Join Us For
The
69th
CSPS
Annual Meeting
May 30 - June 2, 2019
Sacramento, CA

Inside this issue:
- The CSPS President’s Message
- Annual Meeting Program & Registration Materials
- CSPS Educational & Research Foundation (CSPSERF)
- Things to Do & See Around the Hotel
- Hotel & Travel Information

Page 2
Page 3
Page 15
Page 16
Page 17
Dear CSPS Family and Friends,

I am so pleased to be able to invite you to our 69th Annual CSPS Meeting to be held in Sacramento May 30th – June 2nd! I hope you and your families can come for the great scientific program and enjoy all that Sacramento has to offer!

We have an amazing program put together by our Scientific Committee Co-Chairs Amanda Gosman and Rahim Nazerali. Based on member requests, we have special panels on blepharoplasty, the business of plastic surgery, fat grafting, cellular rejuvenation therapies, and an update on breast implants! We have many great speakers from our CSPS family and leaders from our sister societies including Mountain West Society of Plastic Surgeons President Rich Baynosa, American Society for Aesthetic Plastic Surgery, President-Elect Charles Thorne and Aesthetic Surgery Education and Research Foundation President Julio Garcia! We also have Rod Rohrich coming as our Gary Brody Lecturer!

We had a banner year of abstract submissions with top selections being highlighted throughout our meeting, including our ever-fun and fast-paced Pearls & Peanuts session! We also look to engage the audience as our training programs match wits in our Resident Bowl!

The meeting will be held at the Sacramento Convention Center, just a short walk from our meeting hotel, the Sheraton Grand, located in the heart of midtown and surrounded by many wonderful restaurants to enjoy all the Nation’s Farm-to-Fork Capital has to offer! We also have special daily outings planned for families to see Aladdin, the Zoo and Funderland, DOCO and the Golden 1 Center, the Train Museum, and a Rivercats game!

As my year as term concludes, I want to thank you for the honor and privilege it has been to represent and serve as President of the California Society of Plastic Surgeons! It has been an incredible year! The CSPS is such a special organization that does truly amazing work! I greatly enjoyed being able to boast about all the wonderful things CSPS does for patients and their families as well as for the House of Plastic Surgery in our state and beyond! I am particularly proud of the work we accomplished in the area of advocacy with our win against ABCS, in that they were denied equivalency to any ABMS boards and making it illegal for their members to advertise as board certified cosmetic surgeons! I am especially thankful for the privilege of visiting so many of our training programs, being reassured that the future of plastic surgery is in good hands!

I hope to see you and your families in Sacramento for #CSPS2019!

With great appreciation,

MICHAEL S. WONG, MD
PROGRAM AT A GLANCE

AMANDA GOSMAN, MD & RAHIM NAZERALI, MD, CO-CHAIRS, SCIENTIFIC PROGRAM COMMITTEE

The 2019 Annual Meeting offers a wide array of educational opportunities. In addition to our line-up of excellent panels, we have terrific instructional courses, and wonderful social events!

THURSDAY, MAY 30

CSPS COUNCIL MEETING  4:00 PM
REGISTRATION  2:00 PM – 4:00 PM

FRIDAY, MAY 31

OPENING CEREMONIES  8:00 AM – 8:15 AM
OPENING CEREMONIES & THE CSPS ADDRESSES CULTURAL & LINGUISTIC COMPETENCY ISSUES
Michael S. Wong, MD  President, CSPS
Scott W. Barttelbort, MD  President-Elect, CSPS
Amanda Gosman, MD & Rahim Nazerali, MD  Co-Chairs, Scientific Program Committee

SHORT CLINICAL PAPERS  8:15 AM – 9:15 AM

TOPIC: BLEPHAROPLASTY
MODERATOR: Scott W. Barttelbort, MD
PANELISTS: Richard P. Clark, MD
Julio L. Garcia, MD
Charles H. Thorne, MD

EXHIBITS & COFFEE BREAK  10:15 AM – 11:00 AM
NOTE: THE EXHIBITS WILL BE OPEN ON FRIDAY & SATURDAY ONLY

SHORT CLINICAL PAPERS  11:00 AM – 11:45 AM

TOPIC: THE BUSINESS OF PLASTIC SURGERY
MODERATOR: Gordon K. Lee, MD
PANELISTS: Richard Baynosa, MD
Heather J. Furnas, MD
Joshua Korman, MD

CSPS LUNCHEON IN EXHIBIT HALL  1:15 PM

RESIDENCY PROGRAM DIRECTORS’ LUNCH  1:15 PM

INSTRUCTIONAL COURSES
1) 2:15 PM – CSPS PRIVATE TOUR OF THE SACRAMENTO CAPITOL BUILDING
2) 2:15 PM – 6:15 PM ACLS TRAINING COURSE/CPR
A) 3:30 PM – 4:30 PM SOCIAL MEDIA IN YOUR PRACTICE: BOOM OR BUST?

SUNDAY, JUNE 2

PANEL  9:00 AM – 10:30 AM
TOPIC: CELLULAR REJUVENATION THERAPY - STEM CELL & PRP
MODERATOR: Robert Singer, MD
PANELISTS: Joel A. Aronowitz, MD
Julio L. Garcia, MD
Gordon H. Sasaki, MD

COFFEE BREAK  10:30 AM – 10:45 AM

PANEL  10:45 AM – 12:00 PM
TOPIC: BREAST IMPLANTS - WHERE ARE WE NOW?
MODERATOR: Wai-Yee Li, MD, PhD
PANELISTS: Lynn L.C. Jeffers, MD
Mary H. McGrath, MD
Steven A. Teitelbaum, MD

NEW COUNCIL MEETING  12:15 PM

SATURDAY, JUNE 1

CLINICAL PAPERS  8:00 AM – 9:50 AM

BRODY LECTURESHP  9:50 AM - 10:10 AM

TOPIC: DEVELOPING CONSISTENCY IN PLASTIC SURGERY - THE RHINOPLASTY MODEL
SPEAKER: Rod J. Rohrich, MD

EXHIBITS & COFFEE BREAK  10:10 AM - 10:30 AM

ANNUAL BUSINESS MEETING  12:30 PM

CSPS LUNCH IN EXHIBIT HALL  1:00 PM

CSPSERF LUNCH & MEETING  1:15 PM

INSTRUCTIONAL COURSE
3) 2:15 PM - 4:15 PM RHINOPLASTY - ROD J. ROHRICH, MD

PEARLS/PEANUTS/CLINICAL PAPERS  4:15 PM

PRESIDENT’S RECEPTION & AWARDS  7:00 PM

EXHIBITS & WELCOMING RECEPTION  5:30 PM – 7:00 PM
ANNUAL MEETING PROGRAM AND FACULTY

GENERAL EDUCATION INFORMATION
The California Society of Plastic Surgeons (CSPS) seeks to see beyond the traditional functions of continuing medical education, and challenges itself to become a catalyst for, an advocate for, and a provider of education that promotes improved competence, performance, and patient outcomes in plastic surgery.

**Purpose:** Our CME program seeks to provide high-quality, evidence-based educational opportunities designed to advance plastic surgeons’ knowledge, competence, enhance practice performance, and promote patient safety to ultimately improve patient outcomes in the populations served by the plastic surgeons we educate. In addition, the CSPS acknowledges the importance of culture and communication for delivering effective healthcare and is committed to educating physicians to deliver culturally and linguistically appropriate care.

**Content:** Our educational offerings include, but are not limited to, updates in clinical plastic surgery (aesthetic and reconstructive), reviews of current or best practice recommendations for plastic surgery care, evaluation of new and emerging technologies and techniques in plastic surgery, as well as patient safety.

**Target Audience:** We seek to serve not only the educational needs of plastic surgery healthcare professionals (board-certified plastic surgeons, plastic surgery residents and fellows, nurses and office staff) involved in the provision of plastic surgery services within the state of California, but the needs of local, regional, and national healthcare professionals and colleagues as well.

**Types of Activities:** As a CME provider for the largest plastic surgery state society in the country, the CSPS’ educational activities include, but are not limited to, lectures, panel sessions, paper presentations, clinical round table discussions, hands on, live and didactic instructional courses. The educational design, instructional method and learning format for each event is chosen to best serve the educational needs and learning objectives of the planned educational activity.

