDS  
Mark M. Urata, MD, DDS

#### 8:36 THE MONOBIOC DISTRACTION WITH FACIAL BIPARTITION: OUTCOMES OF SIMULTANEOUS MULTIDIMENSIONAL FACIAL MOVEMENT COMPARED TO DISTRACTION AND FACIAL BIPARTITION ALONE

Naikhoba C.O. Munabi, MD\*  
Eric S. Nagengast, MD  
Pedram Goel, BS  
Madeleine Williams, BS  
Artur Fahradyan, MD  
Mark M. Urata, MD, DDS

#### DISCUSSION

8:39 AM – 8:50 AM

Note: The presenter is the first person listed under the title of the abstract. An asterisk (\*) after their name indicates the faculty member/presenter reported they had no relevant financial relationships or affiliations to disclose.

CONTINUED ON PAGE 6

## Scientific Program-Friday

### SHORT CLINICAL PAPERS-Continued

**8:50** **OUTCOMES OF REVISION LABIAPLASTY AND CLITOROPLASTY AFTER GENDER-AFFIRMING GENITAL SURGERY**

Thomas Satterwhite, MD,\*  
Shane D. Morrison, MD  
Samuel Boas, BS  
Mona Ascha, MD  
Jonathan P. Massie, MD  
Ian T. Nolan  
Jacson K. Shen, BS

**8:53** **TIME TO SOFT-TISSUE COVERAGE IS NOT ASSOCIATED WITH CHRONIC OSTEOMYELITIS OR RETURN TO AMBULATION FOLLOWING GUSTILO IIIB OR IIIC OPEN TIBIA FRACTURE: A SINGLE INSTITUTIONAL REVIEW**

Matthew Zeiderman, MD\*  
Chad M. Bailey, MD  
Derek B. Asserson, BS  
Abishek K. Jairam, BS  
Christopher J. Little, BS, MS  
Lee L.Q. Pu, MD, PhD, FACS

**8:56** **SUSTAINED-RELEASE 9-CIS RETINOIC ACID PELLETS FOR THE PREVENTION OF POSTSURGICAL LYMPHEDEMA**

Alex K. Wong, MD  
*(DR. WONG RECEIVES A GRANT FOR HIS ROLE IN SPEADERS BUREAU FOR ACELL, INC. AND ALSO RECEIVES A RESEARCH GRANT FROM AXOGEN, INC.)*

Giulia Daneshgaran, BS  
Connie B. Paik, BS  
Michael N. Cooper, BA  
Wan Jiao, MD, PhD  
Young-Kwon Hong, PhD

**8:59** **SEBACEOUS NEVUS OF THE SCALP**

Pedram Goel, BS\*  
Erik M. Wolfswinkel, MD  
Artur Fahradyan, MD  
Michaela Tsuha, BS  
Michelle Hough, BS  
William Magee III, MD  
Jeffrey A. Hammoudeh, MD, DDS  
Mark M. Urata, MD, DDS  
Lori K. Howell, MD

**9:01** **FIBRONECTIN-DERIVED SMALL PEPTIDE PHSRN IMPROVES WOUND HEALING IN IRRADIATED SKIN**

Alex Wong, MD  
*(DR. WONG RECEIVES A GRANT FOR HIS ROLE IN SPEADERS BUREAU FOR ACELL, INC. AND ALSO RECEIVES A RESEARCH GRANT FROM AXOGEN, INC.)*

Michael Cooper, BA  
Phillip Khim, BS  
Giulia Daneshgaran, BS  
Roy Yu, BS  
Wan Jiao, MD, PhD  
Sun Young Park, MS

### DISCUSSION

**9:04 AM - 9:15 AM**

### PANEL

**9:15 AM - 10:15 AM**

#### BLEPHAROPLASTY

MODERATOR: Scott W. Barttelbort, MD\*  
PANELISTS: Richard P. Clark, MD \*  
Julio L. Garcia, MD\*  
Charles H. Thorne, MD, ASAPS President

*(DR. THORNE RECEIVES ROYALTIES FROM TEXTBOOK SALES AND IS A SHAREHOLDER WITH 3D BIO, INC. AND S.I.A., INC)*

*This panel will review eyelid/brow anatomy and integrate both surgical and non-surgical techniques to improve surgical outcomes in periorbital surgery. Management of complications will also be presented.*

*At the conclusion of this panel, participants will be able to: 1) Utilize improved understanding of lower eyelid/brow anatomy to improve safety of periorbital surgery; 2) Integrate surgical techniques to improve surgical outcomes; & 3) Apply non-surgical techniques to improve aesthetic outcomes in periorbital surgery*

### EXHIBITS & COFFEE BREAK 10:15 AM - 11:00 AM

NOTE: THE EXHIBITS WILL BE OPEN ON FRIDAY & SATURDAY ONLY

### SHORT CLINICAL PAPERS 11:00 AM - 11:45 AM

**11:00** **FEMALE REPRESENTATION IN PLASTIC SURGERY MEETINGS**

Meera Reghunathan, BS\*  
Nisha Parmeshwar, BS  
Amanda A. Gosman, MD  
Katerina M. Gallus, MD

**11:03** **COMPETENCY-BASED EDUCATION IN LOW-RESOURCE SETTINGS: ONE YEAR EXPERIENCE WITH A NOVEL SURGICAL TRAINING PROGRAM**

Meghan McCullough, MD\*  
Libby Durnwald, BS  
Armando Siu, MD  
Maimunat Alex-Adoemi, MD  
Alex Campbell, MD  
Jordan Swanson, MD  
William P. Magee III, MD, DDS

**11:06** **GLOBAL HEALTH MICROSURGERY TRAINING WITH CELL PHONES**

Suzanne Inchauste, MD\*  
Adeyemi Ogunleye, MD  
Rahim Nazerali, MD  
Gordon Lee, MD

**11:09** **TUMESCENT LIDOCAINE REDUCES POST-LIPOSUCTION PLATELET FUNCTION**

Jeffrey Klein, MD  
*(DR. KLEIN'S SPOUSE OWNS HK SURGICAL, INC.)*

### DISCUSSION

**11:12 AM - 11:22 AM**

**11:22** **POTENTIAL GLUTEAL IMPLANT ASSOCIATED ALCL: NO LONGER ONLY BREASTS**

Orr Shauly, BS\*  
Daniel J. Gould, MD, PhD  
Imran Siddiqi, MD  
Ketan M. Patel, MD  
Joseph Carey, MD

## Scientific Program - Friday

### 11:25 THE IMPACT OF POST-OPERATIVE PROPHYLACTIC ANTIBIOTICS IN IMMEDIATE 2-STAGE PREPECTORAL BREAST RECONSTRUCTION

Michael Holland, MD\*

Rachel Lentz, MD  
Clara Gomez- Sanchez, MD  
Jami Rothman, MD  
Jasmine Wong, MD  
Rita Mukhtar, MD  
Hani Sbitany, MD

### 11:28 POSTSURGICAL COMPLICATIONS ASSOCIATED WITH TISSUE-EXPANDER PLACEMENT INTO THE PREVIOUSLY IRRADIATED BREAST

Shanique Martin, BS\*

Lawrence Cai, MD  
Adeyemi Ogunleye MD  
Gordon Lee, MD  
Rahim Nazerali, MD, MHS