**Expected Results:** We expect participants to report improved knowledge and competence as expressed by greater confidence and knowledge in their approach to clinical problems or by an intent to change their behavior and apply newly acquired strategies in their practice. We expect participants will have greater confidence in delivering care and patient safety. In addition, if evaluated within the clinical practice setting, we expect improved performance parameters or a favorable impact on patient outcomes.

The General Sessions will consist of panel presentations on timely subjects which affect the plastic surgery specialty. Papers will also be presented during the general sessions. These papers are on various clinical topics and include summaries of research, observations based on experience, clever tricks to handle difficult problems, new instrumentation, development of new technologies, trends, statistics, safety issues and other comments about clinical practice that may be of value. The CSPS will also address cultural and linguistic competency issues and is dedicated to providing the participants with the necessary data, assessment tools and the development of resources plastic surgeons may use in their practices to address these issues.

The overall objective of the general sessions is to present topics related to the core body of knowledge for plastic surgery, as well as increasing quality in the health care delivery system. The content will also cover innovative, recent and new research related topics of importance to the practice of plastic surgery.

The instructional courses will address the topics of Buttock Fat Grafting, Rhinoplasty and, an ACLS Training Course, and a CPR Course.

All recommendations presented and scientific research presented must be based on evidence accepted within the profession of plastic surgery and must conform to the generally accepted standards of experimental design, data collection and analysis.

There will be question-and-answer sessions provided for each activity and participants are encouraged to use this time to address a difficult case you may have, query the speakers on their techniques, etc.

The CSPS takes responsibility for the content, quality and scientific integrity of its CME activities. As such, the CSPS follows the Accreditation Council for Continuing Medical Education’s Standards for Commercial Support. By following these standards the CSPS ensures the independence of its CME activities. Current guidelines state participants in CME activities should be made aware of any affiliations or financial interest that may influence the content of this educational activity and/or affect the speaker’s presentation. Each Scientific Program Committee member & speaker has been requested to complete a financial disclosure/conflict of interest statement. Disclosures are noted in this preliminary program. An asterisk (*) after the speaker’s name indicates the faculty member/presenter reported they had no relevant financial relationships or affiliations to disclose. All potential conflict of interests are resolved prior to any presentation. The CSPS also requires presenters to disclose when off-label/unapproved uses of the product are discussed in a CME activity.

Please note that each presenter for the paper presentations is denoted by being listed first and in bold.

The CSPS Scientific Program Committee Members & their disclosures are as follows:

**CO-CHAIRS**
Amanda Gosman, MD*
Rahim Nazerali, MD
Dr. Nazerali receives honoraria for his roles as Consultant & Advisor for Mentor Worldwide, MFF, & Telabio

**MEMBERS**
Scott Bartelbort, MD*
James Chao, MD
Dr. Chao receives honoraria for his role in the Speakers Bureau for Boston Scientific, WL Gore, and Ethicon

Scott L. Hansen, MD
Dr. Hansen receives honoraria for his role in the Speakers Bureau for Smith and Nephew

Katharine Hinchliff, MD*
Susan Kaweski, MD*

Gordon Lee, MD
Dr. Lee receives a consulting fee for his role providing scientific consulting for Integra, Inc.

Amber Leis, MD*

Wai-Yee Li, MD, PhD*

Audrey Nguyen, MD*

Christine A. Pahl*

Anne Warren Peled, MD
Dr. Peled receives honoraria for her roles as Consultant/Speaker for Allergan, Invuity, & Medtronic. Her Spouse receives honoraria for his role as Consultant/Speaker for Axogen.

Ahmed Suliman, MD*
Erik Wolfswinkel, MD *
Alex Wong, MD
Dr. Wong receives a research grant from ACell, Inc.

Michael S. Wong, MD*
Karen Yokoo, MD
Dr. Yokoo’s husband is an ortho surgeon who has stock options in the Consortium of Focused Orthopaedists, LLC & is paid consultant for Wright Medical Technology, Inc.

The CSPS is accredited by the Institute of Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The CSPS takes responsibility for the content, quality and scientific integrity of this CME activity.

The CSPS designates this live activity for a maximum of 10.25 hours (general sessions) and a maximum of 7 hours (ACLS, instructional courses/Clinical Pearls Session) of AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity, improved competence, performance, and patient outcomes in plastic surgery.
**THURSDAY, MAY 30**

4:00 PM                              COUNCIL MEETING  
2:00 PM – 4:00 PM                      REGISTRATION DESK

**FRIDAY, MAY 31**

7:00 AM – 2:00 PM                      REGISTRATION DESK  
7:30 AM – 2:00 PM                      EXHIBITS & CONTINENTAL BREAKFAST  
8:00 AM – 1:00 PM                      LUNCH IN THE EXHIBIT HALL  
1:00 PM                               RESIDENCY PROGRAM DIRECTORS’ LUNCH  
2:00 PM – 6:00 PM                      INSTRUCTIONAL COURSES  
5:30 PM – 7:00 PM                      WELCOMING RECEPTION IN THE EXHIBITS

OPENING CEREMONIES                      8:00 AM – 8:15 AM  
WELCOMING CEREMONIES & THE CSPS ADDRESSES CULTURAL & LINGUISTIC COMPETENCY ISSUES:

Michael S. Wong, MD*                  President, CSPS  
Scott W. Barttelbort, MD*             President-Elect, CSPS  
Amanda Gosman, MD* & Rahim Nazerali, MD (Please see Dr. Nazerali’s disclosures on Page 4)

SHORT CLINICAL PAPERS                    8:15 AM – 9:15 AM  
MODERATORS: SCOTT W. BARTTELBORT & MICHAEL S. WONG, MD*  
8:15 DETERMINING THE OPTIMAL TIME FOR MANDIBULAR DISTRACTION OSTEOSYNTHESIS IN PIERRE ROBIN SEQUENCE PATIENTS  
Ophelie Laviole-Gagne, MS*  
Chinwe Sonia Kpaduwa, MD  
Nisha Parmeshwar, MS  
Amanda Gosman, MD

8:18 TRANS-FACIAL MINIMAL-DISSECTION EXTERNAL MANDIBULAR DISTRACTION OSTEOSYNTHESIS: A NOVEL TECHNIQUE TO TREAT NEONATAL AIRWAY OBSTRUCTION FROM PIERRE ROBIN SEQUENCE  
Jeremie Oliver, MD, MS*  
Christopher M. Runyan, MD, PhD  
Dominic Massary, MD  
Lyfong Lor, BS  
Shayan Jahanpanah, BS  
Brian S. Pan, MD  
Christopher B. Gordon, MD  
Haithem Elhadi-Babiker, MD, DDS

8:21 THE IMPACT OF CRANIOFACIAL CONDITIONS ON HEALTH-RELATED QUALITY OF LIFE FOR CHILDREN AND THEIR PARENTS  
Austin Morgan, MD*  
Burcin Ataseven, PhD  
Claudia Carrizosa, MD, MPH  
Hena Din, BS, MPH  
Annie Meier, BS  
Vanessa Malcarne, PhD  
Amanda Gosman, MD

8:24 THE POTENTIAL OF ONLINE CROWD-SOURCING TO COMPARE AESTHETIC OUTCOMES OF UNILATERAL CLEFT LIP REPAIR TECHNIQUES  
Ashraf Patel, BS*  
Marissa Suchyta, BS  
Ameet Azad, BS  
Roheit Khosla, MD  
Rahim Nazerali, MD, MHS

8:27 SIMULTANEOUS MIDFACE ADVANCEMENT AND ORTHOGNATHIC SURGERY: A POWERFUL TECHNIQUE FOR MANAGING MIDFACE HYPOPLOPSIA AND MALOCCLUSION  
Pedram Goel, BS*  
Erik Wolfswinkel, MD  
Artur Fahradyan, MD  
Emma Vartanian, MD  
Ravi Garg, MD  
Madeleine S. Williams, BA  
Ibrahim Khans, MD  
Jeffrey Hammoud, MD, DDS  
Mark Urata, MD, DDS

8:30 GEOSPATIAL ANALYSIS OF MEDICAL REACH AND BARRIERS TO SURGICAL CLEFT CARE IN LOS ANGELES  
Madeleine S. Williams, BA*  
Naikhoba C.O. Munabi, MD  
Pedram Goel, BS  
Eric S. Nagengast, MD  
Jeffrey A. Hammoud, MD, DDS  
Mark M. Urata, MD, DDS  
William P. Magee, III, MD, DDS

8:33 THE MIDFACE REVISITED: OUTCOMES OF INTRACRANIAL VERSUS SUBCRANIAL APPROACHES TO THE FRONTOFACIAL SKELETON  
Naikhoba C.O. Munabi, MD  
Eric S. Nagengast, MD  
Artur Fahradyan, MD  
Daniel J. Gould, MD, PhD  
Pedram Goel, BS  
Madeleine S. Williams, BA  
Jeffrey A. Hammoud, MD, DDS  
Mark M. Urata, MD, DDS

8:36 THE MONOBIOS DISTRACTION WITH FACIAL BIPARTITION: OUTCOMES OF SIMULTANEOUS MULTIDIMENSIONAL FACIAL MOVEMENT COMPARED TO DISTRACTION AND FACIAL BIPARTITION ALONE  
Naikhoba C.O. Munabi, MD*  
Eric S. Nagengast, MD  
Pedram Goel, BS  
Madeleine Williams, BS  
Artur Fahradyan, MD  
Mark M. Urata, MD, DDS

DISCUSSION                        8:39 AM – 8:50 AM

Continued on Page 6
SHORT CLINICAL PAPERS—Continued

8:50 OUTCOMES OF REVISION LABIALPLASTY AND CLITOROPLASTY AFTER GENDER-AFFIRMING GENITAL SURGERY
Thomas Satterwhite, MD,*
Shane D. Morrison, MD
Samuel Boas, BS
Mona Ascha, MD
Jonathan P. Massie, MD
Ian T. Nolan
Jacson K. Shen, BS

8:53 TIME TO SOFT-TISSUE COVERAGE IS NOT ASSOCIATED WITH CHRONIC OSTEOARTHRITIS OR RETURN TO AMBULATION FOLLOWING GUSTILO IIIB OR IIIC OOR TIBIA FRACTURE: A SINGLE INSTITUTIONAL REVIEW
Matthew Zeideman, MD*
Chad M. Bailey, MD
Derek B. Asserson, BS
Abishek K. Jairam, BS
Christopher J. Little, BS, MD
Lee L.Q. Pu, MD, PhD, FACS

8:56 SUSTAINED-RELEASE 9-CIS RETINOIC ACID PELLETS FOR THE PREVENTION OF POSTSURGICAL LYMPHEDEMA
Alex K. Wong, MD, MD
(Dr. Wong receives a grant for his role in a peers review board of Acell, Inc., and also receives a research grant from Akuson, Inc.)
Giulia Daneshgaran, BS
Connie B. Paik, BS
Michael N. Cooper, BA
Wan Jiao, MD, PhD
Young-Kwon Hong, PhD

8:59 SEBACEOUS NEVUS OF THE SCALP
Pedram Goel, BS*
Erik M. Wolfswinkel, MD
Artur Fahradyan, MD
Michaela Tsuha, BS
Michelle Hough, BS
William Magee III, MD
Jeffrey A. Hammad, MD, DDS
Mark M. Urata, MD, DDS
Lori K. Howell, BS

9:01 FIBRONECtin-DRIVED SMALL PEPTIDe PHSRN IMPROVES WOUND HEALING IN IRRADIATED SKIN
Michael Cooper, MS*
Phillip Khim, BS
Giulia Daneshgaran, BS
Roy Yu, BS
Wan Jiao, MD, PhD
Sun Young Park, MS
Alex Wong, MD

DISCUSSION

PANEL

9:15 AM - 10:15 AM

BLEPHAROPLASTY

MODERATOR: Scott W. Barttelbort, MD*

PANELISTS: Richard P. Clark, MD*  
Julio L. Garcia, MD*  
Charles H. Thorne, MD, ASAPS President  

This panel will review eyelid/brow anatomy and integrate both surgical and non-surgical techniques to improve surgical outcomes in periorbital surgery. Management of complications will also be presented.

At the conclusion of this panel, participants will able to: 1) Utilize improved understanding of lower eyelid/brow anatomy to improve safety of periorbital surgery; 2) Integrate surgical techniques to improve surgical outcomes; & 3) Apply non-surgical techniques to improve aesthetic outcomes in periorbital surgery

EXHIBITS & COFFEE BREAK 10:15 AM – 11:00 AM

NOTE: THE EXHIBITS WILL BE OPEN ON FRIDAY & SATURDAY ONLY

SHORT CLINICAL PAPERS 11:00 AM – 11:45 AM

11:00 FEMALE REPRESENTATION IN PLASTIC SURGERY MEETINGS
Meera Reghunathan, BS*
Nisha Parmeshwar, BS
Amanda A. Gosman, MD
Katerina M. Gallus, MD

11:03 COMPETENCY-BASED EDUCATION IN LOW-RESOURCE SETTINGS: ONE YEAR EXPERIENCE WITH A NOVEL SURGICAL TRAINING PROGRAM
Meghan McCullough, MD*
Libby Durnwald, BS
Armando Siu, MD
Maimunat Alex-Adoemi, MD
Alex Campbell, MD
Jordan Swanson, MD
William P. Magee III, MD, DDS

11:06 GLOBAL HEALTH MICROSURGERY TRAINING WITH CELL PHONES
Suzanne Inchauste, MD*
Adeyemi Ogunleye, MD
Rahim Nazerali, MD
Gordon Lee, MD

11:09 TUMESCENT LIDOCAINE REDUCES POST-LIPOSUCTION PLATELET FUNCTION
Jeffrey Klein, MD
(Dr. Klein’s spouse owns HK Surgical, Inc.)

DISCUSSION 11:12 AM - 11:22 AM

11:22 POTENTIAL GLUTEAL IMPLANT ASSOCIATED ALCL:
NO LONGER ONLY BREASTS
Orr Shauly, BS*
Daniel J. Gould, MD, PhD
Imran Siddiqi, MD
Ketan M. Patel, MD
Joseph Carey, MD

NOTE: THE EXHIBITS WILL BE OPEN ON FRIDAY & SATURDAY ONLY
11:25 The Impact of Post-Operative Prophylactic Antibiotics in Immediate 2-Stage Prepectoral Breast Reconstruction
Michael Holland, MD *
Rachel Lentz, MD
Clara Gomez-Sanchez, MD
Jami Rothman, MD
Jasmine Wong, MD
Rita Mukhtar, MD
Hani Sbitany, MD

11:28 Postsurgical Complications Associated with Tissue-Expander Placement into the Previously Irradiated Breast
Shanique Martin, BS *
Lawrence Cai, MD
Adeyemi Ogunleye MD
Gordon Lee, MD
Rahim Nazerali, MD, MHS

11:31 Immediate Prepectoral Tissue Expander Reconstruction and the Utility of the BRA Score as a Predictor of Early Postsurgical Complications
Shanique Martin, BS *
Elizabeth Turner, PA-C
Brian Thornton, MD, PhD
Rahim Nazerali, MD MHS

11:34 Effect of Surgical Complications on Health-Related Quality of Life Outcomes in Adolescents and Young Women Following Reduction Mammaplasty
Joseph Firriolo, MD *
Laura C. Nuzzi, BA
Carolyn M. Pike, MPH
Catherine McNamara, BA
Brian I. Labow, MD

11:37 A Review of Gender Affirming Chest Surgery in Non-Binary Patients
Winnie Tong, MD *
Karen M. Yokoo, MD
Susanne E. Watson, PhD
Terri Hupfer, RN
Lisette R. Lahana, LCSW
Jennifer Slovis, MD
Carlo Hojilla, PhD
Roderick Simonds, MD
Ali Salim, MD

Discussion 11:40 AM - 11:45 AM

Panel 11:45 AM - 1:00 PM
The Business of Plastic Surgery
Moderator: Gordon K. Lee, MD
(Please see Doctors Lee’s disclosures on page 4)
Panelists:
Richard Baynosa, MD
(Doña Baynosa receives an honorarium for his role as consultant from Allergan)
Heather J. Furnas, MD
(Doña Furnas receives stocks & royalties for her role as Advisory Board Member, Investor for Viva, HintMD, & Braeco)
Joshua Korman, MD
(Doña Korman receives a royalty for his role as Editor for the “Business of Plastic Surgery” book)
This panel will cover the physicians trained to care of patients and in plastic surgery to perform procedures. However, in actual practice it is important to understand the Business of Plastic Surgery as it relates to running a private practice, group and academic Plastic Surgery Practice.
At the conclusion of this panel, participants will be able to: 1) Utilize current practice models to describe how plastic surgeons can reduce overhead costs and expenses; 2) Describe how plastic surgeons in different practice settings can maximize revenue and reimbursement from self-pay vs. insurance vs. hospital-based practice; and 3) Explain how the business of plastic surgery is the same or different when looking at private practice vs. academics.