### 11:31 IMMEDIATE PREPECTORAL TISSUE EXPANDER RECONSTRUCTION AND THE UTILITY OF THE BRA SCORE AS A PREDICTOR OF EARLY POSTSURGICAL COMPLICATIONS

Shanique Martin, BS\*

Elizabeth Turner, PA-C  
Brian Thornton, MD, PhD  
Rahim Nazerali, MD MHS

### 11:34 EFFECT OF SURGICAL COMPLICATIONS ON HEALTH-RELATED QUALITY OF LIFE OUTCOMES IN ADOLESCENTS AND YOUNG WOMEN FOLLOWING REDUCTION MAMMAPLASTY

Joseph Firriolo, MD\*

Laura C. Nuzzi, BA  
Carolyn M. Pike, MPH  
Catherine McNamara, BA  
Brian I. Labow, MD

### 11:37 A REVIEW OF GENDER AFFIRMING CHEST SURGERY IN NON-BINARY PATIENTS

Winnie Tong, MD\*

Karen M. Yokoo, MD  
Susanne E. Watson, PhD  
Terri Hupfer, RN  
Lisette R. Lahana, LCSW  
Jennifer Slovis, MD  
Carlo Hojilla, PhD  
Roderick Simonds, MD  
Ali Salim, MD

DISCUSSION

11:40 AM - 11:45 AM



### PANEL

#### THE BUSINESS OF PLASTIC SURGERY

MODERATOR: Gordon K. Lee, MD

(PLEASE SEE DOCTORS LEE'S DISCLOSURE ON PAGE 4)

PANELISTS:

Richard Baynosa, MD

(DR. BAYNOSA RECEIVES AN HONORIA FOR HIS ROLE AS CONSULTANT FROM ALLERGAN)

Heather J. Furnas, MD

(DR. FURNAS RECEIVES STOCKS & ROYALTY FOR HER ROLE AS ADVISORY BOARD MEMBER, INVESTOR FOR VIEVE, HINTHD, & BRUITCO)

Joshua Korman, MD

(DR. KORMAN RECEIVES A ROYALTY FOR HIS ROLE AS EDITOR FOR THE "BUSINESS OF PLASTIC SURGERY" BOOK)

This panel will cover the physicians are trained to care of patients and in plastic surgery to perform procedures. However, in actual practice it is important to understand the Business of Plastic Surgery as it relates to running a private practice, group and academic Plastic Surgery Practice.

At the conclusion of this panel, Participants will be able to: 1) Utilize current practice models to describe how plastic surgeons can reduce overhead costs and expenses; 2) Describe how plastic surgeons in different practice settings can maximize revenue and reimbursement from self-pay vs. insurance vs. hospital-based practice; and 3) Explain how the business of plastic surgery is the same or different when looking at private practice vs. academics.

### CSPS LUNCH IN EXHIBIT HALL

1:15 PM

### RESIDENCY PROGRAM DIRECTORS' LUNCH 1:15 PM

### INSTRUCTIONAL COURSES

#### 1) 2:15 PM - PRIVATE WALKING TOUR TO THE SACRAMENTO CAPITOL (NON-CME COURSE - SPACE IS LIMITED)

#### 2) 2:15 PM - 6:15 PM - ACLS/CPR TRAINING

ACLS TRAINING COURSE (PLEASE SEE PAGE 14 FOR THE ACLS COURSE INFORMATION & REG FORM)

#### A) 3:30 PM - 4:30 PM SOCIAL MEDIA IN YOUR PRACTICE: BOOM OR BUST? (NON-CME COURSE - SPACE IS LIMITED)

DR. JONATHAN KAPLAN, MD, MPH

(DR. KAPLAN IS THE OWNER OF BUILDMYBOD HEALTH IN WHICH HE HAS EQUITY INTEREST.)

THE NEWEST PLASTIC SURGEON RIGHT OUT OF TRAINING CAN GET BUSIER, FASTER SIMPLY BY BEING SOCIAL MEDIA SAVVY. THAT MEANS TO STAY COMPETITIVE IN A NEW OR MATURE PRACTICE, WE ALL NEED A BASIC UNDERSTANDING OF THE POWER OF SOCIAL MEDIA. DR. KAPLAN, AKA @REALDRBAE ON SNAPCHAT AND INSTAGRAM, WILL GIVE A THOROUGH OVERVIEW OF THE SOCIAL MEDIA PLATFORMS THAT ARE TRANSFORMING PLASTIC SURGERY PRACTICES ACROSS THE COUNTRY. YOU DON'T NEED TO HAVE A TON OF FOLLOWERS TO BE SUCCESSFUL. YOU DON'T NEED THAT X FACTOR. ANYONE CAN DO THIS. BUT YOU SHOULD TRY TO BE THE BEST YOU CAN BE.

BY ATTENDING THIS COURSE, YOU WILL: 1) GAIN A BASIC UNDERSTANDING AND THE DIFFERENCES BETWEEN SNAPCHAT, INSTAGRAM, INSTAGRAM STORIES, INSTAGRAM TV AND FACEBOOK LIVE; 2) RECEIVE IDEAS FOR CLEVER CONTENT TO BE USED ON SOCIAL MEDIA; 3) BECOME FAMILIAR WITH VARIOUS ENGAGEMENT TOOLS ON INSTAGRAM; 4) LEARN HOW TO CREATE CONTENT ONCE AND THEN REPURPOSE ON ALL PLATFORMS; AND 5) MONETIZE YOUR LEADS BY CAPTURING THE CONTACT INFORMATION OF YOUR FOLLOWERS

### EXHIBITS &

WELCOMING RECEPTION 5:30 PM - 7:00 PM

## Scientific Program - Saturday

### SATURDAY, JUNE 1

7:00 AM – 2:00 PM	REGISTRATION
7:30 AM – 2:00 PM	EXHIBITS
8:00 AM – 1:00 PM	GENERAL SESSION
1:00 PM	LUNCH WITH THE EXHIBITORS
1:00 PM	CSPSERF LUNCH & MEETING
2:00 PM – 4:00 PM	INSTRUCTIONAL COURSES
4:15 PM – 6:30 PM	PEARLS/RESEARCH/CLINICAL PAPER PRESENTATIONS
7:00 PM	PRESIDENT'S DINNER RECEPTION & AWARDS CEREMONY

### CLINICAL PAPERS 8:00 AM – 9:50 AM

- 8:00** *PANNICULECTOMY IN PREPARATION FOR RENAL TRANSPLANT CANDIDATES: A 10-YEAR EXPERIENCE (RESIDENT COMPETITION PAPER - UC DAVIS)*  
Yunfeng Xue, MD\*  
Ping Song, MD  
Pope Rodnoi, BS  
Jennifer H. Kuo, MD  
Christoph Troppmann, MD  
Chad Bailey, MD  
Michael S. Wong, MD
- 8:04** *GRACILIS MUSCLE FLAP TRANSPOSITION FOR ANAL SPHINCTER-SPARING REPAIR OF RECALCITRANT LOW RECTOVAGINAL FISTULA (RESIDENT COMPETITION PAPER - UCSD)*  
Adam Hauch, MD\*  
Sonia Ramamoorthy, MD  
Matthew Zelhart, MD  
Marek Dobke, MD, PhD
- 8:08** *THE VERSATILE FREE MEDIAL SURAL ARTERY PERFORATOR (MSAP) FLAP: AN INSTITUTIONAL EXPERIENCE FOR RECONSTRUCTION FROM HEAD TO TOE (RESIDENT COMPETITION PAPER - STANFORD)*  
Gloria Sue, MD\*  
Ming-Huei Cheng, MD
- 8:12** *COST UTILITY ANALYSIS OF STAGED VERSUS NON-STAGED CLEFT LIP AND PALATE REPAIR (RESIDENT COMPETITION PAPER - LLU)*  
Stephanie Holzmer, MD\*  
Armando Davila, MD  
Mark C. Martin, MD, DMD
- 8:16** *EARLY CLEFT REPAIR VS NAM: COMPARING PRE-OPERATIVE SEVERITY AND POST-OPERATIVE RESULTS UTILIZING A COMPUTER ENGINEERED AI SYSTEM (RESIDENT COMPETITION PAPER - USC)*  
Erik Wolfswinkel, MD\*  
Pedram Goel, BS  
Artur Fahradyan, MD  
William Magee III, MD, DDS  
Mark M. Urata, MD, DDS  
Jeffrey A. Hammoudeh, MD, DDS