CSPS Lunch in Exhibit Hall 1:15 PM

Residency Program Directors’ Lunch 1:15 PM

Instructional Courses
1) 2:15 PM - Private Walking tour to the Sacramento Capitol
Non-CME Course - Space is Limited
2) 2:15 PM – 6:15 PM – ACLS/CPR Training
ACLS Training Course (Please see page 14 for the ACLS Course information & reg form)
A) 3:30 PM - 4:30 PM Social Media in your Practice: Boom or Bust? (Non-CME Course - Space is Limited)
Dr. Jonathan Kaplan, MD, MPH
(Doña Kaplan is the owner of BuildMyBody Health in which he has equity interest.)
The newest plastic surgeon right out of training can get busier, faster simply by being social media savvy. That means to stay competitive in a new or mature practice, we all need a basic understanding of the power of social media. Dr. Kaplan, aka @realdrbabe on Snapchat and Instagram, will give a thorough overview of the social media platforms that are transforming plastic surgery practices across the country. You don’t need to have a ton of followers to be successful. You don’t need that X factor. Anyone can do this. But you should try to be the best you can be.
By attending this course, you will: 1) gain a basic understanding and the differences between Snapchat, Instagram, Instagram Stories, Instagram TV, and Facebook Live; 2) receive ideas for clever content to be used on social media; 3) become familiar with various engagement tools on Instagram; 4) learn how to create content once and then repurpose on all platforms; and 5) monetize your leads by capturing the contact information of your followers
Exhibits & Welcoming Reception 5:30 PM - 7:00 PM
# Scientific Program - Saturday

## Saturday, June 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM – 2:00 PM</td>
<td>Registration</td>
</tr>
<tr>
<td>7:30 AM – 2:00 PM</td>
<td>Exhibits</td>
</tr>
<tr>
<td>8:00 AM – 1:00 PM</td>
<td>General Session</td>
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<tr>
<td>1:00 PM</td>
<td>Lunch with the Exhibitors</td>
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<tr>
<td>1:00 PM</td>
<td>CPS/SRF Lunch &amp; Meeting</td>
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<tr>
<td>2:00 PM – 4:00 PM</td>
<td>Instructional Courses</td>
</tr>
<tr>
<td>4:15 PM – 6:30 PM</td>
<td>Pearls/Research/Clinical Paper Presentations</td>
</tr>
<tr>
<td>7:00 PM</td>
<td>President’s Dinner Reception &amp; Awards Ceremony</td>
</tr>
</tbody>
</table>

### Clinical Papers (8:00 AM – 9:50 AM)

**8:00** Panniculectomy in Preparation for Renal Transplant Candidates: A 10-Year Experience  
*Resident Competition Paper - UC Davis*  
Yunfeng Xue, MD*  
Ping Song, MD  
Pope Rodnoi, BS  
Jennifer H. Kuo, MD  
Christoph Troppmann, MD  
Chad Bailey, MD  
Michael S. Wong, MD

**8:04** Graftus Muscle Flap Transposition for Anal Sphincter-Sparing Repair of Recalcitrant Low Rectovaginal Fistula  
*Resident Competition Paper - UCSD*  
Adam Hauch, MD*  
Sonia Ramamoorthy, MD  
Matthew Zelhart, MD  
Marek Dobke, MD, PhD

**8:08** The Versatile Free Medial Sural Artery Perforator (MSAP) Flap: An Institutional Experience for Reconstruction from Head to Toe  
*Resident Competition Paper - Stanford*  
Gloria Sue, MD*  
Ming-Huei Cheng, MD

**8:12** Cost Utility Analysis of Staged Versus Non-Staged Cleft Lip and Palate Repair  
*Resident Competition Paper - LLU*  
Stephanie Holzmer, MD*  
Armando Davila, MD  
Mark C. Martin, MD, DMD

**8:16** Early Cleft Repair vs NAM: Comparing Pre-operative Severity and Post-Operative Results Utilizing a Computer Engineered AI System  
*Resident Competition Paper - USC*  
Erik Wolfswinkel, MD*  
Pedram Goel, BS  
Artur Fahradyan, MD  
William Magee III, MD, DDS  
Mark M. Urata, MD, DDS  
Jeffrey A. Hammoudeh, MD, DDS

**8:20** Liposomal Bupivacaine for Postoperative Pain Control in Donor Site Iliac Crest Bone Harvest for Alveolar Bone Grafting  
Ronak Patel, BS*  
Eric M. Jablonka, MD  
Mimi R. Borrelli, MBBS, MSc  
Rohit K. Khosla, MD  
H. Peter Lorenz, MD  
Arash Momeni, MD  
Derrick C. Wan MD

**8:24** Therapeutic Benefits of Sentinel Lymph Node Biopsy in Perineal Melanoma: A Population-Based Analysis  
Ronak Patel, BS*  
Mimi R. Borrelli, MBBS, MSc  
Priyanka D. Patel, BS  
Derrick C. Wan, MD

### Discussion (8:28 AM – 8:40 AM)

**8:40** Implementation of a Team-Based Multi-Modal Opioid Reduction Strategy for the Pediatric Plastic Surgery Population  
Sun Hsieh, MD*  
Sarah Crowley, MD  
Amanda Gosman, MD  
Samuel Lance, MD

**8:44** Applied Deep Learning in Plastic Surgery: Classifying Rhinoplasty with a Mobile App  
*Resident Competition Paper - UCI*  
Emily Borsting, MD*  
Robert DeSimone, BSc  
Mustafa Ascha, MS  
Mona Ascha, MD

**8:48** The Anti-Fibrotic Role of CD74+ ASCs in Grafted Fat in the Irradiated and Non-Irradiated Setting  
Mimi R. Borrelli, MBBS, MSc*  
Ronak A. Patel, BA  
Jan Sokol  
Dung Nguyen, MD  
Arash Momeni, MD  
Michael T. Longaker, MD, MA  
Derrick C. Wan, MD

**9:02** Breast Response to Estrogenic Stimulation in Transgender Women (BREST) Scale: A Novel Classification System  
Andre Alcon, MD*  
Hunter Oliver-Allen, MD  
Eric Wang, MD  
Adrienne Kennedy, BA  
Esther Kim, MD
2019 Annual Meeting Program

Scientific Program - Saturday

9:06  Evaluating Long-Term Patient-Reported Quality of Life After Masculinizing Mastectomy Using the GENDER-Q; A Novel Quality of Life Instrument for Gender-Affirming Surgery (Resident Competition Paper - UCSF)
André Alcon, MD*
Merisa Piper, MD
Kelsey Loeliger, PhD
Eric Wang, MD
Natalie A. Admassu, BA
Rachel Lentz, MD
Esther Kim, MD

Discussion  9:10 AM - 9:50 AM

9:20  Geriatrics Carry Increased Risk for DVT and PE in Reduction Mammaplasty: An Analysis of 1897 Geriatric Patients Among 23909 Patients from 2005-2017 NSQIP Databases
Dattesh Davé, MD, MSc*
Sola Fasusi, MD
Michael S. Wong, MD, FACS
David E. Sahar, MD, FACS

9:24  Timing Reduction Mammaplasty in the Adolescent Patient
Joseph Firriolo, MD*
Laura C. Nuzzi, BA
Tannishtha Pramanick
Catherine McNamara, BA
Brian I. Labow, MD

9:28  Smooth Versus Textured Tissue Expanders in Breast Reconstruction Reduced Early Post-operative Complications
Ruth Tevlin, MD*
Mimi R. Borrelli, MBBS, MSc
Amee D. Azad, BA
Victoria Posternak, MS, RN, AOCNS
Dung Nguyen, Pharm.D, MD
Rahim S. Nazerali, MD

9:32  Safety and Efficacy of Fat Grafting During Second Stage Breast Reconstruction
Ashraf Patel, BS*
Dr. Lawrence Z. Cai, MD
Gordon K. Lee, MD
Rahim S. Nazerali, MD

9:36  Nerve Preservation and Grafting for Sensory Innervation Following Immediate Implant Breast Reconstruction
Ziv M. Peled, MD
(Office of Dr. Peled receives speaking fees for his role as an occasional speaker/consultant for Axogen)
Anne Warren Peled, MD

Brody Family Lectureship  9:50 AM – 10:10 AM
The Garry Brody, MD Family Lectureship

Topic: Developing Consistency in Plastic Surgery - The Rhinoplasty Model
Rod H. Rohrich, MD
(Office of Dr. Rohrich receives honoraria & research support from Allergan, Guerena, MTF Biologics & Merz [travel only] for his role as Clinical Research Expert Investigator; Royalties from Thieme Publishing & Endo Surgical for his role as Author & Instrument Developer [respectively]; & Medical Seminars of Texas, LLC for his role as owner).