### 8:20 *LIPOSOMAL BUPIVACAINE FOR POSTOPERATIVE PAIN CONTROL IN DONOR SITE ILIAC CREST BONE HARVEST FOR ALVEOLAR BONE GRAFTING*

Ronak Patel, BS\*  
Eric M. Jablonka, MD  
Mimi R. Borrelli, MBBS, MSc  
Rohit K. Khosla, MD  
H. Peter Lorenz, MD  
Arash Momeni, MD  
Derrick C. Wan MD

### 8:24 *THERAPEUTIC BENEFITS OF SENTINEL LYMPH NODE BIOPSY IN PERINEAL MELANOMA: A POPULATION-BASED ANALYSIS*

Ronak Patel, BS\*  
Mimi R. Borrelli, MBBS, MSc  
Priyanka D. Patel, BS  
Derrick C. Wan, MD

### DISCUSSION 8:28 AM - - 8:40 AM

### 8:40 *IMPLEMENTATION OF A TEAM-BASED MULTI-MODAL OPIOID REDUCTION STRATEGY FOR THE PEDIATRIC PLASTIC SURGERY POPULATION*

Sun Hsieh, MD\*  
Sarah Crowley, MD  
Amanda Gosman, MD  
Samuel Lance, MD

### 8:44 *APPLIED DEEP LEARNING IN PLASTIC SURGERY: CLASSIFYING RHINOPLASTY WITH A MOBILE APP (RESIDENT COMPETITION PAPER - UCI)*

Emily Borsting, MD\*  
Robert DeSimone, BSc  
Mustafa Ascha, MS  
Mona Ascha, MD

### 8:48 *THE ANTI-FIBROTIC ROLE OF CD74+ ASCs IN GRAFTED FAT IN THE IRRADIATED AND NON-IRRADIATED SETTING*

Mimi R. Borrelli, MBBS, MSc\*  
Ronak A. Patel, BA  
Jan Sokol  
Dung Nguyen, MD  
Arash Momeni, MD  
Michael T. Longaker, MD, MA  
Derrick C. Wan, MD

### 9:02 *BREAST RESPONSE TO ESTROGENIC STIMULATION IN TRANSGENDER WOMEN (BREST) SCALE: A NOVEL CLASSIFICATION SYSTEM*

Andre Alcon, MD\*  
Hunter Oliver-Allen, MD  
Eric Wang, MD  
Adrienne Kennedy, BA  
Esther Kim, MD



## Scientific Program - Saturday

**9:06 EVALUATING LONG-TERM PATIENT-REPORTED QUALITY OF LIFE AFTER MASCULINIZING MASTECTOMY USING THE GENDER-Q; A NOVEL QUALITY OF LIFE INSTRUMENT FOR GENDER-AFFIRMING SURGERY**

**(RESIDENT COMPETITION PAPER - UCSF)**

Andre Alcon, MD\*  
Merisa Piper, MD  
Kelsey Loeliger, PhD  
Eric Wang, MD  
Natnaelle Admassu, BA  
Rachel Lentz, MD  
Esther Kim, MD

**DISCUSSION 9:10 AM - 9:50 AM**

**9:20 GERIATRICS CARRY INCREASED RISK FOR DVT AND PE IN REDUCTION MAMMAPLASTY: AN ANALYSIS OF 1897 GERIATRIC PATIENTS AMONG 25909 PATIENTS FROM 2005-2017 NSQIP DATABASES**

Dattesh Davé, MD, MSc\*  
Sola Fasusi, MD  
Michael S. Wong, MD, FACS  
David E. Sahar, MD, FACS

**9:24 TIMING REDUCTION MAMMAPLASTY IN THE ADOLESCENT PATIENT**

Joseph Firriolo, MD\*  
Laura C. Nuzzi, BA  
Tannishtha Pramanick  
Catherine McNamara, BA  
Brian I. Labow, MD

**9:28 SMOOTH VERSUS TEXTURED TISSUE EXPANDERS IN BREAST RECONSTRUCTION REDUCED EARLY POST-OPERATIVE COMPLICATIONS**

Ruth Tevlin, MD\*  
Mimi R. Borrelli, MBBS, MSc  
Ame D. Azad, BA  
Victoria Posternak, MS, RN, AOCNS  
Dung Nguyen, Pharm.D, MD  
Rahim S. Nazerali, MD

**9:32 SAFETY AND EFFICACY OF FAT GRAFTING DURING SECOND STAGE BREAST RECONSTRUCTION**

Ashraf Patel, BS\*  
Dr. Lawrence Z. Cai, MD  
Gordon K. Lee, MD  
Rahim S. Nazerali, MD

**9:36 NERVE PRESERVATION AND GRAFTING FOR SENSORY INNERVATION FOLLOWING IMMEDIATE IMPLANT BREAST RECONSTRUCTION**

Ziv M. Peled, MD  
*(DR. PELED RECEIVES SPEAKING FEES FOR HIS ROLE AS AN OCCASIONAL SPEAKER/CONSULTANT FOR AXOGEN)*  
Anne Warren Peled, MD

**DISCUSSION 9:40 AM - 9:50 AM**

**BRODY FAMILY LECTURESHIP 9:50 AM - 10:10 AM**  
*The Garry Brody, MD Family Lectureship*

**TOPIC: DEVELOPING CONSISTENCY IN PLASTIC SURGERY - THE RHINOPLASTY MODEL**

Rod H. Rohrich, MD

*(DR. ROHRICH RECEIVES HONORARIA & RESEARCH SUPPORT FROM ALLERGAN, GALDERMA, MTF BIOLOGICS & MERZ [TRAVEL ONLY] FOR HIS ROLE AS CLINICAL RESEARCH EXPERT INVESTIGATOR; ROYALTIES FROM THIEME PUBLISHING & ERJEN SURGICAL FOR HIS ROLE AS AUTHOR & INSTRUMENT DEVELOPER (RESPECTIVELY); & MEDICAL SEMINARS OF TEXAS, LLC FOR HIS ROLE AS OWNER).*

This presentation will cover the key in Plastic Surgery specifically in relation to rhinoplasty to obtain a consistent good result that provides a positive patient outcome including patient safety. Processes oriented methods will be discussed to assist in developing a method to achieve the above mentioned.

At the conclusion of this presentation, participants will be able to:

- 1) Assess current patient safety issues and outcomes development processes in their offices and apply new concepts;
- 2) Evaluate specific processes used showing consistent and successful positive outcomes in Plastic Surgery & Rhinoplasty; &
- 3) Apply information to avoid problems and employ complication prevention techniques.

**EXHIBITS & COFFEE BREAK 10:10 AM - 10:30 AM**

**PANEL 10:30 AM - 11:30 AM**

**TOPIC: RESIDENT BOWL**

MODERATORS: Scott L. Hansen, MD & Alex K. Wong, MD

*(PLEASE SEE DRs. HANSEN AND WONG'S DISCLOSURES ON PAGE 4)*

This session will review recent service exam questions and review highlights from recent peer-reviewed journal articles.

At the conclusion of this session, participants will be able to: 1) Apply anatomy to solve complex reconstructive surgery cases; 2) Integrate peer-reviewed literature to choose best practices for hand, cosmetic, craniofacial and general plastic surgery cases; & 3) Utilize new data to improve outcomes in hand, cosmetic, craniofacial and in general plastic surgery cases.

**EXHIBITS & COFFEE BREAK 11:30 AM - 11:45 AM**



## Scientific Program - Saturday

### PANEL

11:45 AM – 12:30 PM

#### TOPIC: BUTTOCK AESTHETICS & SAFETY: KEY CONCEPTS

MODERATOR: Ashkan Ghavami, MD\*

PANELIST: Rod J. Rohrich, MD (PLEASE SEE DR. ROHRICH'S DISCLOSURE ON PAGE 9)

This panel will review the current evidence about how to provide safe and effective patients centered care to patients seek aesthetic improvement of the buttocks. Management of complications will also be presented.

At the conclusion of this panel, participants will be able to: 1) Utilize evidence based guidelines for safety for buttock fat grafting; 2) Apply the latest concepts and techniques for effective buttock grafting; & 3) Integrate and implement strategies for complication avoidance and management after buttock fat grafting.

### ANNUAL BUSINESS MEETING 12:30 PM - 1:00 PM

CSPS LUNCH IN THE EXHIBIT HALL 1:00 PM

CSPSERF LUNCH 1:15 PM

### INSTRUCTIONAL COURSE

#### 3) 2:15 PM – 4:15 PM RHINOPLASTY

Rod J. Rohrich, MD

(PLEASE SEE DR. ROHRICH'S DISCLOSURE ON PAGE 9)

This course will provide participants with the specific techniques to transform and improve you results when performing both primary and revision rhinoplasties. Management of complications will also be presented.

At the conclusion of this course , participants will be able to: 1) Analyze a nose and face for rhinoplasty; 2) Apply the best techniques to provide optimal results in rhinoplasty; & 3) Examine and review complication avoidance tips.

(Attention Residents, Fellows & Medical Students - you may sign up for this course at No Charge - space is limited)

### PEARLS/PEANUTS/CLINICAL PAPERS

4:15 PM - 6:30 PM (3 MINUTE PAPERS)

MODERATORS: GORDON K. LEE, MD & RAHIM S. NAZERALI, MD

(PLEASE SEE DRs. LEE & NAZERALI'S DISCLOSURES ON PAGE 4)

#### BREAST SURGERY PAPERS

- 1) PROSTHETIC BREAST RECONSTRUCTION OUTCOMES IN HODGKIN'S LYMPHOMA SURVIVORS**  
Jacquelyn Withers, MS\*, Abdl-Rawf Al-Nowaylati, MD, & Hani Sbitany, MD
- 2) USE OF CRISALIX SURFACE IMAGING IN BREAST VOLUME ESTIMATION**  
Jonathan Tijerina, BS\*, Jeffrey Kwong, BS, Sara Choi, BA, Anna Luan, MD, MS, Carol Feng, BS, Dung Nguyen, MD, Pharm D, Gordon Lee, MD & Rahim Nazerali, MD, MHS
- 3) ACELLULAR DERMAL MATRIX REDUCES MYOFIBROBLAST PRESENCE IN THE BREAST CAPSULE**  
Ruth Tevlin, MD\*, Mimi R. Borrelli, MBBS, MSc, Dre Irizarry, MD, Dung Nguyen, MD, Pharm D, Derrick C. Wan, MD & Arash Momeni, MD

- 4) BREAST RECONSTRUCTION DOES NOT INCREASE THE INCIDENCE OF POST-MASTECTOMY PAIN SYNDROME: RESULTS OF A META-ANALYSIS**  
Meera Reghunathan, BS\*, Paymon Rahgozar, MD, Hani Sbitany, MD & Dhivya R. Srinivasa, MD

- 5) COMPARING PREPECTORAL VERSUS SUBPECTORAL TISSUE EXPANDER PLACEMENT OUTCOMES IN DELAYED-IMMEDIATE AUTOLOGOUS BREAST RECONSTRUCTION**  
Ashraf Patel, BS\*, Lawrence Z. Cai, MD, Shawn Moshrefi, MD, Ian C. Sando, MD, Gordon K. Lee, MD & Rahim S. Nazerali, MD

#### DISCUSSION

- 6) COMPARISON OF PREOPERATIVE NERVE BLOCKS TO PECTORAL NERVE BLOCK CATHETERS FOR BREAST RECONSTRUCTION: A PROSPECTIVE RANDOMIZED TRIAL**  
Jennifer Olson, MD\*, Katharine Hinchcliff, MD, Catherine Ho, BA, Edward King, BA & Michael S. Wong, MD, FACS

- 7) SINGLE-STAGE GOLDBLOCKS PROCEDURE COMBINED WITH PROSTHESIS: POST-MASTECTOMY BREAST RECONSTRUCTION FOR SEVERE PTOSIS AND HIGH BMI: A REVIEW OF 41 CASES**  
Brianna Mitchell, MD\*, James S. Andersen, MD, FACS & Wai-Yee Li, MD, PhD

- 8) IDENTIFYING PATIENT RISK FACTORS IN PREPECTORAL BREAST RECONSTRUCTION**  
Michael Holland, MD\*, Rachel Lentz, MD, Clara Gomez-Sanchez, MD, William Hoffman, MD & Hani Sbitany, MD

- 9) MANY PATIENTS EXPECT DIEP DONOR SITE HARVEST TO BE EQUIVALENT TO ABDOMINOPLASTY: AN ONLINE DISCUSSION FORUM ANALYSIS ON PATIENT EXPECTATIONS**  
Ryan McKee, BS\*, Meera Reghunathan BS, Hani Sbitany MD, Arash Momeni MD, Ahmed Suliman MD & Dhivya R. Srinivasa MD

- 10) SURGICAL TREATMENT OF BREAST ASYMMETRY IMPROVES QUALITY OF LIFE IN ADOLESCENTS AND YOUNG WOMEN**  
Joseph Firriolo, MD\*, Laura C. Nuzzi, BA, Carolyn M. Pike, MPH, Catherine McNamara, BA & Brian I. Labow, MD

#### DISCUSSION

#### HAND & ARM

- 11) PREDICTORS OF HAND FUNCTION FOLLOWING DIGIT REPLANTATION: QUANTITATIVE REVIEW AND META-ANALYSIS**  
Ashkaun Shaterian, MD\*, Lohrasb Ross Sayadi, MD, Ekaterina Tiourin, BS, Daniel Gardner, MD, Gregory R.D. Evans, MD & Amber Leis, MD

- 12) HAND SURGERY REFERRAL PATTERNS AMONG PRIMARY CARE PHYSICIANS IN SOUTHEASTERN UNITED STATES**  
Steven Hermiz, MD\*, Jain Abhishek, BS, Fernando A. Herrera, MD, & Ahmed Suliman, MD