This presentation will cover the key in Plastic Surgery specifically in relation to rhinoplasty to obtain a consistent good result that provides a positive patient outcome including patient safety. Processes oriented methods will be discussed to assist in developing a method to achieve the above mentioned.

At the conclusion of this presentation, participants will be able to:
1) Assess current patient safety issues and outcomes development processes in their offices and apply new concepts; 2) Evaluate specific processes used showing consistent and successful positive outcomes in Plastic Surgery & Rhinoplasty; & 3) Apply information to avoid problems and employ complication prevention techniques.

Exhibits & Coffee Break  10:10 AM – 10:30 AM

Panel  10:30 AM – 11:30 AM

Topic: Resident Bowl
Moderators: Scott L. Hansen, MD & Alex K. Wong, MD

(Please see Drs. Hansen and Wong’s disclosures on Page 4)

This session will review recent service exam questions and review highlights from recent peer-reviewed journal articles.

At the conclusion of this session, participants will be able to: 1) Apply anatomy to solve complex reconstructive surgery cases; 2) Integrate peer-reviewed literature to choose best practices for hand, cosmetic, craniofacial and general plastic surgery cases; & 3) Utilize new data to improve outcomes in hand, cosmetic, craniofacial and in general plastic surgery cases.

Exhibits & Coffee Break  11:30 AM – 11:45 AM
ANNUAL BUSINESS MEETING 12:30 PM - 1:00 PM

CSPS LUNCH IN THE EXHIBIT HALL 1:00 PM

CSPSERF LUNCH 1:15 PM

INSTRUCTIONAL COURSE 3) 2:15 PM – 4:15 PM RHINOPLASTY
Rod J. Rohrich, MD

This course will provide participants with the specific techniques to transform and improve you results when performing both primary and revision rhinoplasties. Management of complications will also be presented.

At the conclusion of this course, participants will be able to: 1) Analyze a nose and face for rhinoplasty; 2) Apply the best techniques to provide optimal results in rhinoplasty; & 3) Examine and review complication avoidance tips.

(Attention Residents, Fellows & Medical Students - you may sign up for this course at No Charge - space is limited)

PEARLS/PEANUTS/CLINICAL PAPERS 4:15 PM - 6:30 PM (3 MINUTE PAPERS)

Moderators: Gordon K. Lee, MD & Rahim S. Nazerali, MD

1) PROSTHETIC BREAST RECONSTRUCTION OUTCOMES IN HODGKIN’S LYMPHOMA SURVIVORS
Jacquelyn Withers, MS*, Abdal-Rawf Al-Nowaylati, MD, & Hani Sbitany, MD

2) USE OF CRISSALIX SURFACE IMAGING IN BREAST VOLUME ESTIMATION
Jonathan Tijerina, BS*, Jeffrey Kwong, BS, Sara Choi, BA, Anna Luan, MD, MS, Carol Feng, BS, Dung Nguyen, MD, Pharm D, Gordon Lee, MD & Rahim Nazerali, MD, MHS

3) ACELLULAR DERMAL MATRIX REDUCES MYOFIBROBLAST PRESENCE IN THE BREAST CAPSULE
Ruth Tselin, MD*, Mimi R. Borrelli, MBBS, MSc, Dre Irizarry, MD, Dung Nguyen, MD, Pharm D, Derrick C. Wan, MD & Arash Momeni, MD

4) BREAST RECONSTRUCTION DOES NOT INCREASE THE INCIDENCE OF POST-MASTECTOMY PAIN SYNDROME: RESULTS OF A META-ANALYSIS
Meera Regunathan, BS*, Paymon Rahgozari, MD, Hani Sbitany, MD & Dhiya R. Shinivas, MD

5) COMPARING PREPECTORAL VERSUS SUBPECTORAL TISSUE EXPANDER PLACEMENT OUTCOMES IN DELAYED-IMMEDIATE AUTOGRAFTED BREAST RECONSTRUCTION
Ashraf Patel, BS*, Lawrence Z. Cai, MD, Shawn Moshrefi, MD, Ian C. Sando, MD, Gordon K. Lee, MD & Rahim S. Nazerali, MD

DISCUSSION

6) COMPARISON OF PREOPERATIVE NERVE BLOCKS TO PECTORAL NERVE BLOCK CATHETERS FOR BREAST RECONSTRUCTION: A PROSPECTIVE RANDOMIZED TRIAL
Jennifer Olsen, MD*, Katharine Hinchcliff, MD, Catherine Ho, BA, Edward King, BA & Michael S. Wong, MD, FACS

7) SINGLE-STAGE GOLDBLOCKS PROCEDURE COMBINED WITH PROSTHESIS: POST-MASTECTOMY BREAST RECONSTRUCTION FOR SEVERE PTOSIS AND HIGH BMI: A REVIEW OF 41 CASES
Brienne Mitchell, MD*, James S. Anderson, MD, FACS & Wai-Yee Li, MD, PhD

8) IDENTIFYING PATIENT RISK FACTORS IN PREPECTORAL BREAST RECONSTRUCTION
Michael Holland, MD*, Rachel Lentz, MD, Clara Gomez-Sanchez, MD, William Hoffman, MD & Hani Sbitany, MD

9) MANY PATIENTS EXPECT DIEP DONOR SITE HARVEST TO BE EQUIVALENT TO ABDOMINOLASTY: AN ONLINE DISCUSSION FORUM ANALYSIS ON PATIENT EXPECTATIONS
Ryan McKee, BS*, Meera Regunathan BS, Hani Sbitany MD, Arash Momeni MD, Ahmed Suliman MD & Dhiya R. Shinivas MD

10) SURGICAL TREATMENT OF BREAST ASYMMETRY IMPROVES QUALITY OF LIFE IN ADOLESCENTS AND YOUNG WOMEN
Joseph Firriolo, MD*, Laura C. Nuzzi, BA, Carolyn M. Pike, MPH, Catherine McNamara, BA & Brian I. Labow, MD

DISCUSSION

HAND & ARM

11) PREDICTORS OF HAND FUNCTION FOLLOWING DIGIT REPLANTATION: QUANTITATIVE REVIEW AND META-ANALYSIS
Ashkaun Shaterian, MD*, Lohrasb Ross Sayadi, MD, Ekaterina Tiourin, BS, Daniel Gardner, MD, Gregory R.D. Evans, MD & Amber Leis, MD

12) HAND SURGERY REFERRAL PATTERNS AMONG PRIMARY CARE PHYSICIANS IN SOUTHEASTERN UNITED STATES
Steven Hermiz, MD*, Jain Abhishek, BS, Fernando A. Herrera, MD, & Ahmed Suliman, MD

13) HETEROTOPIC OSSIFICATION AFTER LOCAL STEROID INJECTION: A CASE REPORT
Jiwon S. Cowley, MD*, Sean Li, MD, Suellen S. Li, BA & Reid A. Abrams, MD

14) A NON PALMAR RETROGRADE APPROACH TO ENDOSCOPIC TRIGGER FINGER RELEASE: A CADAVER STUDY
Ashley M. Brown, MD*, Ryan J. DellaMaggiora, MD, Eugene Y. Tsai, MD & David A. Kulber, MD

15) AN ABNORMAL CLINICAL ALLEN’S TEST IS NOT A CONTRAINDICATION FOR RADIAL FOREARM FLAP: A CASE SERIES
 Travis Miller, MD*, Bauback Safa, MD, MBE, Andrew J. Watt, MD, Mang L. Chen, MD & Walter C. Lin, MD

16) INDICATIONS, COMPLICATIONS AND LONG-TERM OUTCOMES FOR FREE VASCULARIZED FIBULA GRAFTS IN THE PEDIATRIC POPULATION: A 16 YEAR EXPERIENCE
Meghan McCullough, MD, MS*, Alexandre Arkader, MD, Rijone Ariani, MS, Nina Lightdale-Miric, MD, Vernon Tolo, MD & Milan Stevanovic, MD

DISCUSSION
AESTHETIC
17) WHAT SHOULD THE AESTHETIC SURGEON WEAR IN CLINIC? A PATIENT SURVEY
   Michael Mirmanesh, MD*, Flynn Kaida-Yip, BS, Ping Song, MD, Debra Johnson, MD & Granger Wong, MD

18) PATTERNS OF FIXATION ON FACIAL FEATURES – AN EYE-TRACKING STUDY OF COSMETIC SURGERY PATIENTS
   Dylan Peterson, BA*, Alkaterina Gkorila, BA, & Rahim Nazerali, MD, MHS

19) GREATER OCCIPITAL NERVE BLOCK FOR THE TREATMENT OF CHRONIC MIGRAINE HEADACHES: A SYSTEMATIC REVIEW AND META-ANALYSIS
   On Shauly, BS*, Daniel J. Gould, MD, PhD & Ketan M. Patel, MD

GENDER REASSIGNMENT
20) ESTABLISHING TRANSGENDER SURGICAL CARE FOR AN UNDERSERVED POPULATION: A 5 YEAR REVIEW OF THE SAN FRANCISCO GENERAL HOSPITAL EXPERIENCE
   Laura Barnes, MD*, Dhiyaa Srinivasa MD, Seth Pardo, PhD, Barry Zevin, MD, Julie Graham, MFT, Jason Pomerantz, MD, Esther Kim, MD & Michael Terry MD

21) REDUCTION OF NIPPLE AREOLA COMPLEX GRAFTS WITH TOP SURGERY AMONG TRANSMASCULINE PATIENTS: DESCRIPTION OF TECHNIQUE AND OUTCOME
   Winnie Tong, MD* & Karen Yokoo, MD

22) THE IDEAL MALE NIPPLE-AREOLA COMPLEX: A CRITICAL REVIEW OF THE LITERATURE AND DISCUSSION OF SURGICAL TECHNIQUES FOR FEMALE TO MALE GENDER-CONFIRMING SURGERY
   Marissa Maas, BS*, Anna C. Howell, MD, Daniel Joseph Gould, MD, PhD, Edward C. Ray, MD & Ketan M. Patel, MD

DISCUSSION

RECONSTRUCTION & CLINICAL PAPERS
23) TEMPORAL FAT GRAFTING IN CHILDREN WITH CRANIOFACIAL ANOMALIES
   Artur Fahrdyan, MD*, Pedram Goel, BS, Madeleine Williams, BS, Daniel Gould, MD, PhD & Mark M. Urata, MD

24) INTRACRANIAL AND VENTRICULAR VOLUME INDICES FOLLOWING CRANIAL VAULT REMODELING IN PATIENTS WITH SHUNT-INDUCED CRANIOSYNOSTOSIS
   Brendan J. Cronin, BA*, Ryan M. McKee, BS, Greta L. Davis, BS, Michael Brandel, BS & Amanda A. Gosman, MD

25) SURGICAL CORRECTION OF ORBITAL MALPOSITION: INDICATIONS FOR THE USE OF THE BOX OSTEOTOMY AND FACIAL BIPARTITION
   Eric S. Nagengast, MD*, Naikhoa C.O. Munabi, MD, Artur Fahrdyan, MD, Daniel J. Gould, MD, Pedram Goel, BS, Madeleine S. Williams, BA, Jeffrey A. Hammoudeh, MD, DDS & Mark M. Urata, MD, DDS

26) UTILITY OF THE DESCENDING BRANCH OF THE LATERAL CIRCUMFLEX FEMORAL ARTERY AS A CONDUIT FOR EXTRACRANIAL-TO-INTRACRANIAL BYPASS
   Erik Wolfswinkel, MD*, Mark Landau, PhD, Kristine Ravina, MD, Ben A. Strickland, MD, Robert C. Rennert, MD, Jonathan J. Russin, MD & Joseph N. Carey, MD

27) CYANOACRYLATE GLUE FOR SHEET GRAFT FIXATION IN PATIENTS WITH BURN INJURIES
   John Larson, MD*, Christopher H. Pham, MD, Zachary J. Collier, MD, Sebastian Q. Vrouwe, MD, Haig A. Yenikomshian, MD & Justin Gillenwater, MD

28) MICRO/NANOBUBBLES: A NOVEL MODALITY FOR BURN OXYGENATION AND HEALING
   Lohrasb Sayadi, MD*, Rebecca Rowland, BS, Adrien Ponticorvo, PhD, Gregory Evans, MD, Bernard Choi, PhD, Anthony J. Durkin, PhD & Alan D. Widerow, MD

29) NOVEL STRATEGIES TO COMBAT SURGICAL SITE INFECTION USING MICRONUTRIENTS
   Tyler Frew, MD*, Esther Choi, BS, Darnell Gordon, BS, Charles DeGuzman, BS, Rachael Newhall & Subhas Gupta, MD, PhD, FRSC, FACS

30) 9-cisRA REDUCES POSTSURGICAL LYMPHEDEMA THROUGH RXRα SIGNALING PATHWAY
   Cynthia Sung, BS*, Wan Jiao, MD, PhD, Sun Young Park, MS, Michael Cooper, BS, Eunson Jung, MS, Young Kwon Hong, PhD & Alex K. Wong, MD

DISCUSSION

PRESIDENT’S DINNER RECEPTION & AWARDS CEREMONY
7:00 PM – 9:30 PM
**SUNDAY, JUNE 2**

8:45 AM – 9:00 AM  REGISTRATION/CONTINENTAL BREAKFAST

9:00 AM – 12:00 PM  GENERAL SESSION

12:15 PM  CSPS NEW COUNCIL MEETING

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**PANEL**  9:00 AM – 10:30 AM

**CELLULAR REJUVENATION THERAPY - STEM CELL PRP**

**MODERATOR:** Robert Singer, MD

*(Dr. Singer is the Co-Chair of the Editorial Advisory Board: NewBeauty, Sandow Media Corp., he holds a small equity position and receives a stipend, he receives stock options as a medical board member for EmpowerHER, he receives stock options and stipend for SDS, and receives stock options for his role as executive advisor with Andal)*

**PANELISTS:**
- Joel A. Aronowitz, MD*
- Julio L. Garcia, MD*
- Gordon H. Sasaki, MD

*(Dr. Sasaki receives unrestricted research grant/disposable in his role as Consultant for the following: Harvest-Terumo BCT, Ulina-Max, LightStim, BioTone, Medicom Tech., Joovy, Inc., Eclipse Aesthetics, Bellus Medical, LipGene Ltd., and LypGene Sdn. Bhd. He receives Honoraria in his role as consultant for Felica. He also receives unrestricted research grant/disposable in his role of investigator for the following: Environ, Revovene, Perlane, Solta Medical, and LipGene. Dr. Sasaki receives Honoraria for serving on an Advisory Board for Felica, Inc. and Eclipse Scientific Advisory Board. He also serves on an Advisory Board (no compensation) for the following: Board of Regents Aesthetic Stem Cell Society, LightStim, Aesthetic Guide Advisory Board, Bellus Advisory Board, and LipGene Advisory Board.)*

This panel will give an update on the FDA Guidelines with current valid scientific data and clinical results. Management of complications will also be presented.

At the conclusion of this panel, participants will be able to: 1) Apply the legal compliance contained in the FDA Guidelines; 2) Utilize the best methods in performing these procedures; & 3) Evaluate what is, and what is not proven, about the benefits and potential complications of cellular rejuvenation.

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**COFFEE BREAK**  10:30 AM – 10:45 AM

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**PANEL**  10:45 AM – 12:00 PM

**BREAST IMPLANTS - WHERE ARE WE NOW?**

**MODERATOR:** Wai-Yee Li, MD, PhD*

**PANELISTS:**
- Lynn L.C. Jeffers, MD*
- Mary H. McGrath, MD*
- Steven A. Teitelbaum, MD*

This panel will cover recent updates related to breast implant and surgical meshes, recent FDA hearings related to patient centered care in those receiving breast implant reconstruction, specially concerns with the textured breast implants.