- 13) HETEROTOPIC OSSIFICATION AFTER LOCAL STEROID INJECTION: A CASE REPORT**  
Jiwon S. Crowley, MD\*, Sean Li, MD, Suellen S. Li, BA & Reid A. Abrams, MD

- 14) A NON PALMAR RETROGRADE APPROACH TO ENDOSCOPIC TRIGGER FINGER RELEASE: A CADAVER STUDY**  
Ashley M. Brown, MD\*, Ryan J. DellaMaggiora, MD, Eugene Y. Tsai, MD & David A. Kulber, MD

- 15) AN ABNORMAL CLINICAL ALLEN'S TEST IS NOT A CONTRAINDICATION FOR RADIAL FOREARM FLAP: A CASE SERIES**  
Travis Miller, MD\*, Bauback Safa, MD, MBA, Andrew J. Watt, MD, Mang L. Chen, MD & Walter C. Lin, MD

- 16) INDICATIONS, COMPLICATIONS AND LONG-TERM OUTCOMES FOR FREE VASCULARIZED FIBULA GRAFTS IN THE PEDIATRIC POPULATION: A 16 YEAR EXPERIENCE**  
Meghan McCullough, MD, MS\*, Alexandre Arkader, MD, Rojine Ariani, MS, Nina Lightdale-Miric, MD, Vernon Tolo, MD & Milan Stevanovic, MD

#### DISCUSSION

## Scientific Program - Saturday

### AESTHETIC

- 17) WHAT SHOULD THE AESTHETIC SURGEON WEAR IN CLINIC? A PATIENT SURVEY**  
**Michael Mirmanesh, MD\***, Flynn Kaida-Yip, BS, Ping Song, MD, Debra Johnson, MD & Granger Wong, MD
- 18) PATTERNS OF FIXATION ON FACIAL FEATURES – AN EYE-TRACKING STUDY OF COSMETIC SURGERY PATIENTS**  
**Dylan Peterson, BA\***, Aikaterina Gkorila, BA, & Rahim Nazerali, MD, MHS
- 19) GREATER OCCIPITAL NERVE BLOCK FOR THE TREATMENT OF CHRONIC MIGRAINE HEADACHES: A SYSTEMATIC REVIEW AND META-ANALYSIS**  
**Orr Shauly, BS\***, Daniel J. Gould, MD, PhD & Ketan M. Patel, MD

### GENDER REASSIGNMENT

- 20) ESTABLISHING TRANSGENDER SURGICAL CARE FOR AN UNDERSERVED POPULATION: A 5 YEAR REVIEW OF THE SAN FRANCISCO GENERAL HOSPITAL EXPERIENCE**  
**Laura Barnes, MD\***, Dhivya Srinivasa MD, Seth Pardo, PhD, Barry Zevin, MD, Julie Graham, MFT, Jason Pomerantz, MD, Esther Kim, MD & Michael Terry MD
- 21) REDUCTION OF NIPPLE AREOLA COMPLEX GRAFTS WITH TOP SURGERY AMONG TRANSMASCULINE PATIENTS: DESCRIPTION OF TECHNIQUE AND OUTCOME**  
**Winnie Tong, MD\*** & Karen Yokoo, MD
- 22) THE IDEAL MALE NIPPLE-AREOLA COMPLEX: A CRITICAL REVIEW OF THE LITERATURE AND DISCUSSION OF SURGICAL TECHNIQUES FOR FEMALE TO MALE GENDER-CONFIRMING SURGERY**  
**Marissa Maas, BS\***, Anna C. Howell, MD, Daniel Joseph Gould, MD, PhD, Edward C. Ray, MD & Ketan M. Patel, MD

### DISCUSSION

#### RECONSTRUCTION & CLINICAL PAPERS

- 23) TEMPORAL FAT GRAFTING IN CHILDREN WITH CRANIOFACIAL ANOMALIES**  
**Artur Fahradyan, MD\***, Pedram Goel, BS, Madeleine Williams, BS, Daniel Gould, MD, PhD & Mark M. Urata, MD
- 24) INTRACRANIAL AND VENTRICULAR VOLUME INDICES FOLLOWING CRANIAL VAULT REMODELING IN PATIENTS WITH SHUNT-INDUCED CRANIOSYNOSTOSIS**  
**Brendan J. Cronin, BA\***, Ryan M. McKee, BS, Greta L. Davis, BS, Michael Brandel, BS & Amanda A. Gosman, MD
- 25) SURGICAL CORRECTION OF ORBITAL MALPOSITION: INDICATIONS FOR THE USE OF THE BOX OSTEOTOMY AND FACIAL BIPARTITION**  
**Eric S. Nagengast, MD\***, Naikhoba C.O. Munabi, MD, Artur Fahradyan, MD, Daniel J. Gould, MD, Pedram Goel, BS, Madeleine S. Williams, BA, Jeffrey A. Hammoudeh, MD, DDS & Mark M. Urata, MD, DDS
- 26) UTILITY OF THE DESCENDING BRANCH OF THE LATERAL CIRCUMFLEX FEMORAL ARTERY AS A CONDUIT FOR EXTRACRANIAL-TO-INTRACRANIAL BYPASS**  
**Erik Wolfswinkel, MD\***, Mark Landau, PhD, Kristine Ravina, MD, Ben A. Strickland, MD, Robert C. Rennert, MD, Jonathan J. Russin, MD & Joseph N. Carey, MD
- 27) CYANOACRYLATE GLUE FOR SHEET GRAFT FIXATION IN PATIENTS WITH BURN INJURIES**  
**John Larson, MD\***, Christopher H. Pham, MD, Zachary J. Collier, MD, Sebastian Q. Vrouwe, MD, Haig A. Yenikomshian, MD & Justin Gillenwater, MD
- 28) MICRO/NANOBUBBLES: A NOVEL MODALITY FOR BURN OXYGENATION AND HEALING**  
**Lohrasb Sayadi, MD\***, Rebecca Rowland, BS, Adrien Ponticorvo, PhD, Gregory Evans, MD, Bernard Choi, PhD, Anthony J. Durkin, PhD & Alan D. Widgerow, MD

- 29) NOVEL STRATEGIES TO COMBAT SURGICAL SITE INFECTION USING MICRONUTRIENTS**  
**Tyler Frew, MD\***, Esther Choi, BS, Darnell Gordon, BS, Charles DeGuzman, BS, Rachael Newhall & Subhas Gupta, MD, PhD, FRCSC, FACS

- 30) 9-cisRA REDUCES POSTSURGICAL LYMPHEDEMA THROUGH RXRA SIGNALING PATHWAY**  
**Cynthia Sung, BS\***, Wan Jiao, MD, PhD, Sun Young Park, MS, Michael Cooper, BS, Eunson Jung, MS, Young Kwon Hong, PhD & Alex K. Wong, MD

### DISCUSSION

## PRESIDENT'S DINNER RECEPTION & AWARDS CEREMONY

7:00 PM – 9:30 PM



## Scientific Program - Sunday

### SUNDAY, JUNE 2

8:45 AM – 9:00 AM REGISTRATION/CONTINENTAL BREAKFAST  
 9:00 AM – 12:00 PM GENERAL SESSION  
 12:15 PM CSPS NEW COUNCIL MEETING

#### PANEL

9:00 AM – 10:30 AM

#### CELLULAR REJUVENATION THERAPY - STEM CELL PRP

MODERATOR: Robert Singer, MD

*(DR. SINGER IS THE CO-CHAIR OF THE EDITORIAL ADVISORY BOARD: NEWBEAUTY, SANDOW MEDIA CORP., HE HOLDS A SMALL EQUITY POSITION AND RECEIVES A STIPEND, HE RECEIVES STOCK OPTIONS AS A MEDICAL BOARD MEMBER FOR EMPOWHER, HE RECEIVES STOCK OPTIONS AND STIPEND FOR SENTI, AND RECEIVES STOCK OPTIONS FOR HIS ROLE AS EXECUTIVE ADVISOR WITH ANZU.*

PANELISTS: Joel A. Aronowitz, MD\*  
 Julio L. Garcia, MD\*  
 Gordon H. Sasaki, MD

*(DR. SASAKI RECEIVES UNRESTRICTED RESEARCH GRANT/DISPOSABLE IN HIS ROLE AS CONSULTANT FOR THE FOLLOWING: HARVEST-TERUMO BCT, ULTHERA-MERZ, LIGHTSTIM, BIOTIME, MEDICAL TECH., JEISYS, INC., ECLIPSE AESTHETICS, BELLUS MEDICAL, LIPCUBE LTD., AND LIFELINE SKIN CARE CORP. HE RECEIVES HONORARIA IN HIS ROLE OF CONSULTANT FOR FOLLIKA. HE ALSO RECEIVES UNRESTRICTED RESEARCH GRANT/DISPOSABLE IN HIS ROLE OF INVESTIGATOR FOR THE FOLLOWING: ENVIRON, REVIVOGEN, FRAXEL SOLTA MEDICAL, AND LIPOGEMS. DR. SASAKI RECEIVES HONORARIA FOR SERVING ON AN ADVISORY BOARD FOR FOLLIKA, INC. AND ECLIPSE SCIENTIFIC ADVISORY BOARD. HE ALSO SERVES ON AN ADVISORY BOARD (NO COMPENSATION) FOR THE FOLLOWING: BOARD OF REGENTS AESTHETIC STEM CELL SOCIETY, LIGHTSTIM, AESTHETIC GUIDE ADVISORY BOARD, BELLUS ADVISORY BOARD, AND LIPOCUBE ADVISORY BOARD.*

This panel will give an update on the FDA Guidelines with current valid scientific data and clinical results. Management of complications will also be presented.

At the conclusion of this panel, participants will be able to: 1) Apply the legal compliance contained in the FDA Guidelines; 2) Utilize the best methods in performing these procedures; & 3) Evaluate what is, and what is not proven, about the benefits and potential complications of cellular rejuvenation.

#### COFFEE BREAK

10:30 AM – 10:45 AM



#### PANEL

10:45 AM – 12:00 PM

#### BREAST IMPLANTS - WHERE ARE WE NOW?

MODERATOR: Wai-Yee Li, MD, PhD\*

PANELISTS: Lynn L.C. Jeffers, MD\*

Mary H. McGrath, MD\*

Steven A. Teitelbaum, MD\*

This panel will cover recent updates related to breast implant and surgical meshes, recent FDA hearings related to patient centered care in those receiving breast implant reconstruction, specially concerns with the textured breast implants.

At the conclusion of this panel, participants will be able to: 1) Integrate into practice on how to counsel patients on textured breast implants – for future patients and those patients who have textured implants; 2) Apply on how to when and screen for silent silicone implant rupture – the new FDA recommendations; and 3) Register and participate in the development and implementation of the clinical trials and national breast registries.

#### NEW COUNCIL MEETING

12:15 PM



# ANNUAL MEETING ONSITE REGISTRATION

## CSPS 69<sup>TH</sup> ANNUAL MEETING MAY 30 - JUNE 2, 2019 SHERATON GRAND HOTEL & SACRAMENTO CONVENTION CENTER

LAST NAME (please print) \_\_\_\_\_ FIRST NAME \_\_\_\_\_ INITIAL \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 TELEPHONE ( \_\_\_\_\_ ) \_\_\_\_\_ FAX ( \_\_\_\_\_ ) \_\_\_\_\_  
 E-MAIL \_\_\_\_\_ *Note: By providing us with your fax and/or e-mail, the CSPS may then contact you via these methods.*

If spouse/significant other is registering, please list name as you wish it to appear on the name badge: \_\_\_\_\_  
 If you have a disability and may require special arrangements, please contact the CSPS at (510) 243-1662

### CATEGORY OF REGISTRATION

Registration Fee Includes Scientific Sessions, Exhibits, Opening Reception & President's Dinner & Awards Ceremony

	<u>Category</u>	<u>Fee Due</u>	
CSPS MEMBER	<input type="checkbox"/>	\$ 500.00	\$ _____
MD GUEST	<input type="checkbox"/> Invited by: _____	\$ 1,570.00	\$ _____
APPLICANT/CANDIDATE (1st year only)	<input type="checkbox"/>	\$ 75.00	\$ _____
APPLICANT/CANDIDATE (2nd & 3rd years)	<input type="checkbox"/>	\$ 625.00	\$ _____
PLASTIC SURGERY RESIDENT/FELLOW/MEDICAL STUDENT	<input type="checkbox"/> (Must have letter from program chair attached)	\$ No Charge	\$ _____

Registration Fee Includes Scientific Sessions, Exhibits, Opening Reception & President's Dinner & Awards

	<input type="checkbox"/>	<u>Fee Due</u>	
SPOUSE or SIGNIFICANT OTHER	<input type="checkbox"/>	\$ 160.00	\$ _____
CSPS LIFE MEMBER	<input type="checkbox"/> (Social events only, Scientific Sessions no charge)	\$ 160.00	\$ _____
RN/PA/ASSISTANT (no charge for exhibits only)	<input type="checkbox"/>	\$ 295.00	\$ _____
Name _____ Title _____ (Must attach letter from your employer, who must be a CSPS member)	<input type="checkbox"/>	\$ No Charge for Exhibits Only	\$ _____

### OPTIONAL COURSES & EVENTS

<b>▲ Friday, May 31st</b>			
<input type="checkbox"/> CSPS Tour of the Sacramento Capitol #1 - 2:00 pm (space is limited)		\$ No Charge	\$ _____
<input type="checkbox"/> Instructional Course #2 - 2:15 pm - **ACLS/CPR - Please use the separate registration form on page 14 for the ACLS/CPR Courses			
<input type="checkbox"/> Instructional Course #A - 3:30 pm <i>Social Media- Jonathan Kaplan, MD. MPH</i>		\$45.00	\$ _____
<b>▲ Saturday, June 1st</b>			
<input type="checkbox"/> CSPSERF Lunch - 1:15 pm <i>No Charge for Charter Members &amp; Donors - check only if this applies to you (see page 15 j for list)</i>	<input type="checkbox"/>	\$ 50.00 Non-Member	\$ _____
<input type="checkbox"/> Instructional Course #3 - 2:15 pm <i>Rhinoplasty - Rod J. Rohrich, MD</i>		\$ 90.00	\$ _____

### SOCIAL EVENTS

- Friday - May 31 - EXHIBITS & OPENING RECEPTION**      HOW MANY ATTENDING \_\_\_\_\_ or  None
- Saturday - June 1 - PRESIDENT'S DINNER RECEPTION & AWARDS CEREMONY**      HOW MANY ATTENDING \_\_\_\_\_ or  None