At the conclusion of this panel, participants will be able to: 1) Integrate into practice on how to counsel patients on textured breast implants – for future patients and those patients who have textured implants; 2) Apply on how to when and screen for silent silicone implant rupture – the new FDA recommendations; and 3) Register and participate in the development and implementation of the clinical trials and national breast registries.

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**NEW COUNCIL MEETING**  12:15 PM
### Category of Registration

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSPS MEMBER</td>
<td>$425.00</td>
</tr>
<tr>
<td>MD GUEST</td>
<td>$1,495.00</td>
</tr>
<tr>
<td>APPLICANT/CANDIDATE (1st year only)</td>
<td>No Charge</td>
</tr>
<tr>
<td>APPLICANT/CANDIDATE (2nd &amp; 3rd years)</td>
<td>$550.00</td>
</tr>
<tr>
<td>PLASTIC SURGERY RESIDENT/FELLOW/MEDICAL STUDENT (Must have letter from program chair attached)</td>
<td>No Charge</td>
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</tbody>
</table>

### Optional Courses & Events

#### CSPS Tour of the Sacramento Capitol #1 - 2:00 pm (space is limited)
- **No Charge**

#### Instructional Course #2 - 2:15 pm - **ACLS/CPR** - Please use the separate registration form on page 14 for the ACLS/CPR Courses
- **No Charge**

#### Instructional Course #A – 3:30 pm
- Social Media - Jonathan Kaplan, MD, MPH
- **$45.00**

#### CSPSERF Lunch – 1:15 pm
- No Charge for Charter Members & Donors - check only if this applies to you (see page 15 for list)
- **$50.00** Non-Member

#### Instructional Course #3 – 2:15 pm
- Rhinoplasty - Rod J. Rohrich, MD
- **$90.00**

### Social Events

- **Friday - May 31 – EXHIBITS & OPENING RECEPTION**
  - How Many Attending ______ or □ None
- **Saturday – June 1 – PRESIDENT’S DINNER RECEPTION & AWARDS CEREMONY**
  - How Many Attending ______ or □ None

### Fees & Method of Payment

**TOTAL AMOUNT ENCLOSED (ENCLOSE A LATE FEE OF $50 AFTER May 8, 2019)** $__________

**My check is enclosed** □ or please charge my registration fees to the following credit card:

- □ Visa
- □ Mastercard
- □ AMEX

**NAME AS IT APPEARS ON THE CREDIT CARD:**

**BILLING ADDRESS OF CARD HOLDER:** □ SAME AS ABOVE OR:

**CREDIT CARD NUMBER:** ____________________________

**SECURITY CODE (3 or 4 digit number found on the front or back of your card):** ____________________________

Upon receipt of your registration form and remittance, a REGISTRATION CONFIRMATION will be faxed or e-mailed to you. A late fee of $50.00 will be charged to each person whose registration is POSTMARKED after May 8, 2019. A fee of $75.00 will be charged for onsite registration.

**REFUND POLICY:** When written notice is postmarked by the dates indicated - 100% refund up to May 8, 2019; $50.00 fee will be charged from May – May 6 - May 10. NO REFUND AFTER May 10th.

**HOTEL REGISTRATION:** Please note the hotel reservation information is included in the Newsletter on page 20. Rooms are limited.

PLEASE MAIL OR FAX THIS FORM WITH REMITTANCE, PAYABLE TO CSPS, INC., TO:

CSPS 69th ANNUAL MEETING – 4269 Valley View Road, El Sobrante, CA 94803 – FAX (510) 243-1662
The CSPS is offering an ACLS Training/Retraining Course. The American Heart Association requires that you have a current CPR card in order to take the ACLS Training Course. The CSPS will also be offering a CPR course during the Annual Meeting to fulfill this requirement. To sign-up, please complete the form below and mail in your registration fee with your general registration form for the Annual Meeting. This course will give you 7 hours towards the ASPS patient safety requirement.

PLEASE NOTE: WE MUST HAVE YOUR REGISTRATION FORM IN FOR THIS COURSE NO LATER THAN MAY 10th. THIS WILL ALLOW US TO SEND YOU THE REQUIRED PRE-STUDY MATERIALS.

Course Description and Goal
This course is designed for healthcare providers who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through didactic instruction and active participation in simulated cases, students will enhance their skills in the diagnosis and treatment of cardiac arrest, acute arrhythmia, stroke and acute coronary syndrome (ACS).

After successful completion of this course, students will be able to apply important concepts, including:
• The Basic Life Support (BLS) Survey
• High-quality cardiopulmonary resuscitation (CPR)
• The ACLS Survey
• The ACLS algorithms
• Effective resuscitation team dynamics
• Immediate post-cardiac arrest care

The goal of the ACLS Provider Course is to improve outcomes for adult patients with cardiac arrest or other cardiopulmonary emergencies through provider training.

Course Objectives
Upon successful completion of this course students should be able to:
• Recognize and initiate early management of periarrest conditions that may result in cardiac arrest or complicate resuscitation outcome
• Demonstrate proficiency in providing BLS care, including prioritizing chest compressions and integrating automated external defibrillator (AED) use
• Recognize and manage respiratory arrest
• Recognize and manage cardiac arrest until termination of resuscitation or transfer of care, including immediate post-cardiac arrest care
• Recognize and initiate early management of ACS, including appropriate disposition
• Recognize and initiate early management of stroke, including appropriate disposition
• Demonstrate effective communication as a member or leader of a resuscitation team and recognize the impact of team dynamics on overall team performance

Course Design
To achieve these objectives, the ACLS Provider Course includes practice learning stations and a Megacode evaluation station. The practice learning stations provide opportunities to participate in a variety of learning activities that include:
• Simulated clinical scenarios
• Demonstrations by instructors or video
• Discussion and role playing
• Practice in effective resuscitation team behaviors

Requirements for Successful Course Completion
To successfully complete the ACLS Provider Course and obtain a course completion card, participants must:
• Pass the Adult High Quality BLS skills and AED test
• Pass the Ventilation skills test
• Demonstrate competency in learning station skills
• Pass the Megacode test
• Pass the written exam with a minimum score of

The CSPS is accredited by the Institute of Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The CSPS takes responsibility for the content, quality and scientific integrity of this CME activity. The CSPS designates this educational activity for a maximum of 7 hours (includes 3 hours of pre-study) of AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Name: 
Phone Number: 
Do you have a current CPR card? 
☐ YES ☐ NO
Will you obtain a current CPR card prior to the ACLS Course? 
☐ YES ☐ NO
Will you take the CPR course at the CSPS Meeting? 
☐ YES ☐ NO

ACLS Training/Retraining Course Fees
ACLS Course Fee [Parts 1&2] $355.00
(includes pre-study materials & use of loaner book) $ 
CPR Course Fee $35.00
(additional course—time of the course is TBA) $ 

TOTAL AMOUNT ENCLOSED: $ 

METHOD OF PAYMENT
☐ CHECK ENCLOSED
☐ PLEASE CHARGE MY CREDIT CARD IN THE AMOUNT OF $ I AUTHORIZE THE CSPS TO USE MY CREDIT CARD INFORMATION FROM THE CSPS ANNUAL MEETING REGISTRATION FORM ON PAGE 13 AND THIS AMOUNT WILL BE ADDED TO MY REGISTRATION FEE FOR THE ANNUAL MEETING.
NOTE: FEES CHARGED DO NOT REPRESENT REVENUE TO THE AHA.

SIGNATURE:
We would like to invite you to attend the 7th Annual CSPSERF luncheon on Saturday, June 1st at 1:15 pm. This year we are pleased to announce that our Keynote Speaker for the Brody Lectureship Series is Rod J. Rohrich, MD whose lecture is entitled: **Life Lessons and Horizons in Plastic Surgery.** This event is also an opportunity to hear more about the goals and objectives of CSPSERF and to network with your colleagues who are currently involved.

The mission of the CSPSERF is to help uninsured and underinsured children of California who could benefit from reconstructive plastic surgery who may not be able to afford this type of procedure otherwise. CSPSERF is committed to help these children who want to appear more “normal” to avoid the stigma that can accompany an individual who has a different appearance.