### FEES & METHOD OF PAYMENT

**TOTAL AMOUNT ENCLOSED** \$ \_\_\_\_\_

My check is enclosed  or please charge my registration fees to the following credit card:  Visa  Mastercard  AMEX

NAME AS IT APPEARS ON THE CREDIT CARD: \_\_\_\_\_ AUTHORIZED SIGNATURE: \_\_\_\_\_

BILLING ADDRESS OF CARD HOLDER:  SAME AS ABOVE OR: \_\_\_\_\_

CREDIT CARD NUMBER: \_\_\_\_\_ EXPIRATION DATE: \_\_\_\_\_

SECURITY CODE (3 or 4 digit number found on the front or back of your card): \_\_\_\_\_



## 2019 ACLS TRAINING/RETRAINING - NOW A 1-DAY COURSE!!!

Course #2 – CPR & Training : FRIDAY, May 31 — 2:15 PM - 6:15 PM  
The Sheraton Grand Sacramento Hotel

The CSPS is offering an ACLS Training/Retraining Course. The American Heart Association requires that you have a current CPR card in order to take the ACLS Training Course. The CSPS will also be offering a CPR course during the Annual Meeting to fulfill this requirement. To sign-up, please complete the form below and mail in your registration fee with your general registration form for the Annual Meeting. This course will give you 7 hours towards the ASPS patient safety requirement.

**PLEASE NOTE: WE MUST HAVE YOUR REGISTRATION FORM IN FOR THIS COURSE NO LATER THAN MAY 10th. THIS WILL ALLOW US TO SEND YOU THE REQUIRED PRE-STUDY MATERIALS.**

### Course Description and Goal

This course is designed for healthcare providers who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through didactic instruction and active participation in simulated cases, students will enhance their skills in the diagnosis and treatment of cardiac arrest, acute arrhythmia, stroke and acute coronary syndrome (ACS).

After successful completion of this course, students will be able to apply important concepts, including:

- The Basic Life Support (BLS) Survey
- High-quality cardiopulmonary resuscitation (CPR)
- The ACLS Survey
- The ACLS algorithms
- Effective resuscitation team dynamics
- Immediate post-cardiac arrest care

The goal of the ACLS Provider Course is to improve outcomes for adult patients with cardiac arrest or other cardiopulmonary emergencies through provider training.

### Course Objectives

Upon successful completion of this course students should be able to:

- Recognize and initiate early management of periarrest conditions that may result in cardiac arrest or complicate resuscitation outcome
- Demonstrate proficiency in providing BLS care, including prioritizing chest compressions and integrating automated external defibrillator (AED) use
- Recognize and manage respiratory arrest
- Recognize and manage cardiac arrest until termination of resuscitation or transfer of care, including immediate post-cardiac arrest care
- Recognize and initiate early management of ACS, including appropriate disposition
- Recognize and initiate early management of stroke, including appropriate disposition
- Demonstrate effective communication as a member or leader of a resuscitation team and recognize the impact of team dynamics on overall team performance

### Course Design

To achieve these objectives, the ACLS Provider Course includes practice learning stations and a Megacode evaluation station. The practice learning stations provide opportunities to participate in a variety of learning activities that include:

- Simulated clinical scenarios
- Demonstrations by instructors or video
- Discussion and role playing
- Practice in effective resuscitation team behaviors

### Requirements for Successful Course Completion

To successfully complete the ACLS Provider Course and obtain a course completion card, participants must:

- Pass the Adult High Quality BLS skills and AED test
- Pass the Ventilation skills test
- Demonstrate competency in learning station skills
- Pass the Megacode test
- Pass the written exam with a minimum score of

The CSPS is accredited by the Institute of Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The CSPS takes responsibility for the content, quality and scientific integrity of this CME activity. The CSPS designates this educational activity for a maximum of 7 hours (includes 3 hours of pre-study) of **AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Name: \_\_\_\_\_

TOTAL AMOUNT ENCLOSED:

\$ \_\_\_\_\_

Phone Number: \_\_\_\_\_

Do you have a current CPR card?

YES  NO

Will you obtain a current CPR card prior to the ACLS Course?

YES  NO

Will you take the CPR course at the CSPS Meeting?

YES  NO

### ACLS Training/Retraining Course Fees

ACLS Course Fee [Parts 1&2]..... \$355.00

(includes pre-study materials & use of loaner book) \$ \_\_\_\_\_

CPR Course Fee..... \$35.00

(additional course—time of the course is TBA) \$ \_\_\_\_\_

### METHOD OF PAYMENT

CHECK ENCLOSED

PLEASE CHARGE MY CREDIT CARD IN THE AMOUNT OF \$ \_\_\_\_\_

I AUTHORIZE THE CSPS TO USE MY CREDIT CARD INFORMATION FROM THE CSPS ANNUAL MEETING REGISTRATION FORM ON PAGE 13 AND THIS AMOUNT WILL BE ADDED TO MY REGISTRATION FEE FOR THE ANNUAL MEETING.

NOTE: FEES CHARGED DO NOT REPRESENT REVENUE TO THE AHA.

SIGNATURE: \_\_\_\_\_

**CPSERF - VOLUNTEER OPPORTUNITIES**

[www.cpsperf.org](http://www.cpsperf.org)

We would like to invite you to attend the 7th Annual CPSERF luncheon on Saturday, June 1st at 1:15 pm. This year we are pleased to announce that our Keynote Speaker for the Brody Lectureship Series is Rod J. Rohrich, MD whose lecture is entitled: **LIFE LESSONS AND HORIZONS IN PLASTIC SURGERY.** This event is also an opportunity to hear more about the goals and objectives of CPSERF and to network with your colleagues who are currently involved.

The mission of the CPSERF is to help uninsured and underinsured children of California who could benefit from reconstructive plastic surgery who may not be able to afford this type of procedure otherwise. CPSERF is committed to help these children who want to appear more "normal" to avoid the stigma that can accompany an individual who has a different appearance.

**CURRENT OFFICERS & DIRECTORS:**

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**Robert Hardesty, MD**

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**Debra Johnson, MD**

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**Geoffrey Keyes, MD**

**Jeffrey Rosenberg, MD**

**James Wells, MD**



**EXECUTIVE DIRECTOR:**

**Christine Pahl**

**ADMINISTRATIVE ASSISTANT:**

**Jenny BlackDeer**

**PRESIDENT'S LEADERSHIP COUNCIL**

The President's Leadership Council is a category of membership for individuals who have donated fifty thousand dollars (\$50,000) or more to the Foundation.

**Garry Brody, MD  
Sonia Brody, PhD  
The Brody Family**

**CURRENT LIST OF CPSERF CHARTER MEMBERS & DONORS**

- |                          |                          |
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| Brian M. Kinney, MD      |                          |
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| Mark L. Labowe, MD       |                          |
| Gilbert W. Lee, MD       |                          |
| Gordon K. Lee, MD        |                          |
| Michael F. McGuire, MD * |                          |
| Dan C. Mills, MD         |                          |

***Please Note: This lunch is a ticketed event. If you are not listed above and have not yet contributed to CPSERF and would like to attend the lunch at no charge, please contact the CPSERF Executive Office at:***

***(510) 243-1662***

***You do not need to be a CPSERF Contributor to attend the lunch - please refer to the registration form on page 13 to sign-up for the lunch and pay the applicable fees.***

## Sacramento - Things to see & do...

The 69th CSPA Annual Meeting will take place at the **The Sheraton Grand Sacramento Hotel & Sacramento Convention Center – May 30-June 2, 2019**. The Sheraton Grand Sacramento Hotel is located in downtown Sacramento which is a central location to many activities and attractions that Sacramento has to offer. This year, the CSPA is excited to present a schedule of CSPA Family Events that you may attend with your family, as your schedule permits.

### 2019 CSPA FAMILY EVENTS

#### Friday, May 31st

7pm **Aladdin** at **Community Center Theatre**, purchase tickets individually  
<https://www.broadwaysacramento.com/production/disneys-aladdin/>

#### Saturday, June 1

10am Meet at **Sacramento Zoo** for Zoo and **Funderland**, purchase tickets individually  
<https://www.saczoo.org/>  
<https://funderlandpark.com/>

3pm Family walk around DOCO meet at Golden 1 Center/Punch Bowl Corner

#### Sunday June 2

10am Meet at **Train Museum** in Old Sacramento, purchase tickets individually  
<https://www.californiarailroad.museum/>

1pm **Sacramento Rivercats game**, purchase tickets individually  
<https://www.milb.com/sacramento>



### LOCAL PLACES TO EAT

Sacramento is America's Farm-to-Fork Capital, and that means it has fantastic food. There are more restaurants with high Zagat ratings in Sacramento than anywhere else in Northern California.

#### Brasserie Capitale

1201 K St. #100, Sacramento, CA 95814  
 (916) 329-8033  
<https://brasseriecapitale.com/>  
 French Fair  
 10% Discount

#### Café A Cote

1201 K St., Sacramento, CA  
 (916) 329-8033  
<http://cafeacote.com/>  
 \$\$ Classic French Fare

#### Cafeteria 15L

1116 15th St., Sacramento, CA  
 (916) 492-1960  
<http://cafeteria15l.com/>  
 \*Casual/family  
 \$\$ American (Traditional), Breakfast & Brunch  
 10% off food bill with Name Badge

#### Capitol Garage

1500 K St., Sacramento, CA  
 (916) 444-3633  
<http://www.capitolgarage.com/>  
 \*Casual/Family  
 \$\$ American (Traditional), Breakfast & Brunch  
 10% Discount with Name Badge

#### De Vere's Irish Pub

1521 L St., Sacramento, CA  
 (916) 231-9947  
<http://www.deverespub.com/>  
 \$\$ Irish Pub  
 15% off food bill with Name Badge

#### Downtown & Vine

1200 K St. #8, Sacramento, CA  
 (916) 228-4518  
<https://www.downtownandvine.com/>  
 \$\$ Wine Bar and eatery  
 10% off entire bill with Name Badge

#### Esquire Grill

1213 K Street, Sacramento, CA  
 (916) 448-8900  
<http://www.esquiregrill.com/>  
 \*Fine dining AND Family \$\$\$ American (Traditional)  
 10% off food bill with Name Badge

#### Firestone Public House

1132 16th St., Sacramento, CA  
 (916) 446-0888  
<http://www.firestonepublichouse.com/>  
 \*Casual/Family  
 \$\$ American, Pubs, Sports Bar  
 10% off food bill with Name Badge

#### Grange Restaurant and Bar

926 J Street, Sacramento, CA  
 (916) 492-4450  
[www.grangesacramento.com](http://www.grangesacramento.com)  
 \*Fine dining  
 \$\$\$ American (New)

#### Mayahuel

1200 K Street, Sacramento, CA  
 (916) 441-7200  
<http://www.tequilamuseo.com/>  
 \*Casual / Family  
 \$\$ Mexican

#### Mikuni Japanese Restaurant & Sushi Bar

1530 J Street, Sacramento, CA  
 (916) 447-2112  
<http://www.mikunisushi.com/>  
 \*Casual / Family  
 \$\$ Japanese. Sushi  
 10% off food bill with Name Badge

#### Mulvaney's B&I

1215 19th St. Sacramento, CA 95811  
 916-441-6022  
<http://mulvaneytbl.com/>  
 \*Fine dining  
 \$\$\$\$ American (New)

#### Paragary's

1401 28th St., Sacramento, CA  
 (916) 457-5737  
<http://www.paragarysmidtown.com/>  
 \$\$\$ Gastropub

#### The Porch

1815 K St., Sacramento, CA  
 (916) 444-2423  
<http://www.theporchrestaurantandbar.com/>  
 \$\$ Serves familiar Southern Classics

#### The Waterboy

2000 Capital Ave., Sacramento, CA  
 (916) 498-9891  
<https://www.waterboyrestaurant.com/>  
 \$\$\$ Italian  
 Complimentary prosecco toast with purchase of entrée



## MORE ANNUAL MEETING NEWS...

### ROOM BLOCK ALMOST SOLD OUT

#### THE SHERATON GRAND SACRAMENTO HOTEL

1230 J Street, 13th and J Street  
Sacramento, CA

The CSPS negotiated an affordable \$195++/night room rate. Rooms are limited - reserve today!

#### **ROOM RATES: \$195.00\*\***

\*\*Room Rate: \$195/night + Taxes and Assessments. Room rates are subject to applicable state and local taxes (currently 15.3%) in effect at the time of check-out.

#### **THE SHERATON GRAND SACRAMENTO HOTEL RESERVATION NUMBER:**

**(888) 236-2427**

**You can make Online Reservations through CSPS' Website:**

**[www.californiaplasticsurgeons.org](http://www.californiaplasticsurgeons.org) or online at: CSPS RESERVATIONS**

**To receive the convention room rate, reference the CSPS Group Code name:**

**CSPS or CALIFORNIA SOCIETY OF PLASTIC SURGEONS**

**\*\*Parking at The Sheraton Grand Sacramento Hotel: Visitor self-parking 0-1 hrs (\$6), 1-2 hrs (\$12), 2-3 hrs (\$18) and 4-24 hrs (\$20 max). Overnight self-parking is \$25 per day. Visitor valet parking is 0-1 hrs (\$10), 1-2 hrs (\$18), 2-3 hrs (\$26), and 4-24 hrs (\$32).**

**Please contact the CSPS Executive Office at (510) 243-1662 if you have any questions.**

## HOW DO I GET TO THE SHERATON GRAND SACRAMENTO HOTEL?

### FROM THE SACRAMENTO INTERNATIONAL AIRPORT

The Sacramento International Airport is 12 miles away from the Sheraton Grand Sacramento Hotel.

#### Taxi

Approximately \$33-35 each way

#### Shuttle

Supershuttle provides ride share approximately \$13 per person each way

#### Private Car

Approximately \$60-\$70 one way. For more info, please visit: <https://www.execucar.com/>

#### UBER / LYFT

Other options you may consider are rideshares. Download the app and schedule a ride in minutes.

Uber: [www.uber.com](http://www.uber.com)

Lyft: [www.lyft.com](http://www.lyft.com)

### Rental Car

All rental car companies at Sacramento International Airport are located at the rental car terminal on airport property. The on-airport rental car shuttle arrives at designated stops on ground level curbs outside both terminals approximately every 10 minutes. The shuttle serves all on-airport rental car agencies listed on the rental car page. Rental car shuttles are assigned by terminal. Be sure to check the signs to make sure the shuttle you are on is going to the terminal you wish to go to.

For more info, please visit:

<https://sacramento.aero/smf/to-and-from/rental-car>