**CURRENT OFFICERS & DIRECTORS:**

**PRESIDENT**
Dan Mills, MD

**PRESIDENT ELECT**
Robert Hardesty, MD

**VICE PRESIDENT**
Debra Johnson, MD

**SECRETARY**
Vacant

**TREASURER**
Tom Mitts, MD

**DIRECTORS**
Scott Barttelbort, MD
Susan Downey, MD
Lars Enevoldsen, MD
Mary Greenberg
Roger Greenberg, MD
Geoffrey Keyes, MD
Jeffrey Rosenberg, MD
James Wells, MD

**EXECUTIVE DIRECTOR:** Christine Pahl

**ADMINISTRATIVE ASSISTANT:** Jenny BlackDeer

**PRESIDENT'S LEADERSHIP COUNCIL**
The President’s Leadership Council is a category of membership for individuals who have donated fifty thousand dollars ($50,000) or more to the Foundation.

Garry Brody, MD
Sonia Brody, PhD
The Brody Family

**CURRENT LIST OF CSPSERF CHARTER MEMBERS & DONORS**

Joel A. Aronowitz, MD
Scott W. Barttelbort, MD
Della C. Bennett, MD
Stephen D. Bresnick, MD
Garry S. Brody, MD
Sonia E. Brody, PhD
Jack G. Bruner, MD
Athleo Cambre, MD
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Susan E. Downey, MD
Lars P. Enevoldsen, MD
Heather J. Furnas, MD
Mary Greenberg
Roger L. Greenberg, MD
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Barry Handler, MD
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Michael Hill, MD
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Ronald E. Iverson, MD
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Debra J. Johnson, MD
Geoffrey R. Keyes, MD
Brian M. Kinney, MD
Juris Kivuls, MD
Mark L. Labowe, MD
Gilbert W. Lee, MD
Gordon K. Lee, MD
Michael E. McGuire, MD *
Dan C. Mills, MD

*Deceased

Please Note: This lunch is a ticketed event. If you are not listed above and have not yet contributed to CSPSERF and would like to attend the lunch at no charge, please contact the CSPSERF Executive Office at:

(510) 243-1662

You do not need to be a CSPSERF Contributor to attend the lunch - please refer to the registration form on page 13 to sign-up for the lunch and pay the applicable fees.
The 69th CSPS Annual Meeting will take place at the The Sheraton Grand Sacramento Hotel & Sacramento Convention Center – May 30-June 2, 2019. The Sheraton Grand Sacramento Hotel is located in downtown Sacramento which is a central location to many activities and attractions that Sacramento has to offer. This year, the CSPS is excited to present a schedule of CSPS Family Events that you may attend with your family, as your schedule permits.

2019 CSPS FAMILY EVENTS

Friday, May 31st
7pm Aladdin at Community Center Theatre, purchase tickets individually https://www.broadwaysacramento.com/production/disneys-aladdin/

Saturday, June 1
10am Meet at Sacramento Zoo for Zoo and Funderland, purchase tickets individually https://www.saczoo.org/ https://funderlandpark.com/
3pm Family walk around DOCO meet at Golden 1 Center/Punch Bowl Corner

Sunday June 2
10am Meet at Train Museum in Old Sacramento, purchase tickets individually https://www.californiarailroad.museum/
1pm Sacramento Rivercats game, purchase tickets individually https://www.milb.com/sacramento

LOCAL PLACES TO EAT
Sacramento is America’s Farm-to-Fork Capital, and that means it has fantastic food. There are more restaurants with high Zagat ratings in Sacramento than anywhere else in Northern California.

Brasserie Capitale
1201 K St. #100, Sacramento, CA 95814
(916) 329-8033
https://brasseriecapitale.com/
French Fair
10% Discount

Café A Cote
1201 K St., Sacramento, CA
(916) 329-8033
http://cafeacote.com/
$$ Classic French Fare

Cafetería 151
1716 15th St., Sacramento, CA
(916) 492-1960
http://cafereteria151.com/
*Casual/Family
$$ American (Traditional), Breakfast & Brunch
10% off food bill with Name Badge

Capital Garage
1500 K St., Sacramento, CA
(916) 444-3633
http://www.capitalgarage.com/
*Casual/Family
$$ American (Traditional), Breakfast & Brunch
10% Discount with Name Badge

De Vere’s Irish Pub
1521 L St., Sacramento, CA
(916) 231-9947
http://www.deverespub.com/
$$ Irish Pub
15% off food bill with Name Badge

Downtown & Vine
1200 K St. #8, Sacramento, CA
(916) 228-4518
https://www.downtownandvine.com/
$$ Wine Bar and eatery
10% off entire bill with Name Badge

Esquire Grill
1213 K Street, Sacramento, CA
(916) 448-8900
http://www.esquiregrill.com/
*Fine dining AND Family$$ American (Traditional)
10% off food bill with Name Badge

Firestone Public House
1132 16th St., Sacramento, CA
(916) 446-0888
http://www.firestonepublichouse.com/
*Casual/Family
$$ American, Pubs, Sports Bar
10% off food bill with Name Badge

Grange Restaurant and Bar
926 J Street, Sacramento, CA
(916) 492-4450
www.grangesacramento.com
*Fine dining
$$$ American (New)

Mayahuel
1200 K Street, Sacramento, CA
(916) 441-7200
http://www.tequilamuseo.com/
*Casual / Family
$$ Mexican

Mikuni Japanese Restaurant & Sushi Bar
1530 J Street, Sacramento, CA
(916) 447-2112
http://www.mikunisushi.com/
*Casual / Family
$$ Japanese, Sushi
10% off food bill with Name Badge

Mulvaney’s B&L
1215 19th St. Sacramento, CA 95811
(916) 441-6022
http://mulvaneyesbl.com/
*Fine dining
$$$$ American (New)

Paragary’s
1401 28th St., Sacramento, CA
(916) 457-5737
http://www.paragarysmidtown.com/
$$$ Gastropub

The Porch
1815 K St., Sacramento, CA
(916) 444-2424
http://www.theporchrestaurantandbar.com/
$$ Serves familiar Southern Classics

The Waterboy
2000 Capital Ave., Sacramento, CA
(916) 498-9891
https://www.waterboyrestaurant.com/
$$$ Italian
Complimentary prosecco toast with purchase of entrée
ROOM BLOCK ALMOST SOLD OUT

THE SHERATON GRAND SACRAMENTO HOTEL
1230 J Street, 13th and J Street
Sacramento, CA

The CPS negotiated an affordable $195++/night room rate. Rooms are limited - reserve today!

**Room Rates: $195.00**
**Room Rate: $195/night + Taxes and Assessments. Room rates are subject to applicable state and local taxes (currently 15.3%) in effect at the time of check-out.**

**Parking at The Sheraton Grand Sacramento Hotel:** Visitor self-parking 0-1 hrs ($6), 1-2 hrs ($12), 2-3 hrs ($18) and 4-24 hrs ($20 max). Overnight self-parking is $25 per day. Visitor valet parking is 0-1 hrs ($10), 1-2 hrs ($18), 2-3 hrs ($26), and 4-24 hrs ($32).

Please contact the CSPS Executive Office at (510) 243-1662 if you have any questions.

HOW DO I GET TO THE SHERATON GRAND SACRAMENTO HOTEL?

FROM THE SACRAMENTO INTERNATIONAL AIRPORT
The Sacramento International Airport is 12 miles away from the Sheraton Grand Sacramento Hotel.

**Taxi**
Approximately $33-35 each way

**Shuttle**
Supershuttle provides ride share approximately $13 per person each way

**Private Car**
Approximately $60-$70 one way. For more info, please visit: [https://www.execucar.com/](https://www.execucar.com/)

**UBER / LYFT**
Other options you may consider are rideshares. Download the app and schedule a ride in minutes.
Uber: [www.uber.com](http://www.uber.com)
Lyft: [www.lyft.com](http://www.lyft.com)

Rental Car
All rental car companies at Sacramento International Airport are located at the rental car terminal on airport property. The on-airport rental car shuttle arrives at designated stops on ground level curbs outside both terminals approximately every 10 minutes. The shuttle serves all on-airport rental car agencies listed on the rental car page. Rental car shuttles are assigned by terminal. Be sure to check the signs to make sure the shuttle you are on is going to the terminal you wish to go to.

For more info, please visit: [https://sacramento.aero/smf/to-and-from/rental-car](https://sacramento.aero/smf/to-and-from/rental-car)